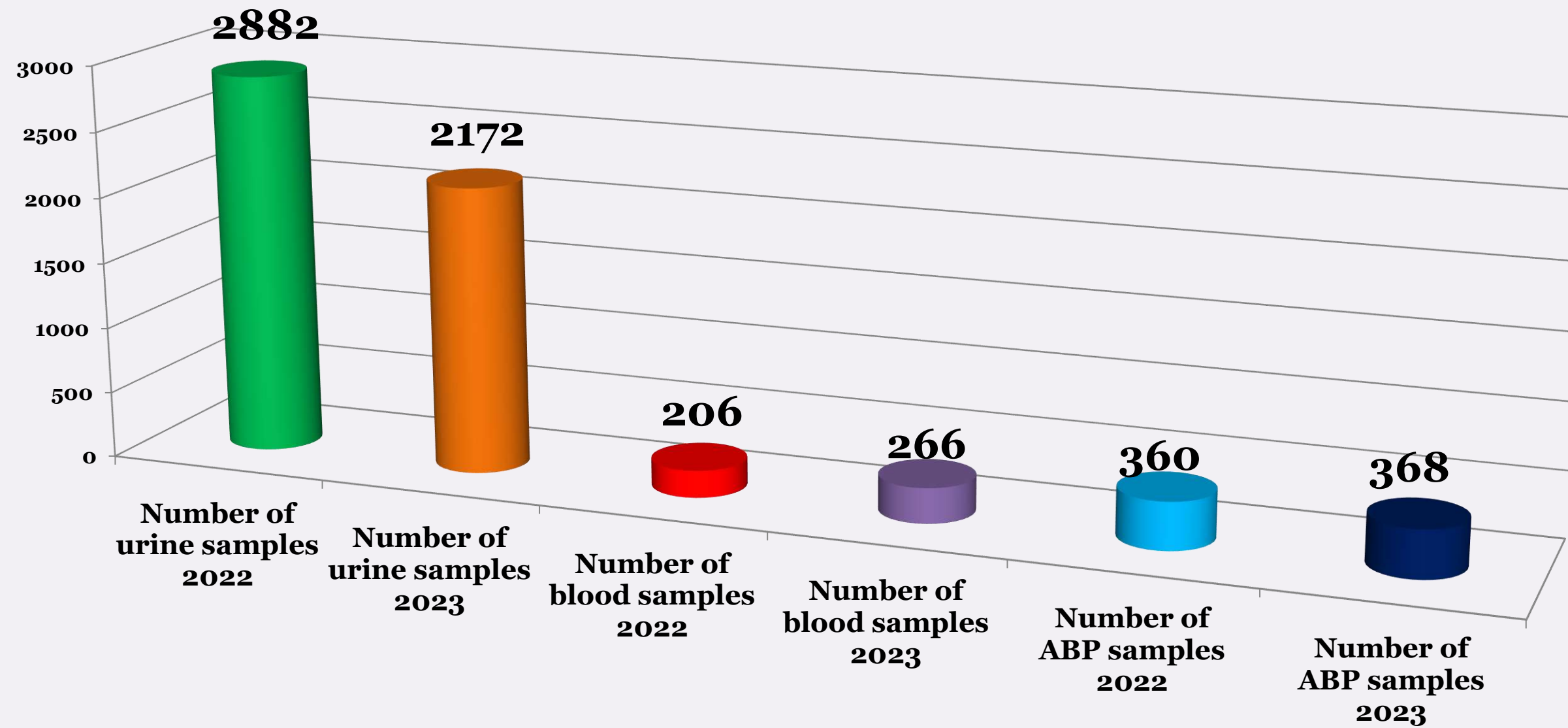


**National Anti Doping Agency of the
Republic of Belarus
Annual report 2023**

Total number of urine and blood samples collected

National testing program



Analysis of statistical data

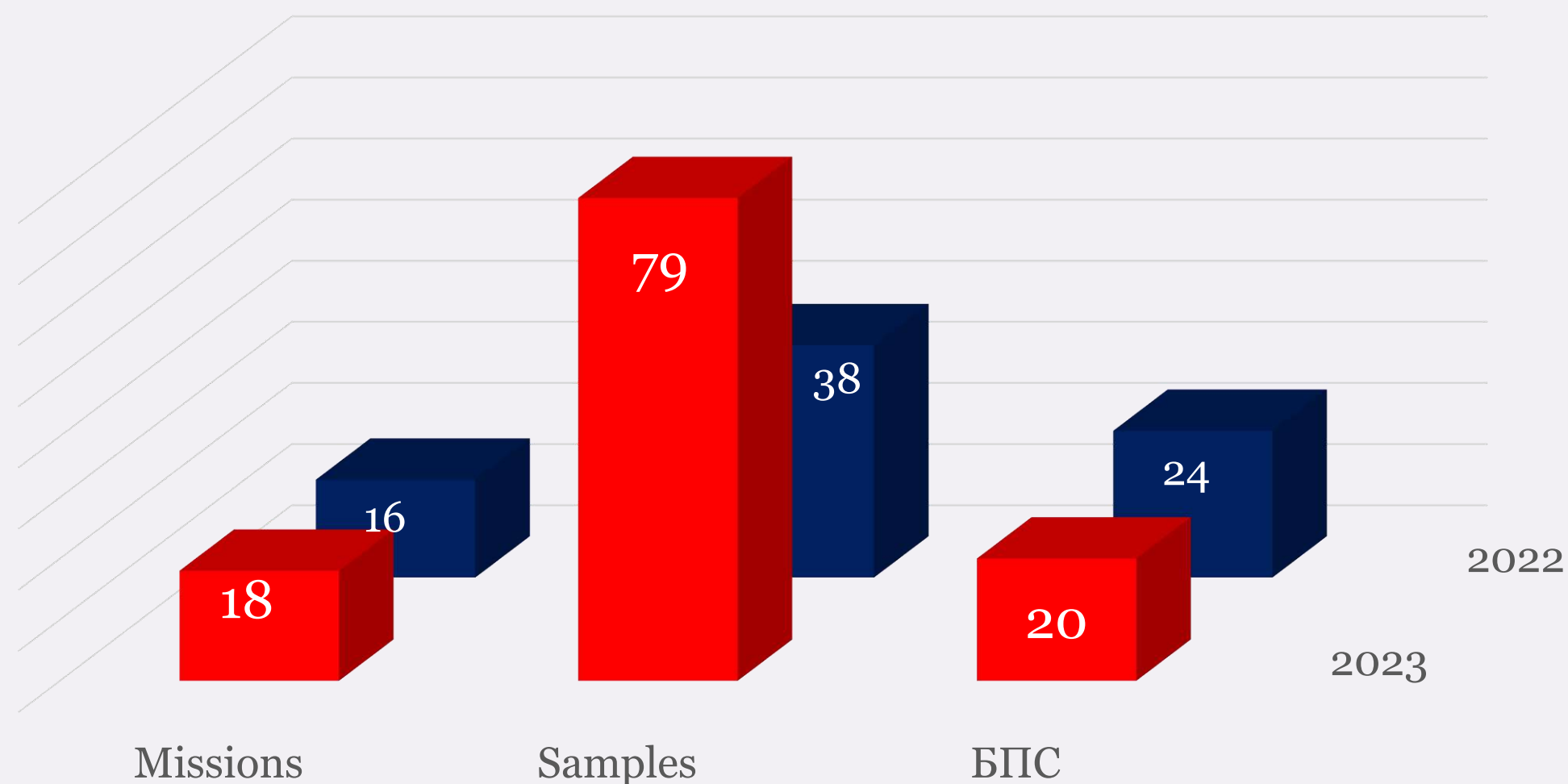
	2017	2018	2019	2020	2021	2022	2023
Total number of samples	792	1160	1350	1523	3301	3088	2952
In-competition	231	394	533	534	857	1312	1043
Out-of-competition	561	766	817	989	2444	1776	1909
% In-competition /general plan	29,17%	33,97%	39,49%	35%	26%	42,5%	35,3%
Number of missions	188	223	357	389	1937	1001	606
Number of competitions	35	57	90	63	84	147	149
Number of samples taken extrabudgetary	210	246	326	120	103	101	146

Extrabudgetary activities at the request of International organizations

2022 – 16 missions

2023 – 18 missions

38 samples + 24 ABP samples 79 samples + 20 ABP samples



II Games of the CIS countries

528 - number of doping samples
288 - urine samples
31 - blood samples (GH)
30 - additional analyses (EPO)
50 - additional analyses (GHRF's)

