

National Anti Doping
Agency
of the Republic of Belarus
Annual report
2016

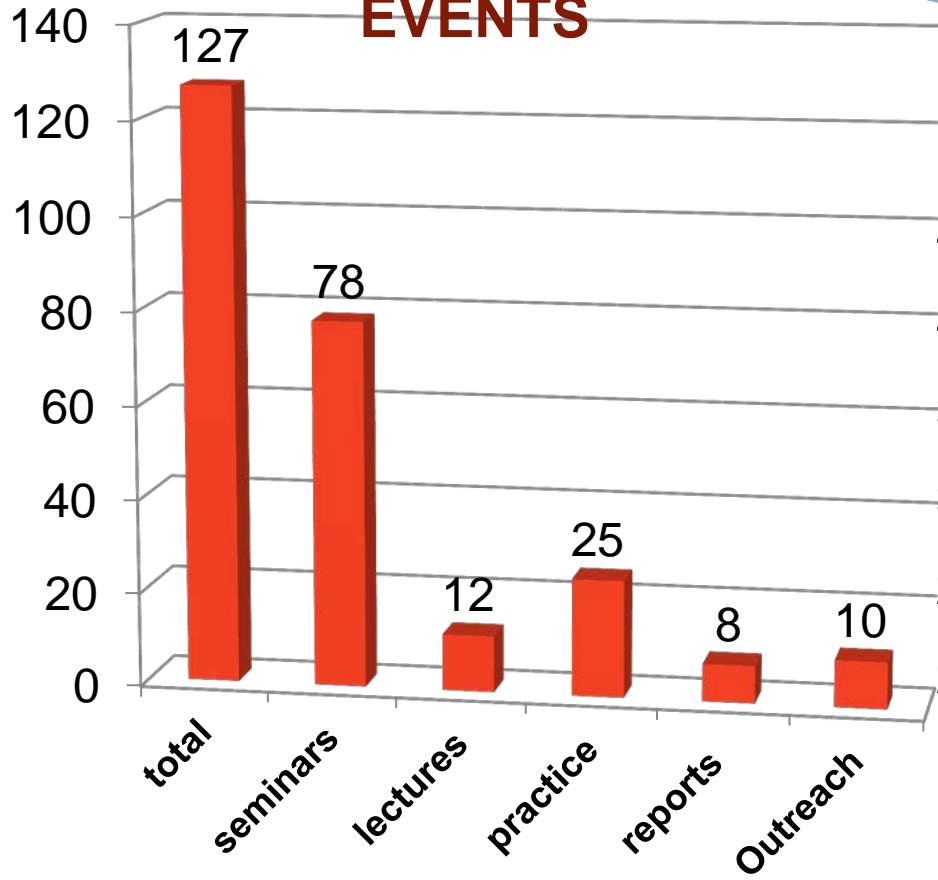
Educational activities

In 2016 the agency staff has continued educational activity. Anti-doping events were carried out for athletes and athlete's support personnel in 54 sports. Special attention was paid to the athlete's personnel. The sessions were held on the following topics:

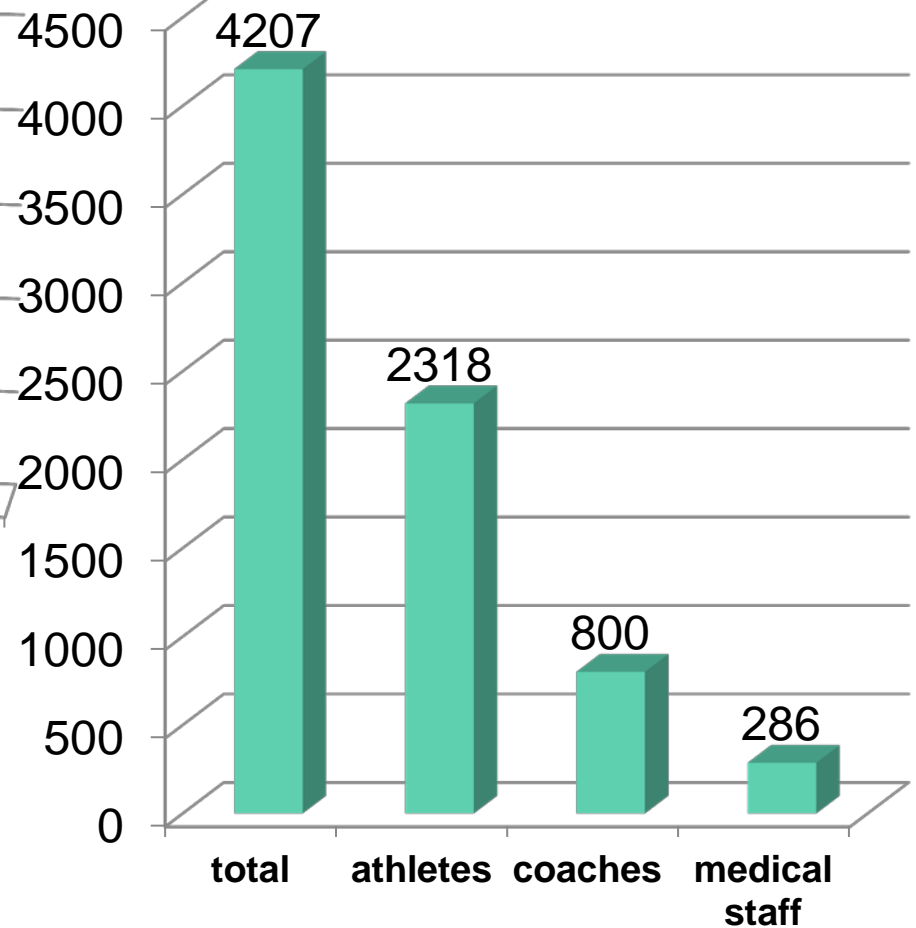
- ✓ **Anti-Doping Program : World Anti-Doping Code, International Standards.**
- ✓ **Anti-doping policy in sport. Legal responsibility of the athlete and athlete's support personnel .**
- ✓ **Anti-doping rules and the sanctions for their violations.**
- ✓ **In-competition and out-of-competition doping control: what needs to be known. Athlete's rights and responsibilities.**
- ✓ **Sample collection session (practical studies).**
- ✓ **Providing whereabouts information in ADAMS.**
- ✓ **The Prohibited List: doping use consequences.**
- ✓ **Therapeutic Use Exemptions.**
- ✓ **Attention, doping! Cannabinoids: impact, consequences, dependence.**
- ✓ **Attention, doping! Anabolic steroids and stimulants. Nutritional supplements.**
- ✓ **Series of seminars«Anti-doping Program: goals, framework, implementation»**
- ✓ **International Standard for Testing and Investigations 2017**