Personnel involved:

38 DCO;
5 couriers to deliver blood and urine doping samples to a
WADA-accredited laboratory
3 persons to supervise staff at headquarters

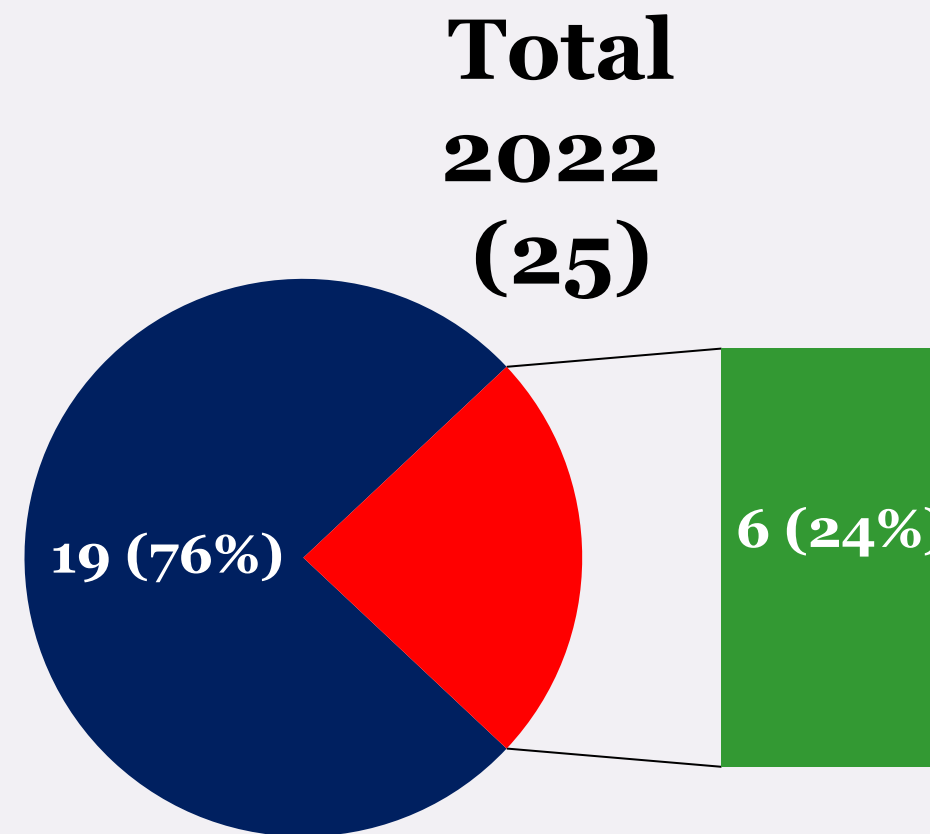
Testing pools 2023

NRTP 159 athletes, 18 sports
(the most promising athletes with a high risk of using prohibited substances)

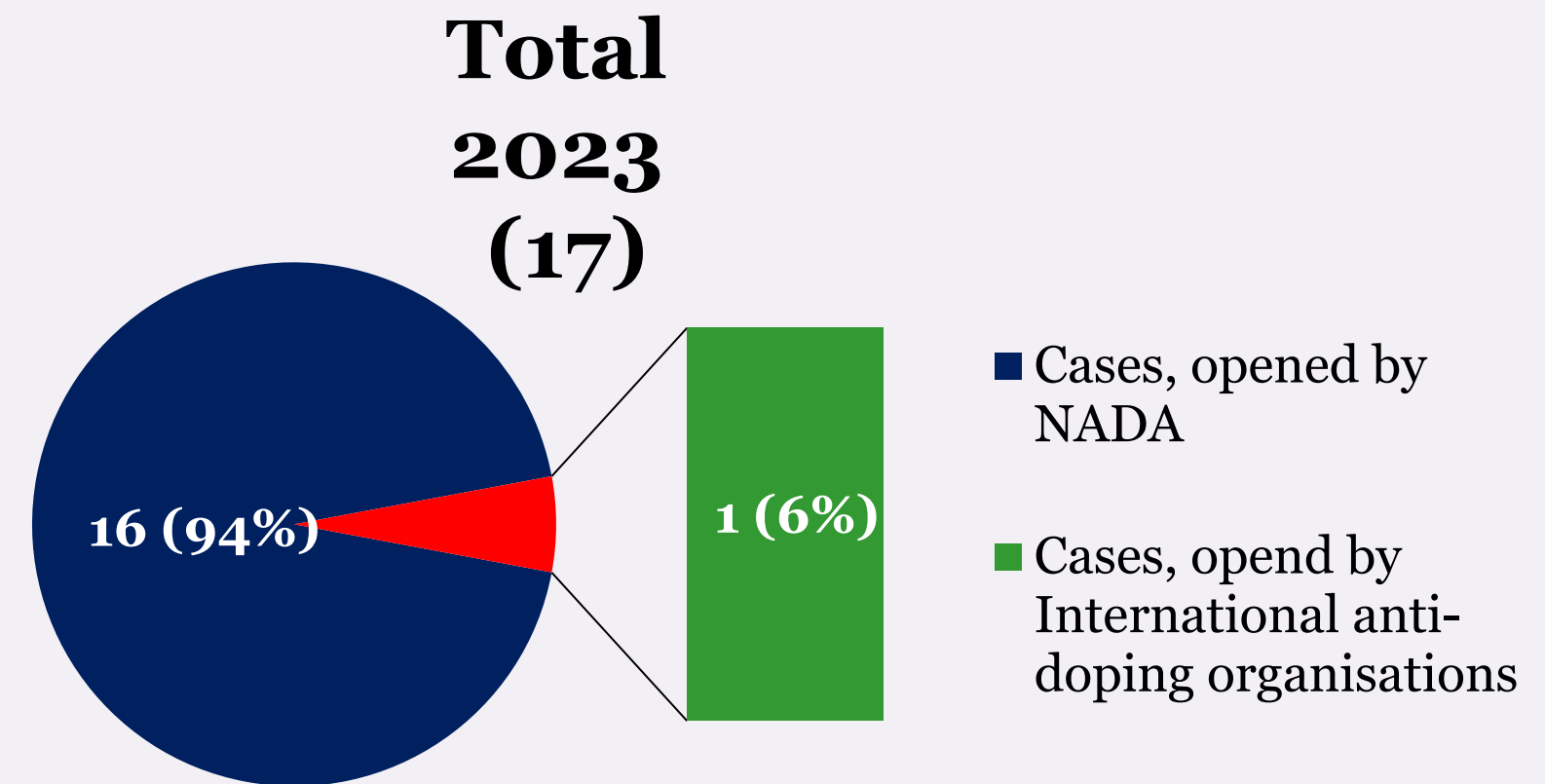
TP 399 athletes, 31 sports
(athletes from the main National Teams, excluding team sports)

TSP 158 athletes, 7 sports
(team sports athletes)

Number of open cases of anti-doping rule violations by Belarusian Athletes in **2022** and **2023**



4 athletes of the National teams of Belarus;
6 athletes of the Sports teams of Belarus;
13 athletes out of the lists;
2 athlete personnel;
3 minors;
5 athletes of PRC.