Educational events 2016

EVENTS

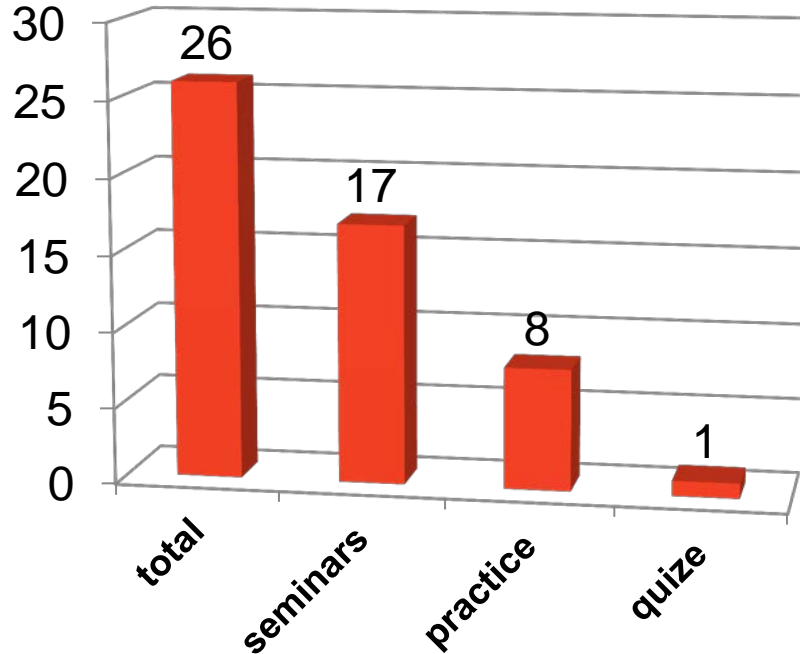


PARTICIPANTS

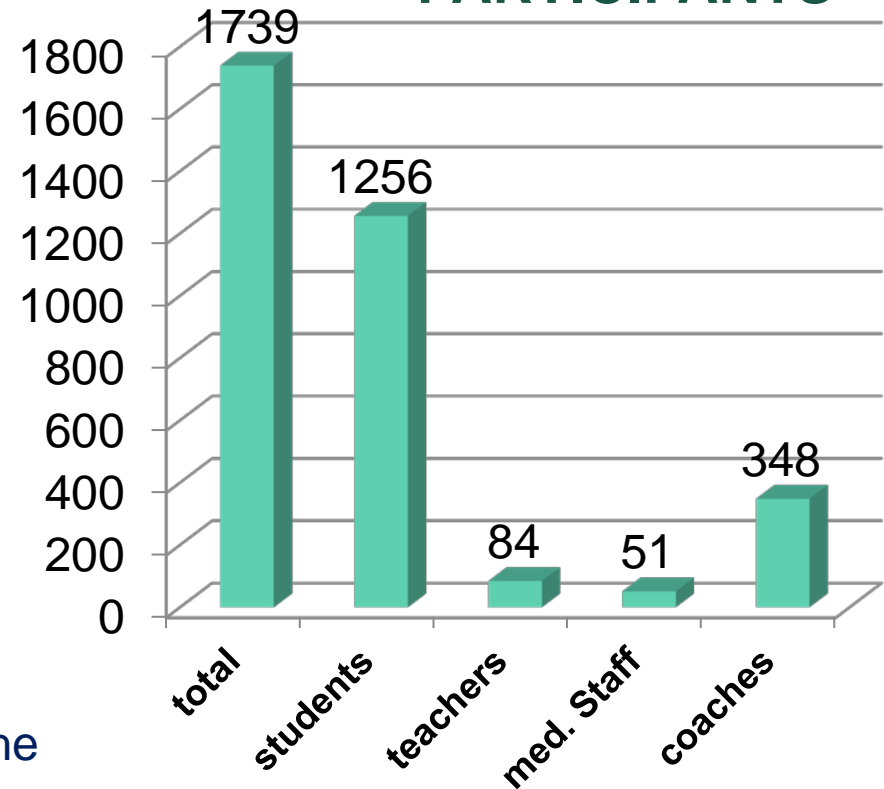


Educational events 2016 for students of Olympic reserve colleges

EVENTS



PARTICIPANTS



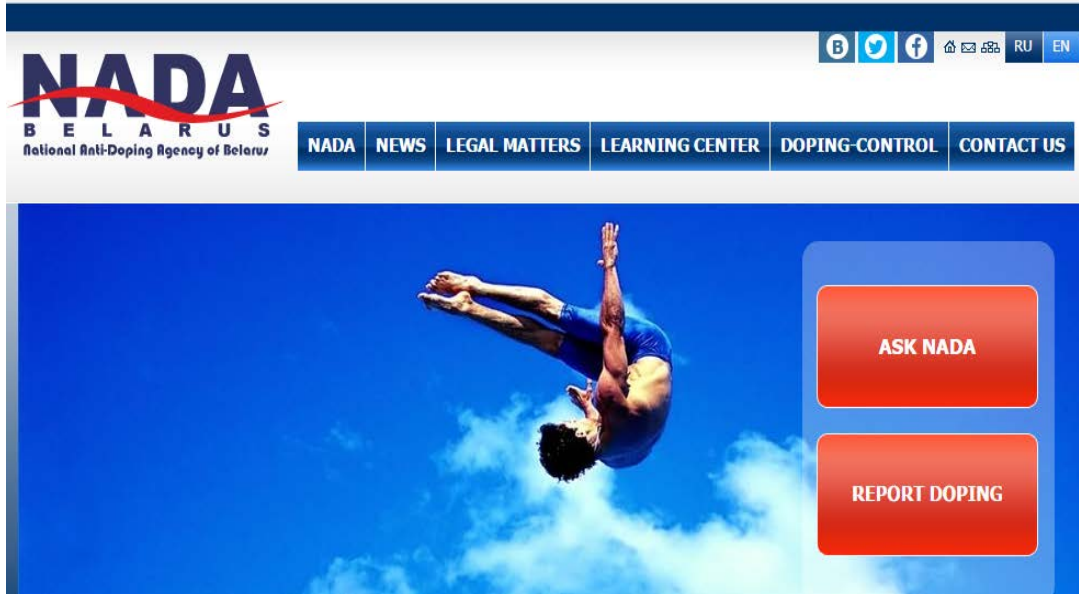
- Proposed changes to the program in the subjects «Hygiene», «Valeology»
- Developed the program of optional course (10 hours)

Outreach

Use of interactive forms of work allows to raise awareness and level of anti-doping education of athletes. In collaboration with the NOC of Belarus NADA introduced the Program "Outreach" into the practice at major competitions. "Outreach" was attended by 714 people.



Awareness



All information needed for the athletes, coaches or doctors is provided at the Agency's website

Regular updates of news, information materials, disqualification information

The Agency's specialists rapidly answer questions which can be asked via the feedback form

Since 1st October the English version of the website is functioning

Statistics shows an increase in the website attendance. Visiting the website visitors view more than 1 page. The peaks of activity occur during the time of significant events in the world of sport. It indicates that visitors prefer to get information from the original source. It is necessary to continue developing the website.



Information about the Agency's activities is available through the social networks. In the Agency's groups on Facebook and ВКонтакте photos and information about the activities are continuously updated

With the aim to establish zero tolerance to doping in the society, the anti-doping videos were broadcast at sport events, TV and screens in the public transport. These videos are available on the website.

Cooperation

- ❖ Work is underway on implementation the project of creation and introduction to colleges the kit of anti-doping activities for students of 7-10 forms ORC "The Young Play Fair ". The project is implemented jointly with Belorussian State University of Physical Culture. This project was approved by UNESCO and for his realization has been allocated the grant from the Fund for Elimination of Doping in Sport.
- ❖ The agency staff participated in the annual WADA Symposium for Anti-Doping Organizations in Lausanne, were part of WADA International team to conduct Outreach at 2016 Olympic Games.
- ❖ The Agency actively cooperates with the Council of Europe in the framework of implementation the Convention against Doping, for example, participated in the meetings of Monitoring Group and CAHAMA, in the seminar on ADO's cooperation with accredited laboratories and regional training on anti-doping education.
- ❖ On 22 November, in cooperation with the Ministry of Sport, the NOC of Belarus and with financial support of the Council of Europe Info Point, the international seminar "Effective models for implementing anti-doping programs" with the involvement of foreign experts was held.
- ❖ The cooperation agreement with the UK Anti-Doping Organization (UKAD) was being implemented . 2 project groups meetings, distance consultations between the meetings, the first meeting of the steering group including WADA representatives were conducted. As the result the parties highly appreciated the effectiveness of progress in NADA development.
- ❖ In the framework of cooperation with UK Anti-Doping (UKAD), the staff of the testing department successfully passed the qualification control under the guidance of UKAD experts.

THE PRE-OLYMPIC PROGRAM

The Pre-Olympic Anti-Doping Program was implemented, which provided a set of activities for Anti-Doping training of the athletes, coaches and doctors to participate in the Olympic Games 2016 in Rio.

The program included:

- Testing of all the candidates for the Olympic Games;
- Conducting educational Anti-Doping seminars in all the teams participating in the Olympic Games;
- Booklets development and printing: «Anti-doping rules for use at the XXI Olympic Games in Rio-de-Janeiro» и «Anti-Doping Rules Guide for use at the XXI Olympic Games in Rio-de- Janeiro»;
- the seminar was held and the manual for doctors was developed to prepare them for the mandatory WADA testing to be admitted to the Olympic Games.

THE PRE-OLYMPIC PROGRAM

**22 seminars conducted
on Anti-Doping training for participants
of the 2016 Olympic Games**

Sport	Athletes	Coaches	Doctor-coach
1.Rhythmic gymnastics	10	6	1
2.Judo	8		1
3.Rowing	4	2	2
4.Canoe	18	2	1
5.Tennis		4	2
6.Watersports	17	7	2
7.Weightlifting	17	5	2
8.Basketball	11		3
9.Sailing	3	3	
10.Boxing	4		
11.Shooting	5		
12.Freestyle wrestling	6	2	1
13.Fencing	1	1	1
14.Modern pentathlon	1	1	1
15.Artistic gymnastics		1	
16.Table tennis	2	2	1
17. Archery	1	1	
18.Track and field athletics	21	15	
19.Trampoline tumbling	3		
20.Taekwondo	2	1	
21. Greco-Roman wrestling	9	2	
22. Paralympics	20	13	1
Total:	163	68	19

TESTING

- 310 urine samples
- 16 blood samples (GH)
- 23 sports disciplines
- In-competition and out-of-competition doping control
- The types of additional analyses (ESAs, GH, GHRFs)
- Monitoring information from registered testing pools (IRTP, NRTP)
- Pre-Olympic tasks of the Taskforce:
Mandates and recommendations (32 athletes)

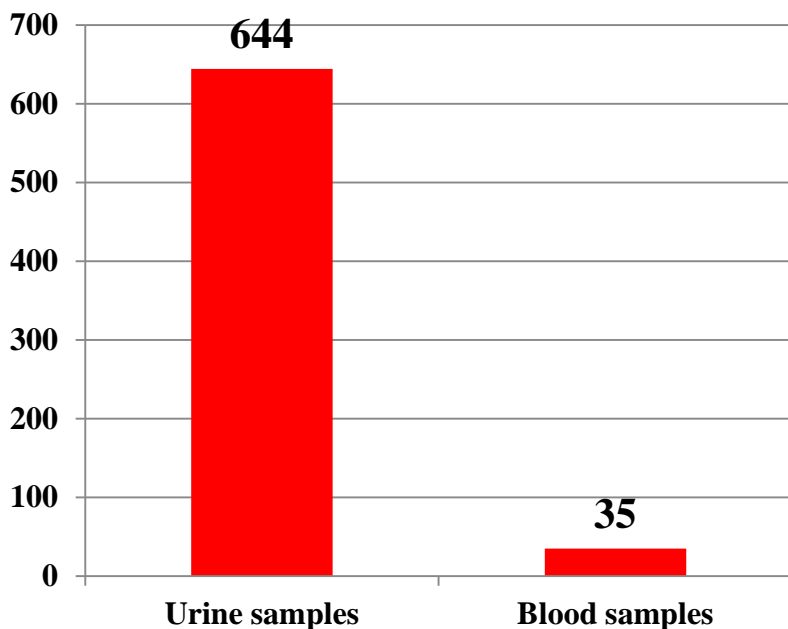
The implemented Pre-Olympic Program identified 1 case of AAF

Assisted in obtaining 5 TUE's for participants of the Olympic Games 2016

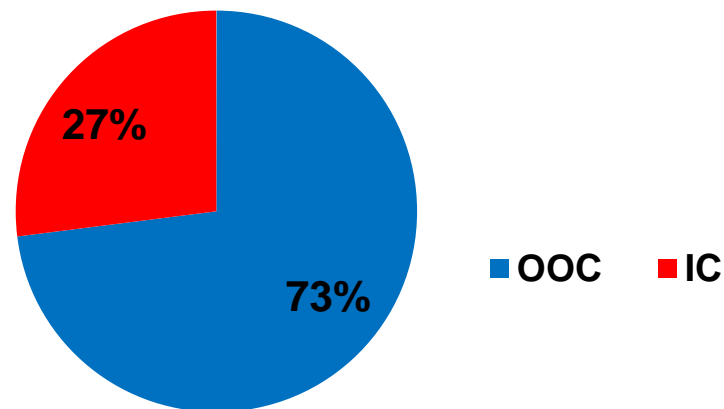
National testing program 2016

The statistics below are for doping tests that were conducted in 2016 according to the national testing program. During the reporting period 679 urine and blood samples were taken (496 out-of-competition (OOC) and 183 in-competition (IC) samples).