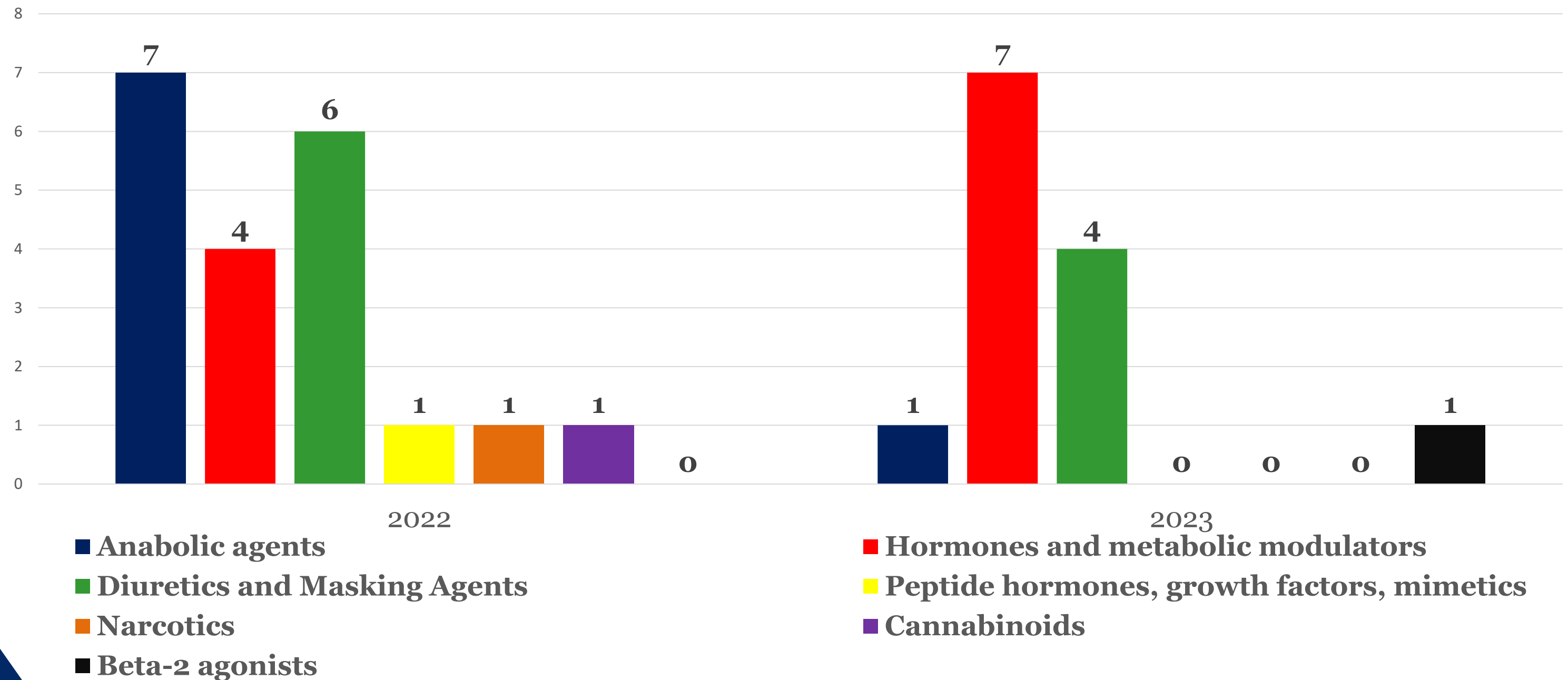
6 athletes of the National teams of Belarus;
3 athletes of the Sports teams of Belarus;
8 athletes out of the lists;
7 minors;
2 athletes of PRC.

Anti-doping rule violations identified among athletes of the National teams of Belarus

2022 год	Amount	2023 год	Amount
Anabolic agents	1	Anabolic agents	1
Hormones and metabolic modulators	1	Hormones and metabolic modulators	
Cannabinoids	1	Evading, Refusing to Submit to Sample Collection	
Using a Prohibited Method	1*	Diuretics and Masking Agents	3
-	-	Whereabouts Failures by an Athlete	1
-	-	Adverse Passport Finding Hemotological module (Using Substance or a Prohibited Method)	1*

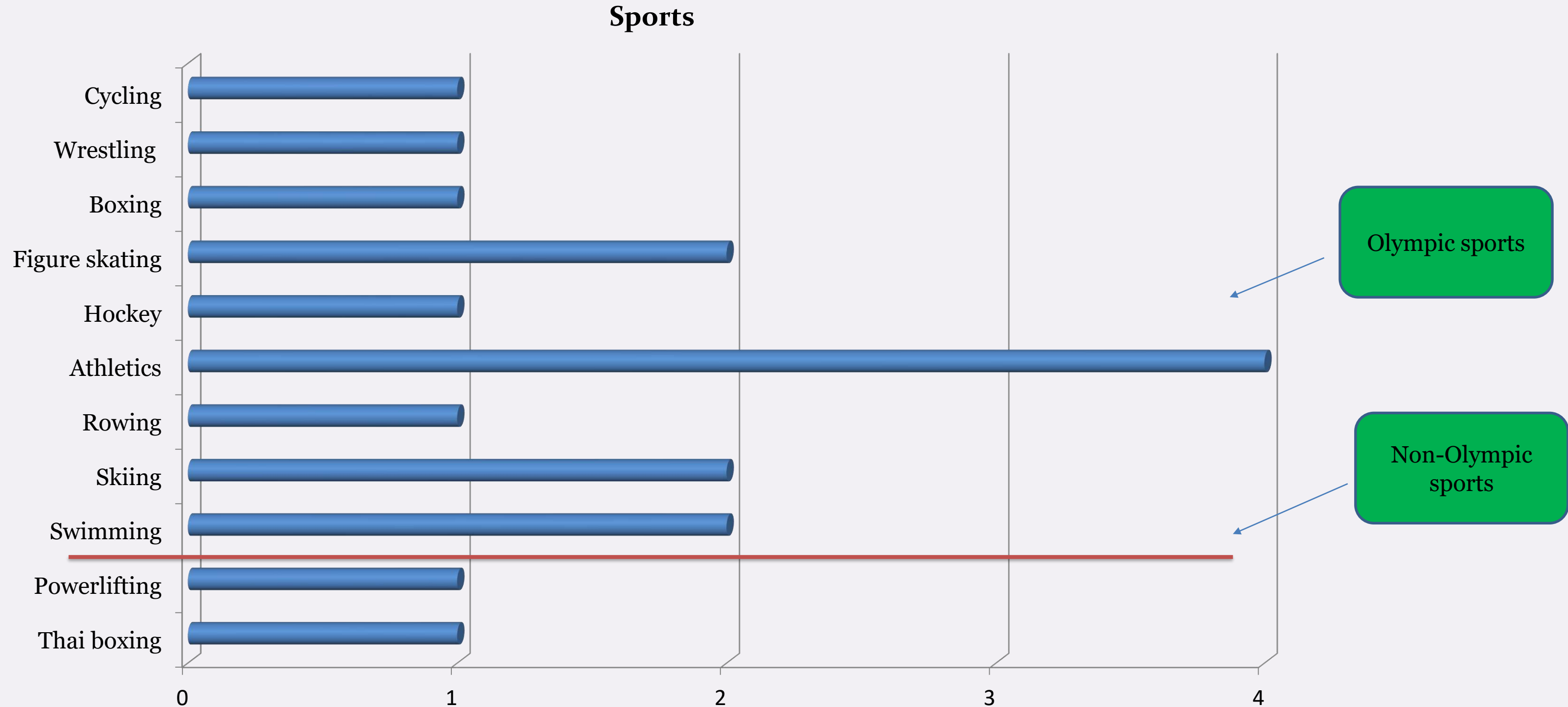
* - The decision to discontinue the investigation and results management. No disqualification.

Anti-Doping Rule Violations in **2022** and **2023** connected with the use by athletes of prohibited substances such as