**Total number of the samples
in 2016**



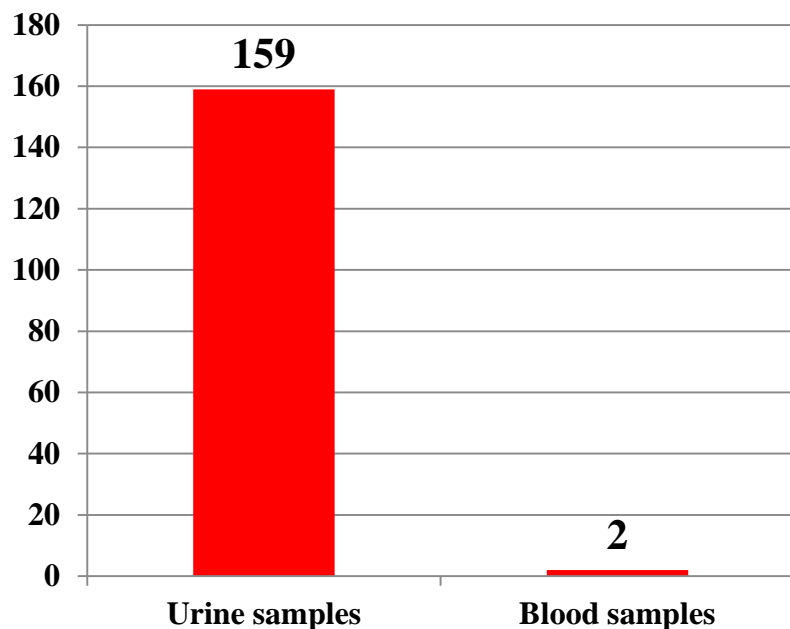
2016 OOC/IC Ratio



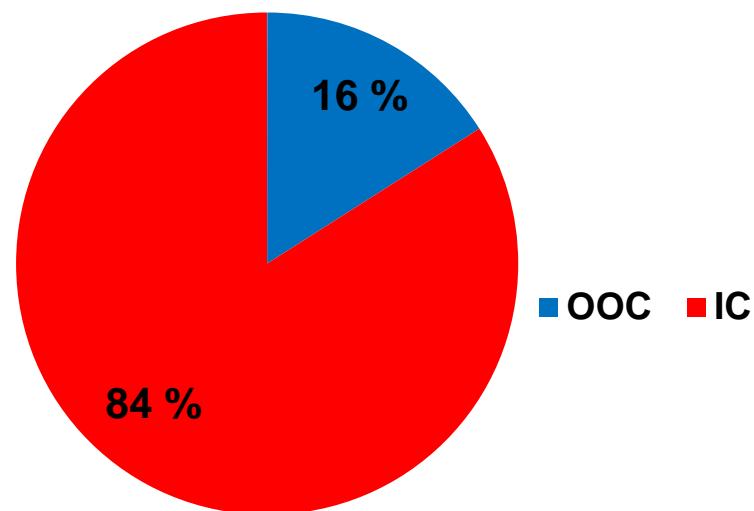
Testing by the requests from International Federations in 2016

The statistics below are for doping tests that were conducted in 2016 by the requests from International Federations. During the reporting period were taken 161 urine and blood samples (26 OOC и 135 IC samples).

**Total number of the samples
in 2016**



2016 OOC/IC Ratio



National testing program 2016

Sport	Discipline	ESA's % /GH&GHRF's % TDSSA	Total number of tests	ESA's %/ number	GH&GHRF's %/ number	ABP	IC	OOB
Winter sports								
Biathlon	Biathlon	60/10	18	61/11	11/2	-	8 (6 ESA's/ 2 GHRF's)	10 (6 ESA's)
Skiing	Cross-Country	60/10	10	70/7	10/1	-	-	10 (1 GH)
Skiing	Alpine	15/10	2	50/1	50/1	-	-	2
Skiing	Snowboard	10/5	3	33/1	33/1	-	-	3 (1 GH)
Skiing	Freestyle	10/5	3	33/1	33/1	-	-	3 (1 GH)
Skating	Speed skating greater than 1500	30/10	1	100/1	100/1	-	-	8
Skating	Speed skating 1500 or less	15/10	7	28,5/2	28,5/2	-	-	5
Skating	Short track 1500 or less	15/10	4	25/1	25/1	-	-	4
Skating	Short track greater than 1500	30/10	1	100/1	100/1	-	-	4
Skating	Figure skating	10/10	4	25/1	25/1	-	-	4
Ice hockey	Ice hockey	5/10	3	33/1	33/1	-	-	3

National testing program 2016

Summer sports								
Aquatics	Swimming sprint 100 m or less	10/10	16	12,5/2	12,5/2	-	22 (3 ESA's)	9 (2 ESA's/ 3 GHRF's)
Aquatics	Swimming middle distance 200-400 m	15/5	15	21/3	6,7/1	-		
Aquatics	Diving	0/5	2	0/0	50/1	-	-	2
Aquatics	Synchronized swimming	10/5	4	25/1	25/1	-	-	4
Canoe/kayak	Sprint 200 m	10/10	9	22/2	11/1	-	-	37
Canoe/kayak	Middle distance 500 m	15/10	8	25/2	12,5/1			
Canoe/kayak	Long distance 1000 m	30/5	20	30/6	10/2			
Rowing	Rowing	30/10	26	31/8	11,5/3	-	-	26
Modern pentathlon	Modern pentathlon	5/5	5	20/1	20/1	-	-	5
Table tennis	Table tennis	5/5	7	14/1	14/1	-	-	7
Tennis	Tennis	10/5	4	25/1	25/1	-	-	4
Cycling	Road	60/10	13	61,5/8	15,4/2	-	-	20
Cycling	Track endurance	60/10	5	60/3	20/1			
Cycling	Track sprint	10/10	2	100/2	50/1			
Gymnastics	Trampoline	5/5	4	25/1	25/1	-	-	4
Gymnastics	Rhythmic	5/5	8	12,5/1	12,5/1	-	-	8
Gymnastics	Artistic	10/10	2	50/1	50/1	-	-	2

National testing program 2016

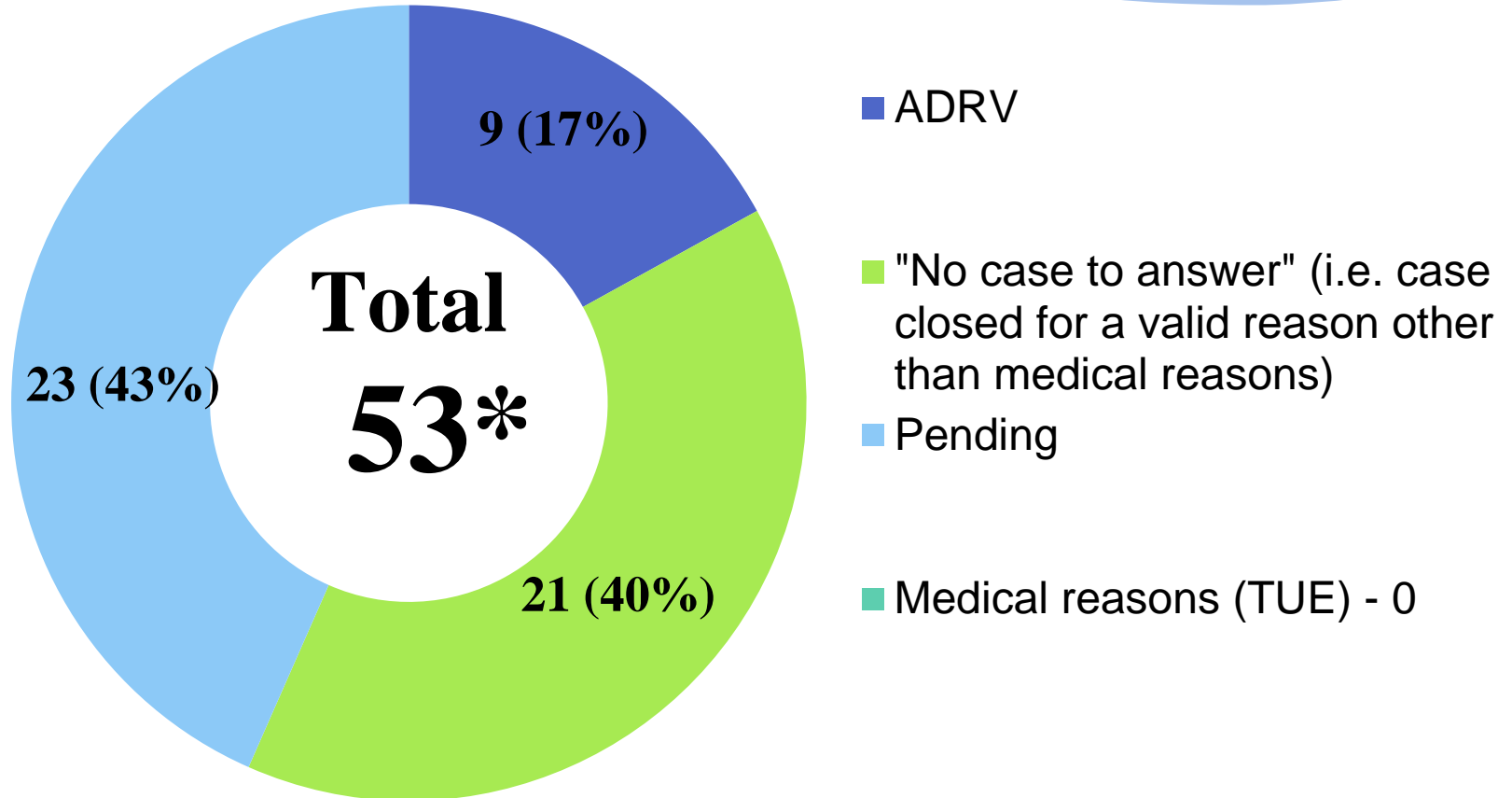
Basketball	Basketball	10/10	20	10/2	10/2	-	6 (2 GHRF's)	14 (2 ESA's)
Sailing	Sailing	5/5	4	25/1	25/1	-	-	4
Taekwondo	Taekwondo	10/10	7	14,3/1	14,3/1	-	-	7
Fencing	Fencing	5/5	7	28,5/2	14/1	-	-	7
Badminton	Badminton	10/10	2	50/1	50/1	-	-	2
Boxing	Boxing	15/10	11	18/2	18/2	-	-	11
Judo	Judo	10/10	5	20/1	20/1	-	-	5
Wrestling	All	15/10	25	16/4	12/3	-	-	25
Powerlifting	Powerlifting	5/30	4	25/1	50/2	-	-	4
Weightlifting	Weightlifting	5/30	36	8,3/3	36/13	-	15 (3 ESA's / 3 GHRF's)	21 (1 GHRF's/ 9 GH)
Athletics	Combined events	15/15	10	20/2	20/2	-	122 (19 ESA's / 2 GHRF's)	199 (60 ESA's / 18 GHRF's / 22 GH / 1 ABP)
Athletics	Jumps	10/15	60	16,6/10	15/9	-		
Athletics	Throws	5/15	101	6/6	15,8/16	-		
Athletics	Long distance 3000 m or greater	60/5	75	60/45	5,3/4	1		
Athletics	Middle distance 800-1500 m	30/10	28	32/9	10,7/3	-		
Athletics	Sprint 400 m or less	10/15	47	17/8	17/8	-		
Football	Football	10/10	2	50/1	50/1	-	2	-
Shooting	All	0/0	6	0/0	0/0	-	-	6

National testing program 2016

Archery	Archery	0/0	9	0/0	0/0	-	8	1
Fire and rescue sport	Fire and rescue sport	-	11	1	-	-	-	11
Skiing	IPC cross-country	30/10	2	50/1	50/1	-	-	2
Total		-	679	172 (25,4%)	106 (15,6%)	1 ABP	183 (27%)	496 (73%)
					34 GH / 72 GHRF's		32 ESA's / 10 GHRF's (17,5% ESA's / 5,5% GHRF's)	140 ESA's / 62 GHRF's / 34 GH (28% ESA's / 12,5% GHRF's / 6,85% GH)