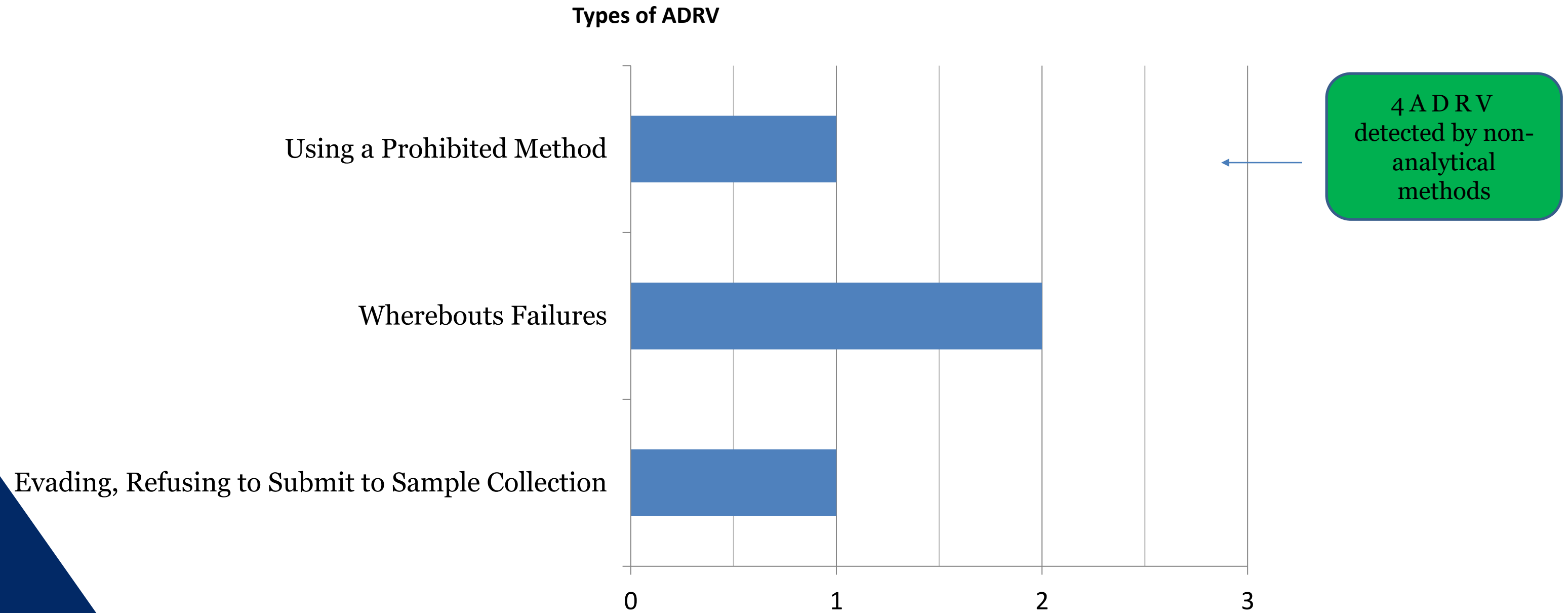


Number of open cases of ADRV (sport)

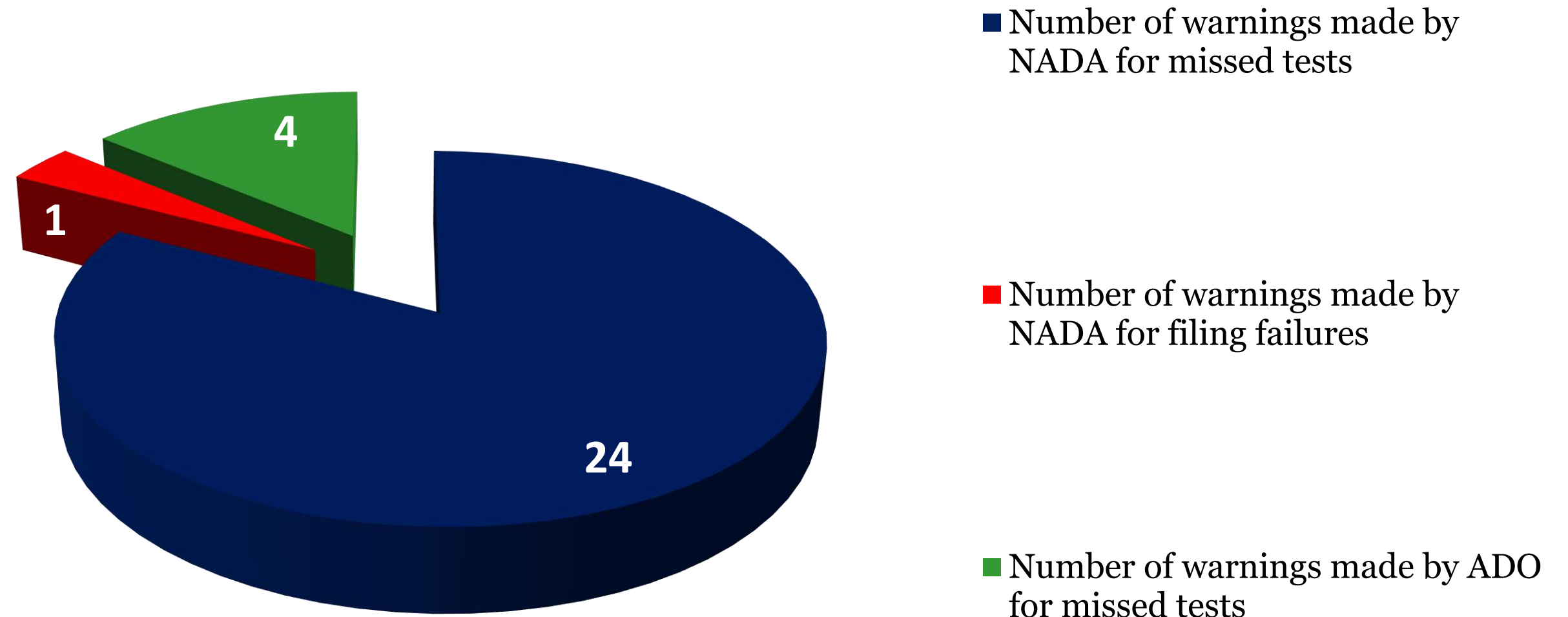
2023



Anti-Doping Rule Violations by Athletes in **2023**



Statistics on missed tests and filing failures in **2023**



Highest number of warnings:
*ice hockey (8 cases),
track and field (5 cases)
rowing (3 cases)*

The work of the NADA Disciplinary Anti-Doping Commission, as well as the decisions on ineligibility made by NADA on 2023

As a result of the investigation of cases in 2023, NADA issued 16 decisions regarding athletes' ineligibility (8 decisions on cases of 2022), 4 decisions to discontinue the investigation and results management (2 decisions on cases 2022).

3 cases were considered at meetings of the Disciplinary Anti-Doping Commission, where it was decided to apply a period ineligibility to 3 athletes.

In all cases, the decisions were made legally and justified. There were no facts of cancellation and change of decisions.

Anti-Doping Rule Violations at «II Games of the CIS countries»

1 ADRV committed by a Belarusian athlete (athletics) and 4 ADRV committed by athletes from the Russian Federation muaytai (2 violations), weightlifting (1 violation), judo (1 violation)



II ИГРЫ СТРАН СНГ
БЕЛАРУСЬ
2023



Atypical Finding of Belarusian Athletes

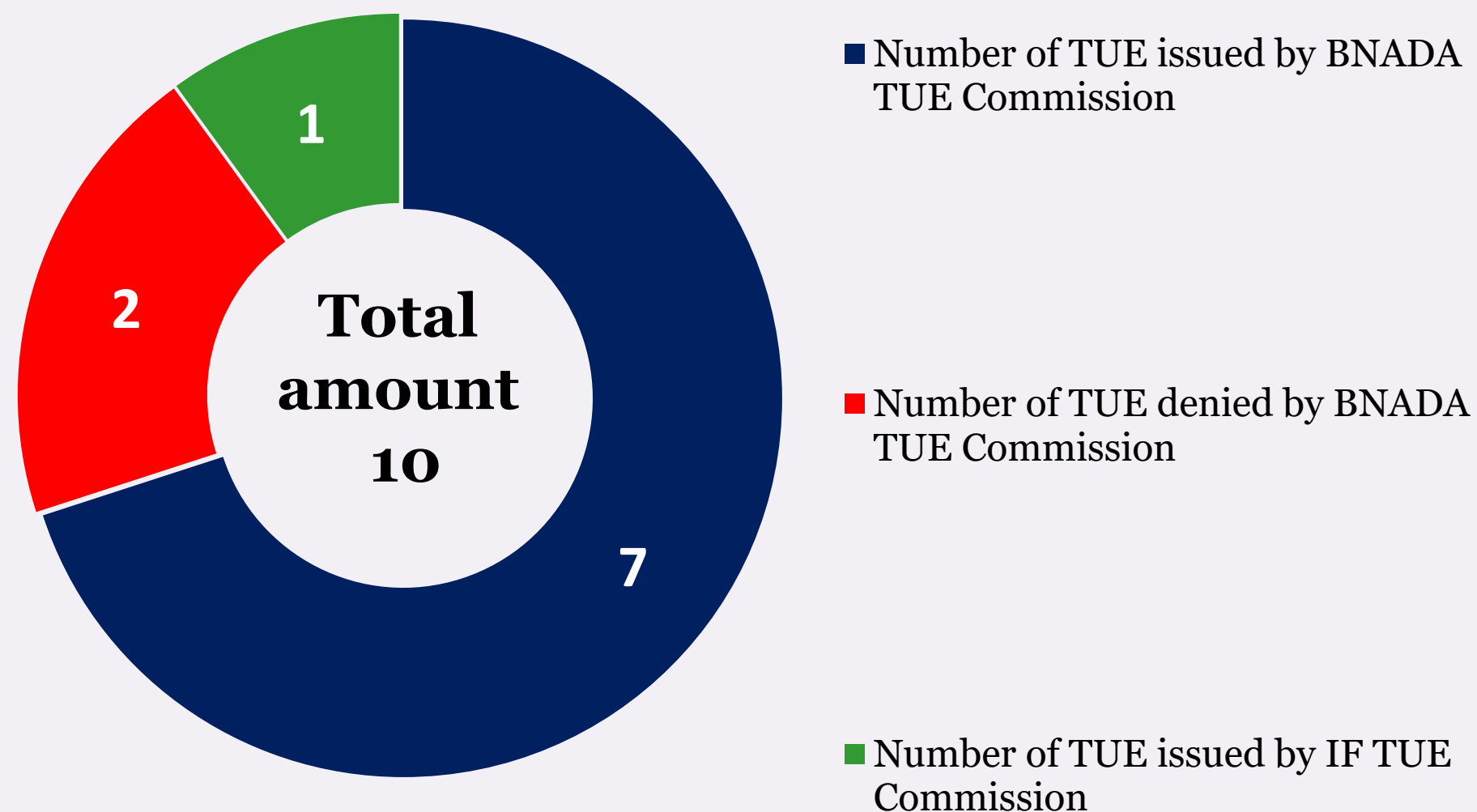
There were 68 cases of abnormal biological markers detected in the analysis of athletes' samples. Further research was therefore carried out to clarify the nature of the abnormal biological markers.