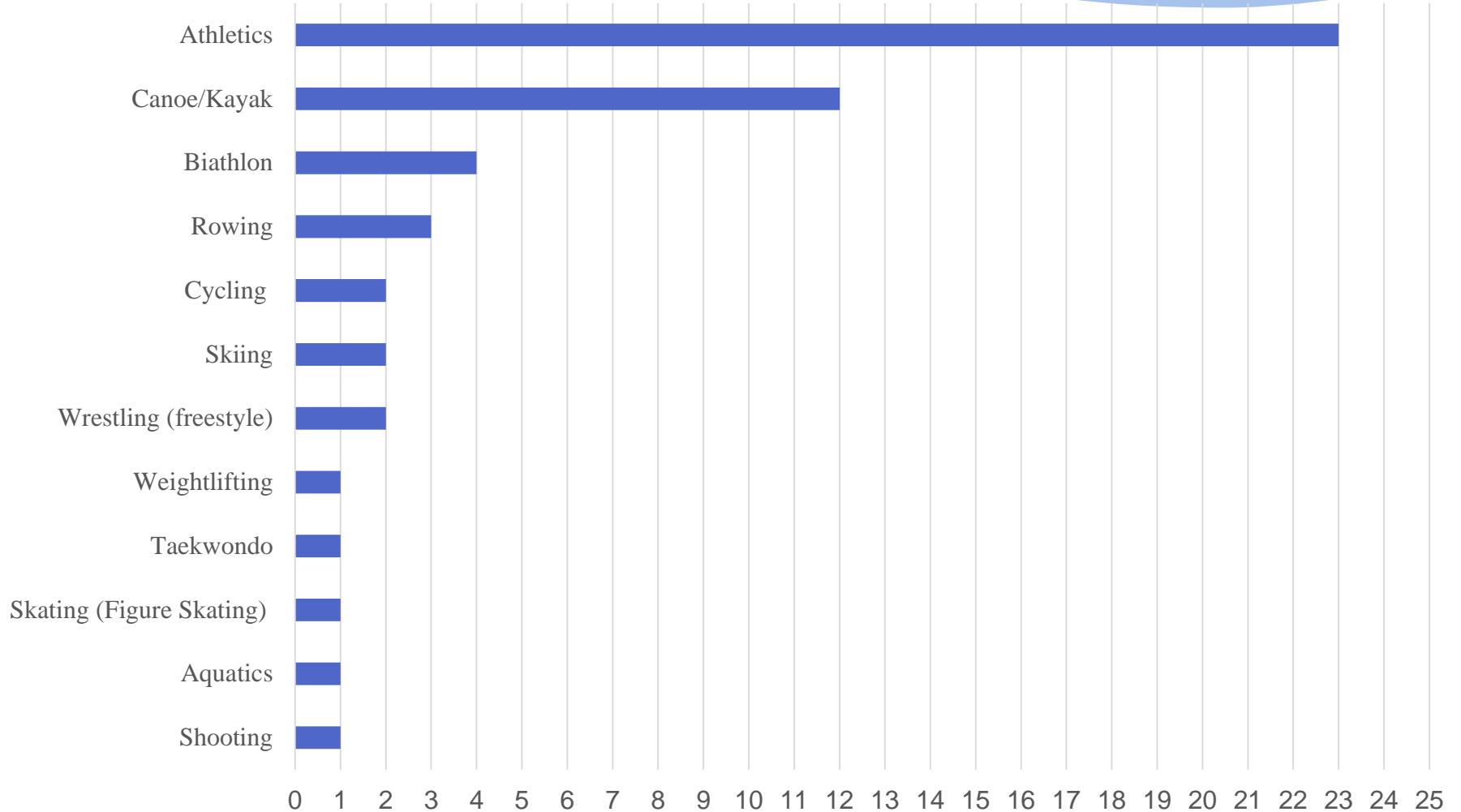
Anti-Doping Rule Violations (ADRV) Report - 2016

The number of Adverse Analytical Findings (AAFs)

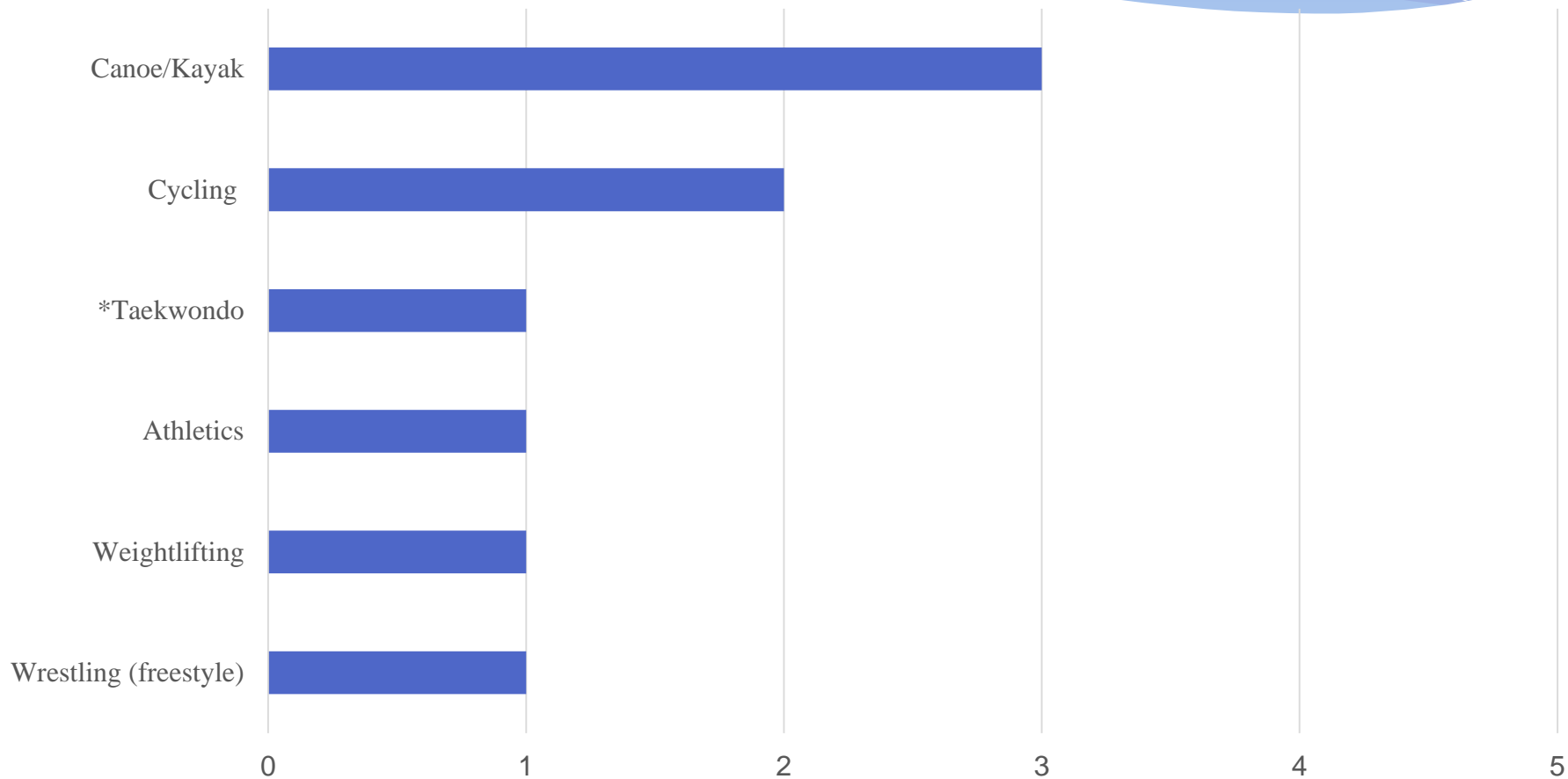


* 42 AAFs – meldonium (low concentration)

The number of Adverse Analytical Findings (AAFs) (sports)

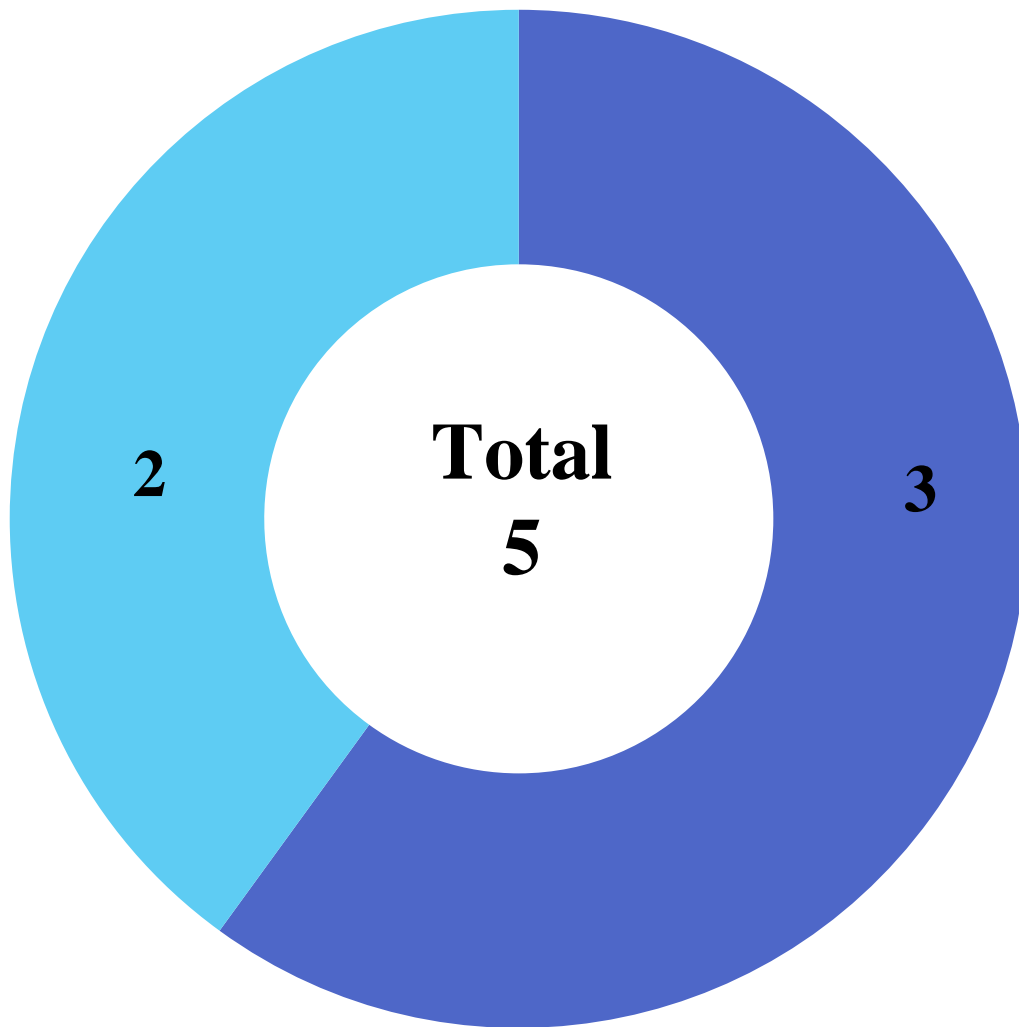


The number of AAFs which were confirmed as ADRVs (sports)