According to the results of additional research, it was found 3 Atypical Findings reviewed by NADA.

For 2 samples the verification has been completed and no ADRV of the Republic of Belarus have been found.

1 samples are being checked.

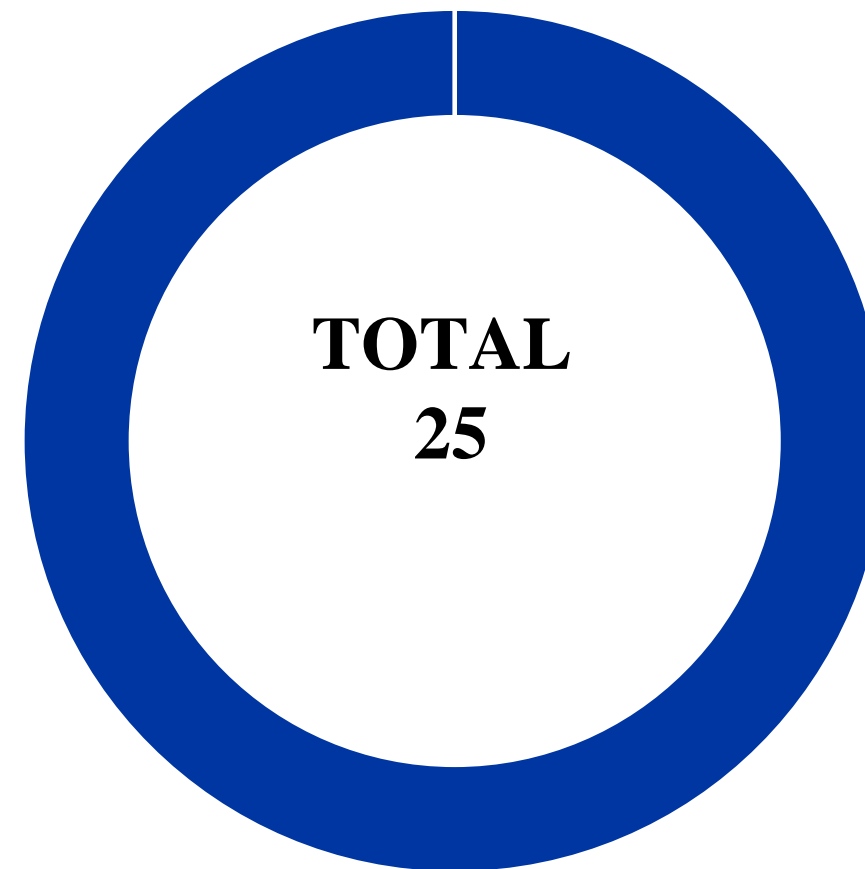
Statistics on requests for TUE by Belarusian Athletes and the work of the BNADA TUE Commission for 2023



Substances for which TUE were issued:

Peptide hormones, growth factors, mimetics (S2)
Beta-2 Agonists (S3)
Hormones and metabolic modulators(S4)
Diuretics and masking agents(S5)
Glucocorticoids (S9)

Number of anonymous reports of possible anti-doping rule violations in **2023**



- Reports of a possible ADRV have not been confirmed

Organizations responsible for the implementation of educational programs

NADA
develops and conducts educational programs, develops and distributes informational and educational materials, educates persons responsible for anti-doping support

National Education Pool
(~789)
(National teams main team (NRTP, GTP, team sports pool)
(+~ 411 athlete personnel)

NADA, NOC, NF, ROTC

NADA
develops information, educational and methodological materials, educates persons responsible for anti-doping support, assists in the development and implementation of educational programs

Sports reserve educational pool (~6000)
(ILA, NLA, National teams squad, reserve, trainees, ORS)

NOC, NF, ROTC, OTC, ORS

NADA develops, promotes and assists in the implementation of value-based education programs for secondary school students

Youth Educational Pool
(~60000)
(Youth)

NF, OTC, ORS, Sports School

NADA develops preventive information materials (posters, booklets, leaflets, social videos, social media accounts)

Primary education pool (92000) (beginners, recreational athletes, спортивные клубы)

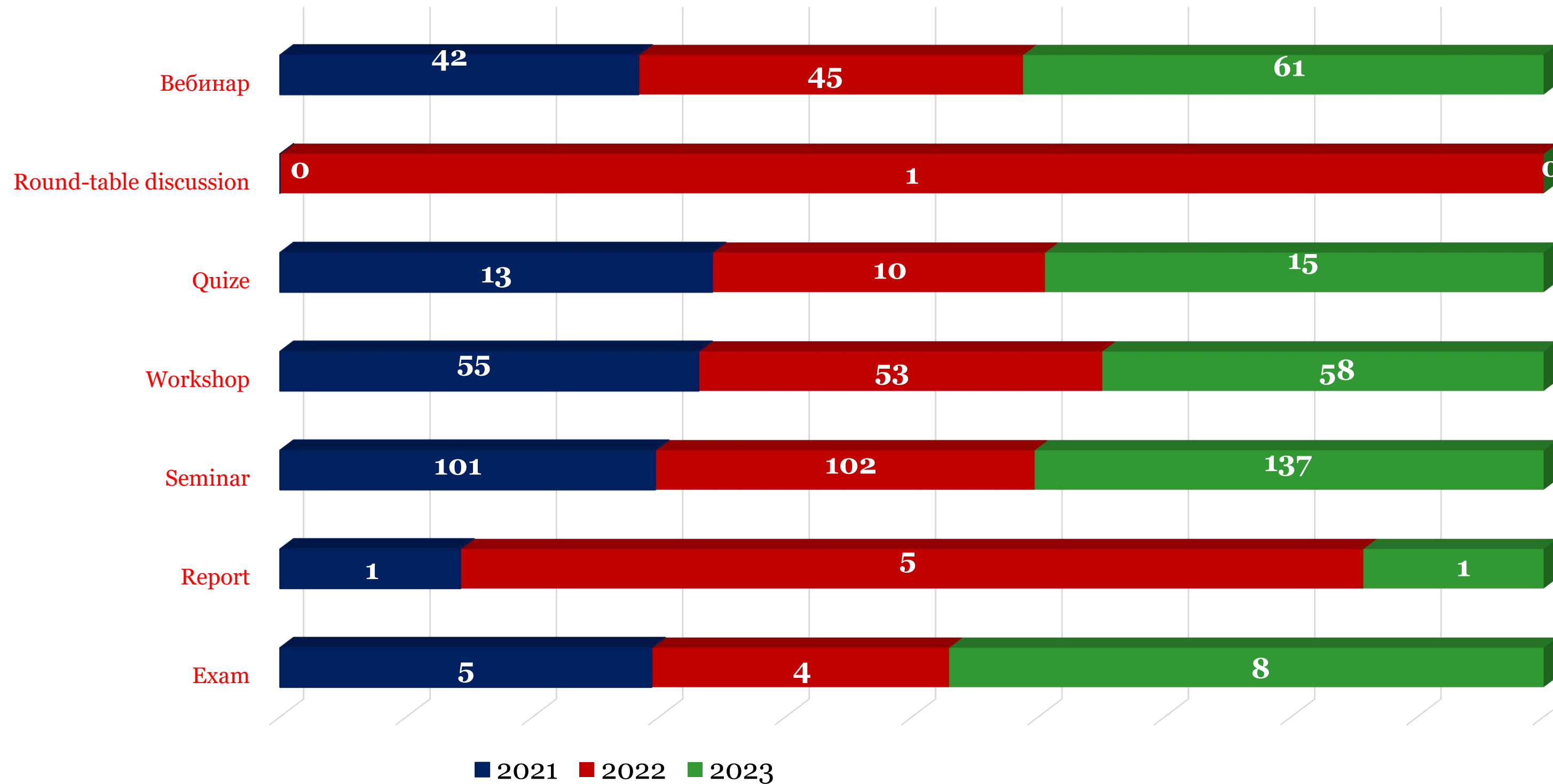
Sports School, secondary school

Recreational athletes Educational Pool
(~2377000) (involved in physical activity)

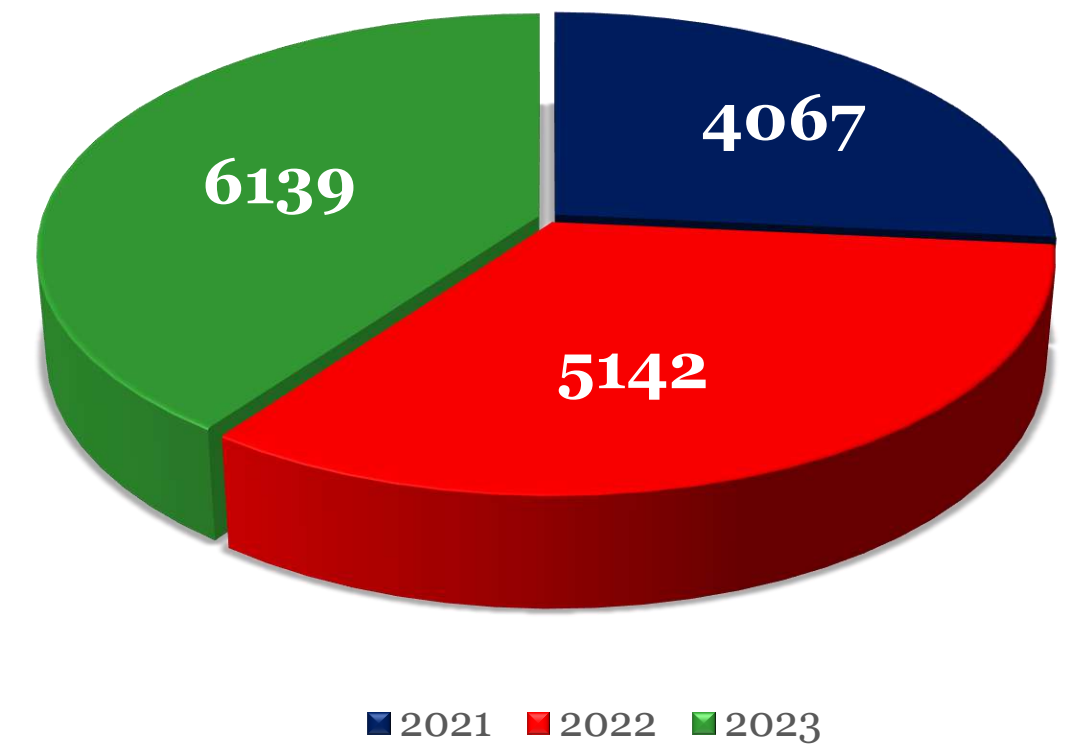
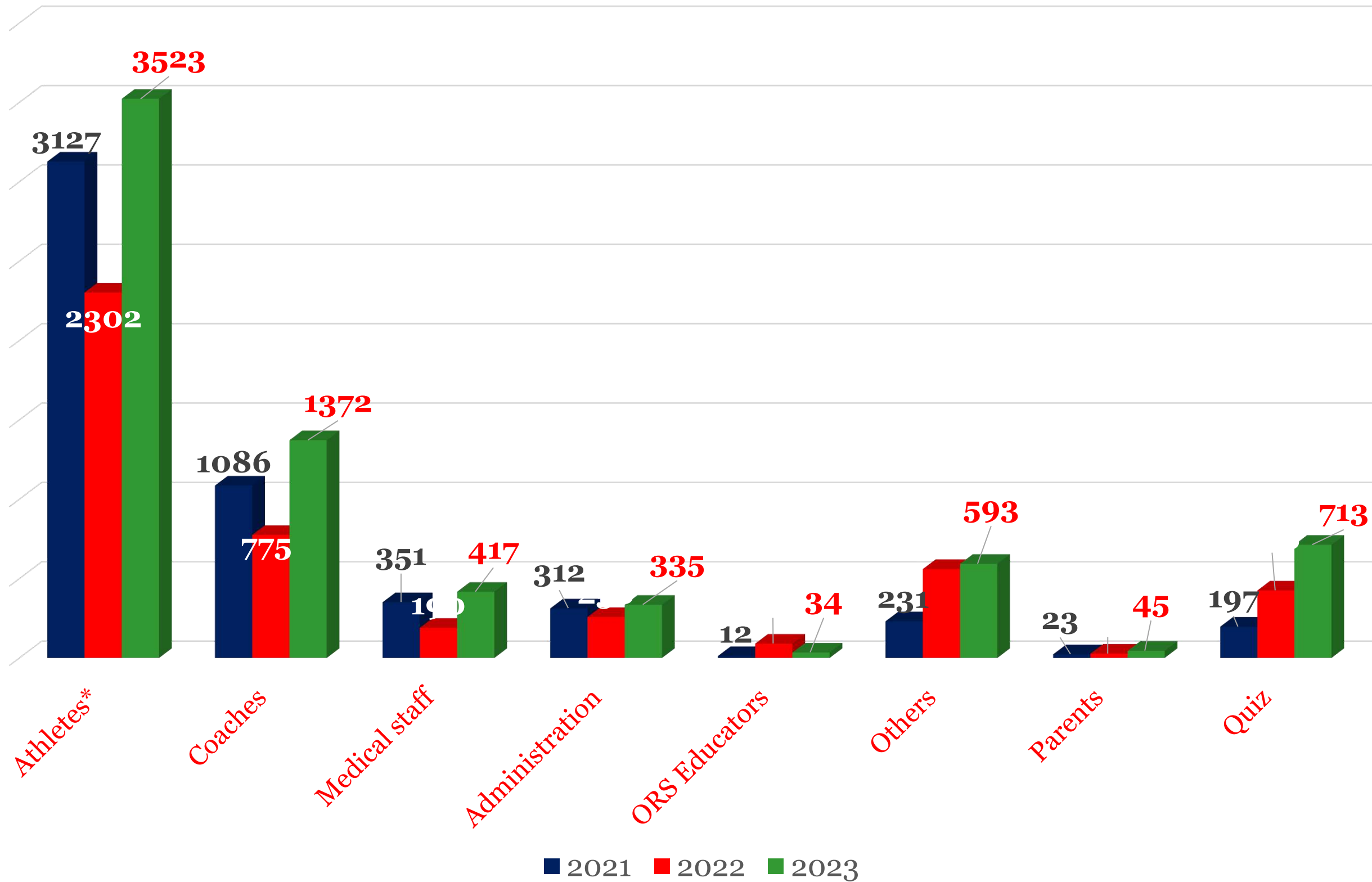
Sports clubs, organizations

+ Athlete Personnel at every level

Educational activities 2021/2022/2023



Number of participants of educational events



* Including 459 NT athletes for 2023

Activities undertaken

Sport	Athletes	Coaches	Medical staff	Number of events
Athletics	25	36	1	3
Karate	205	20		3
Football	167	86	16	13
Boxing	91	12	5	5
Acrobatic	24	4		2
Gymnastics Artistic	56	9	2	4
Cycling	70	9		6
Triathlon	5			5
Taekwondo	34	26	2	5
Volleyball	38	8	1	1
Swimming		61		2
Short Track	34	8		4
Greco-Roman wrestling		21		1
Speed Skating	50	6	1	6
Gymnastics Rhythmic	71	13	5	7
Basketball 3x3	25	1	1	1
Figure skating	104	20	2	11
Wrestling	267	34	7	5
Trampoline	18	4	1	2
Biathlon		11		1

Sport	Athletes	Coaches	Medical staff	Number of events
Archery	62	8	1	2
Beach soccer	14			1
Freestyle	52	42	3	5
Skiing	30	8		1
Field Hockey	28	2	2	1
Modern Pentathlon	10	1	1	1
Hockey	100	11		4
Synchronized swimming	26	12		3
Rowing /Canoe/Kayak	209	51	6	10
Weightlifting	47	9	2	2
Basketball	12	3		1
Sailing	25	3		1
Waterskiing	52	6		3
Golf	44			1
Mini-golf	38	3		1
Acrobatic track jump	7	3		1
Sambo	64	2		2
Diving	21	2	1	2
Shooting	85			2
Judo	62	4	2	2
Handball	30	2	2	2
Martial arts	14			2
BCEFO:	2316	561	65	137

Educating persons responsible for anti-doping support

In **2023**, a programme was prepared and implemented to educate and train specialists responsible for anti-doping support in sports federations (unions, associations) and republican Olympic training centres.