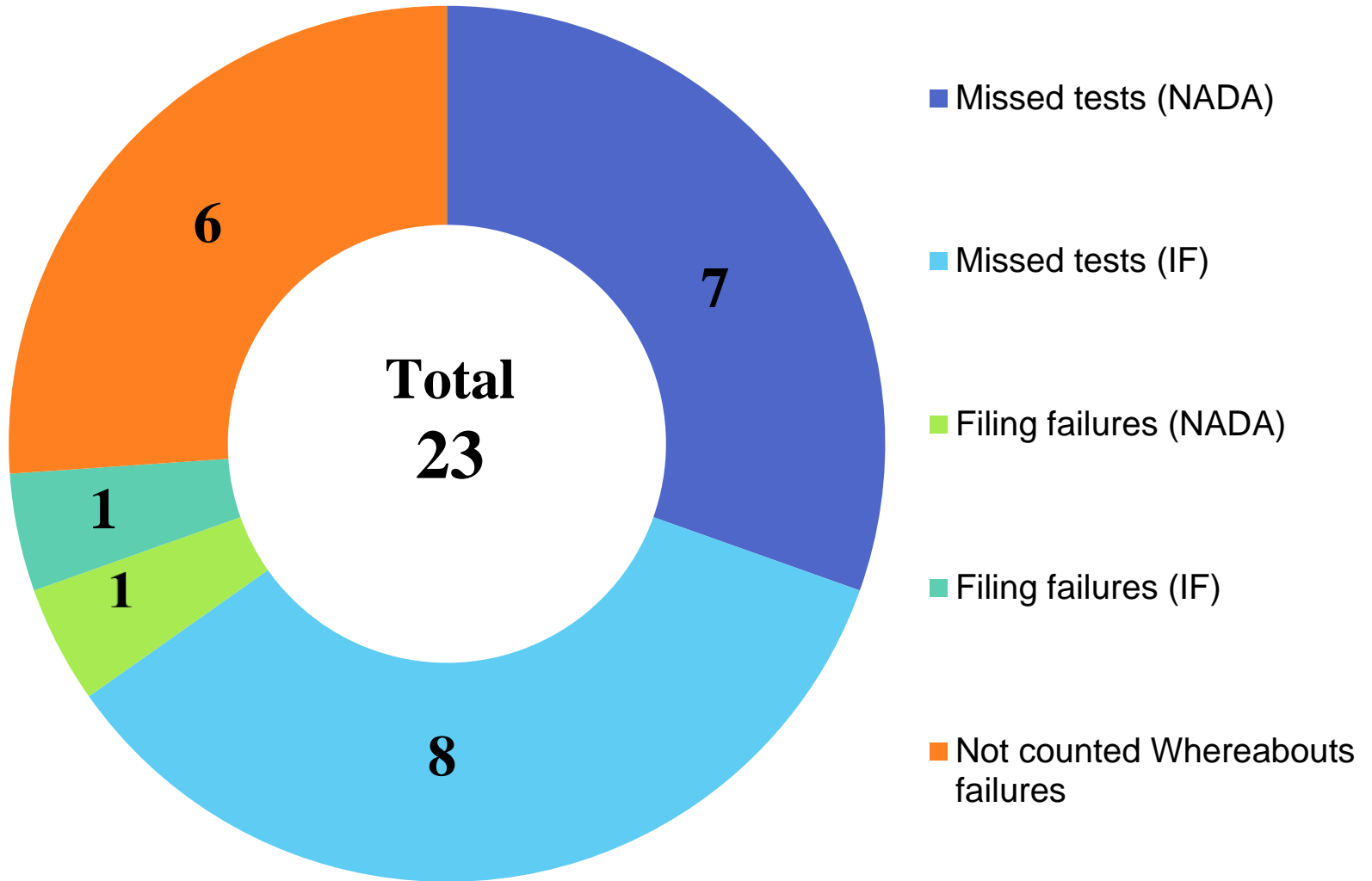
* WADA appealed to CAS

The number of decisions on ineligibility - 2016

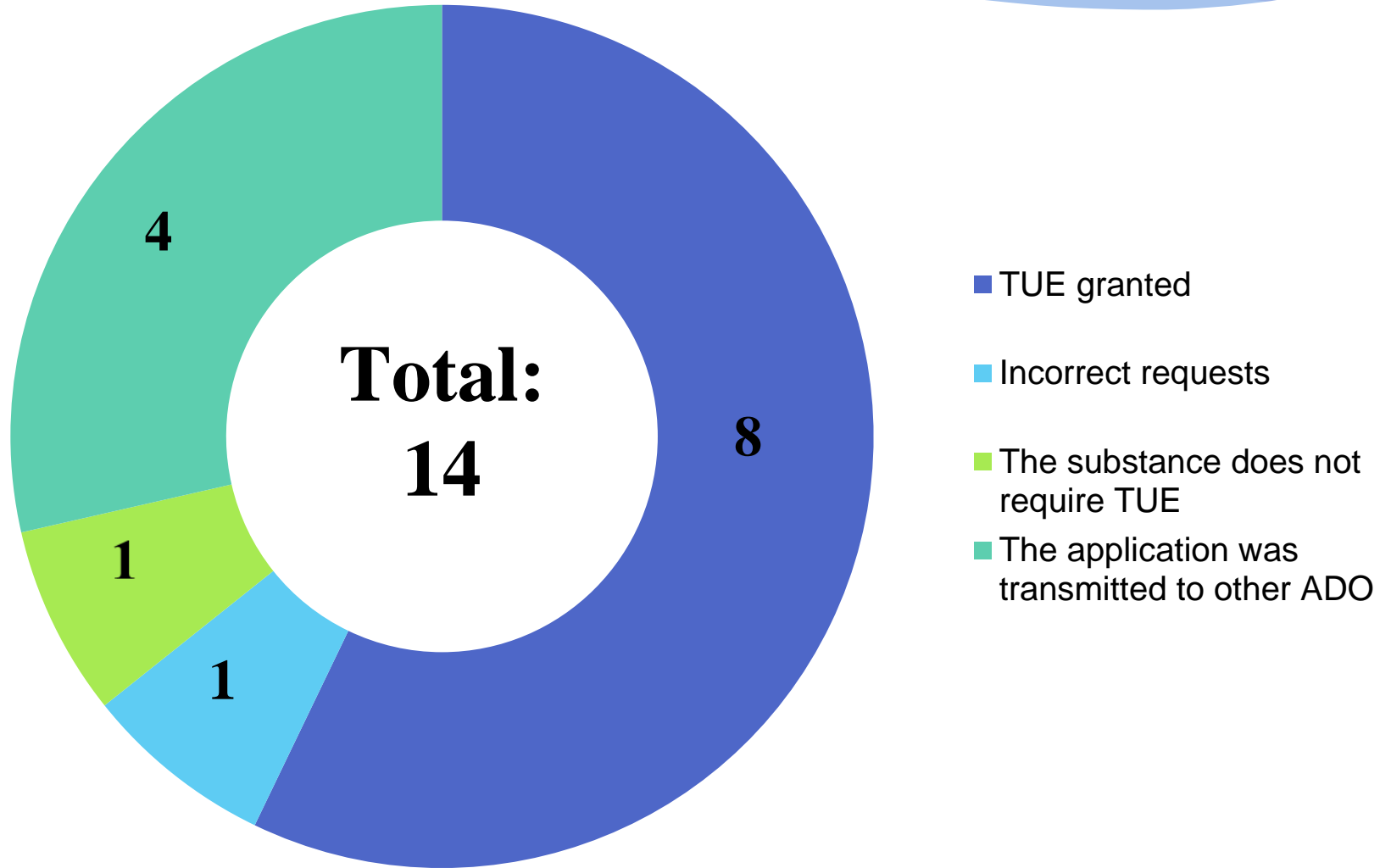


- The number of decisions on ineligibility (NADA)
- The number of decisions on ineligibility (IF)

Whereabouts statistics - 2016



Therapeutic Use Exemption (TUE) statistics - 2016



The number of anonymous messages of possible ADRVs - 2016