The program consisted of **10 seminars**, **4 intermediate tests** to monitor knowledge and a final exam, which included the verification of theoretical knowledge and practical skills.

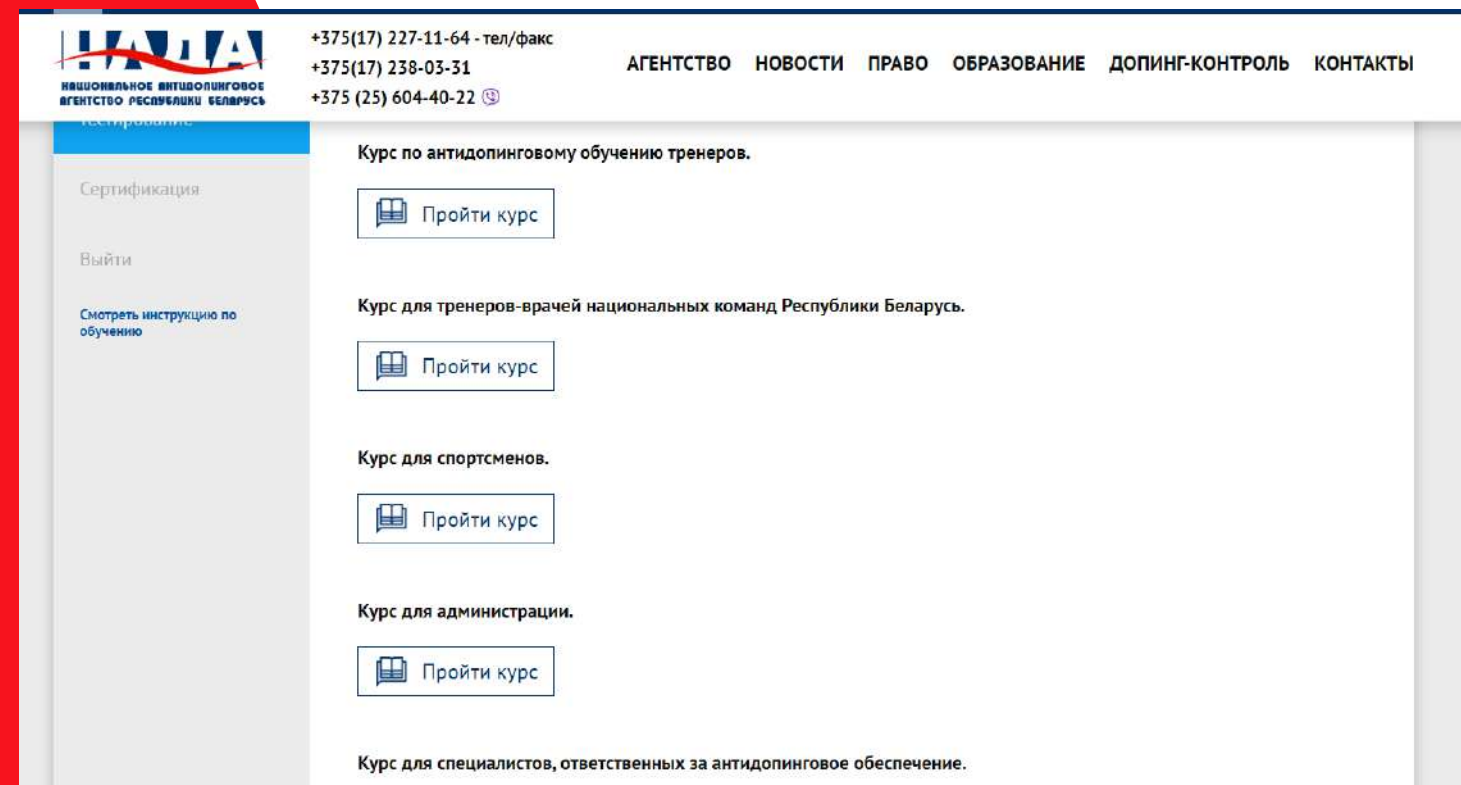
The training was attended by **73 specialists**; **47 specialists** passed the exam and received the certificate.



Online training and testing

An online course for persons responsible for anti-doping support is posted on the NADA's website in the "Training and Testing" section.

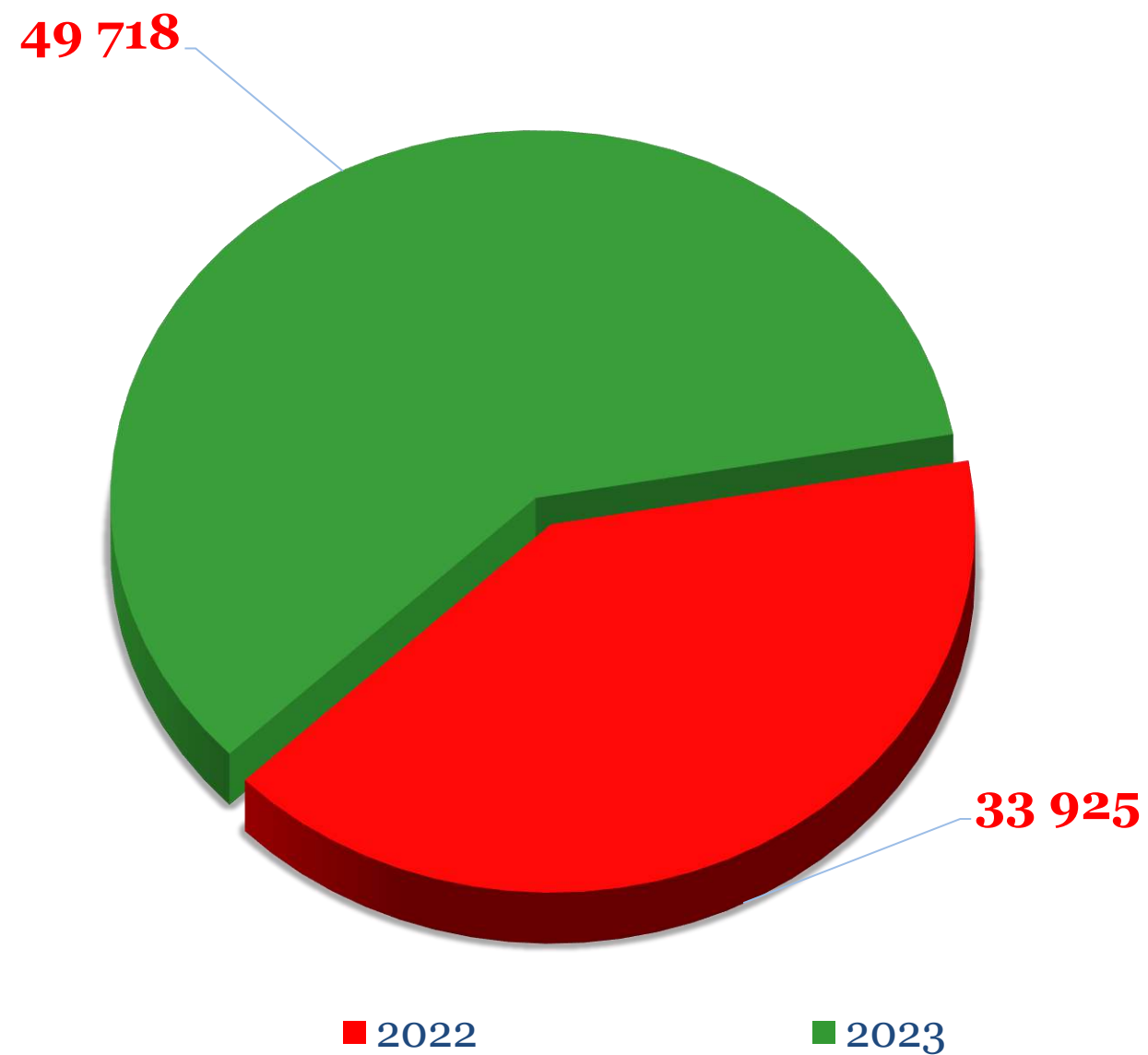
3 891 have completed.



CERTIFICATES



In 2023 the service was used for **49 718** times



The system contains **9297** names of medicines, pharmaceutical substances, international nonproprietary names of medicines, of which **1125** contain substances prohibited in sports.

Top-5
Paracetamol
Phenibut
Complivit
Ibuprofen
Riboxin

Doping Check

Online service for checking if the medications contain prohibited substances and methods from WADA Prohibited List

Awareness

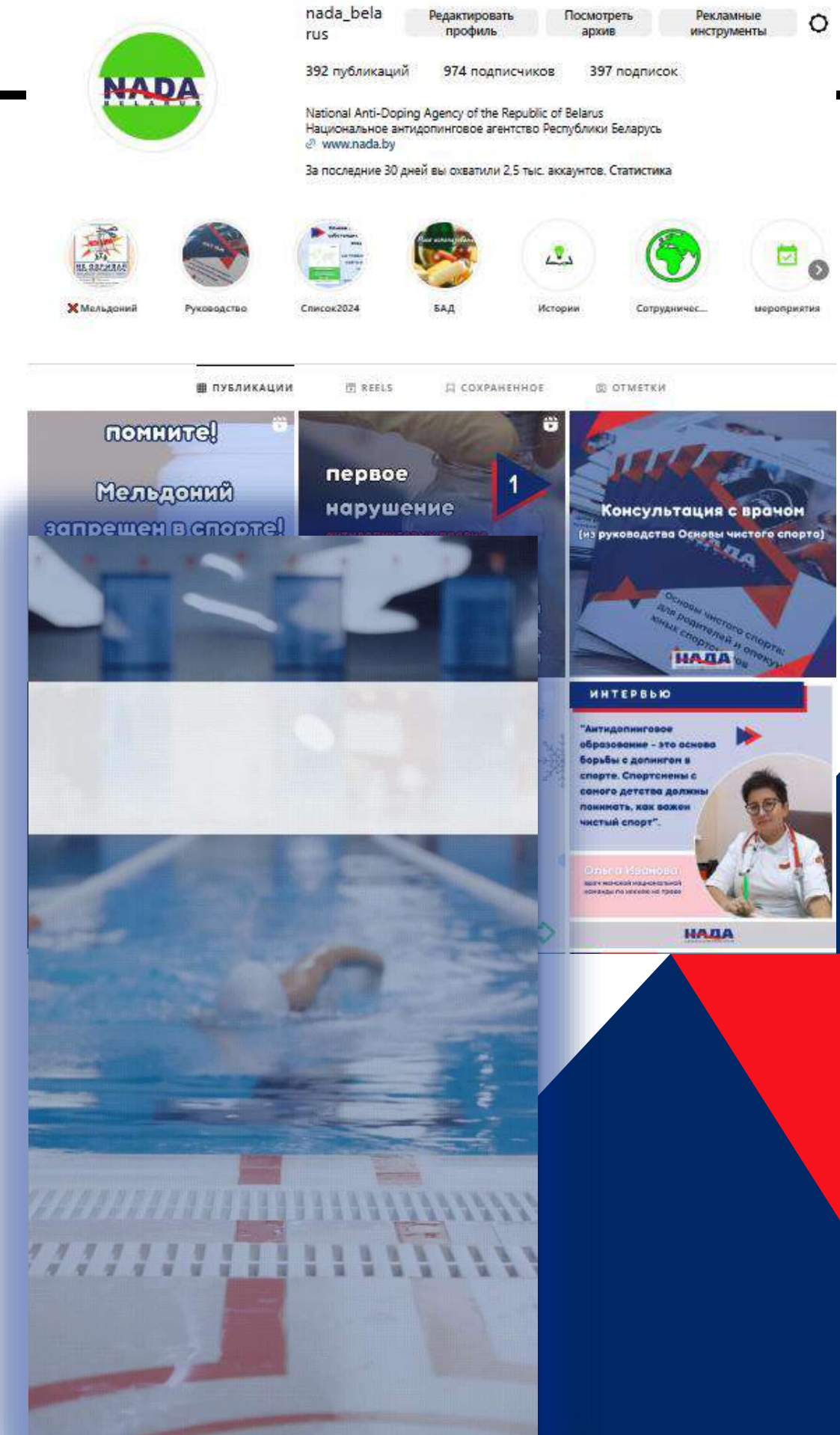


In 2023, the site was visited **88,500** times. **75%** of visitors used a smartphone

The most frequently visited sections on the site are: Doping Control, Checking Medications or Dietary Supplements, Beware of Doping, Request for TUE, Prohibited List. Athlete, attention! Meldonium!

Agency's Instagram account reach: **6,143 accounts** in the last 90 days, **5,402** are unsubscribes

use of free instagram promotion tools: *hashtags; Reels; unified style of news feed formation; profile header design; regular headings*



OUTREACH

Anti-doping quiz “**Outreach**” was carried out as part of the cultural and sports festival “**VYTOKI**” in Minsk, “**Olympic day**”, as well as during competitions in Golf, Mini-Golf and Commonwealth Biathlon Cup

713 people took part in “Outreach” quizzes in 2022.



Anti-doping advocacy

ПАМЯТКА ДЛЯ СПОРТСМЕНОВ ПО ПРЕДОСТАВЛЕНИЮ ИНФОРМАЦИИ О МЕСТОНАХОЖДЕНИИ

Спортсмены, включенные в Национальный регистрируемый пул тестирования (НРПТ) или Общий пул тестирования (ОПТ) должны предоставлять информацию о местонахождении в Национальное антидопинговое агентство (НАДА) 365 дней в году

ПОДДЕРЖКА

Отдел образования НАДА +375256044022

ЕЖЕКВАРТАЛЬНЫЕ СРОКИ ПОЛУЧ

Поставьте напоминание в телефон о сроках сдачи

Квартал 1: 15 декабря

Квартал 2: 15 марта

Квартал 3: 15 июня

Квартал 4: 15 сентября

ОСНОВНЫЕ СОВЕТЫ

- Спортсмен должен обновлять информацию, как только он узнает об изменении обстоятельств
- Убедиться, что дополнительная информация добавлена в адреса, чтобы спортсмен был доступен по каждому адресу
- Если ADAMS недоступен, спортсмен может отправить сообщение об экстренном обновлении по тел. +375256044034

УЧРЕЖДЕНИЕ "НАЦИОНАЛЬНОЕ ANТИДОПИНГОВОЕ АГЕНТСТВО"

РАБОЧАЯ ТЕТРАДЬ по антидопингу

ЖИТЬ ЧЕСТНЫМ СПОРТОМ

УЧРЕЖДЕНИЕ "НАЦИОНАЛЬНОЕ ANТИДОПИНГОВОЕ АГЕНТСТВО"

РУКОВОДСТВО для специалистов, ответственных за антидопинговое обучение

Учреждение «Национальное антидопинговое агентство»

НАДА БЕЛАРУСЬ

Основы чистого спорта: для родителей и опекунов юных спортсменов

2023

ПРОЦЕДУРА ДОПИНГ-КОНТРОЛЯ

1. Любой спортсмен когда и где угодно может получить уведомление о допинг-контроле. Распечатайте и bringте уведомление.
2. Вам может быть предоставлена отсрочка прибытия на пункт для: поиска документа достоверного личности; физика перевозчика и/или предоставления информации о состоянии здоровья; участия в соревнованиях на равнозначной медицинской ответственности; получения медицинской помощи; завершения тренировки; выполнения заявки.
3. Выберите флакон для сбора пробы, проверьте его целостность и чистоту.
4. Вам необходимо сдать минимум 90 мл мочи в присутствии свидетеля одного из пунктов А и Б, проверьте его целостность.
5. Выберите комплект, содержащий флаконы А и Б, проверьте его целостность.
6. Разгерметизируйте пробирку по функционалу под руководством офицера допинг-контроля (ОДК).
7. Заполните оба флакона, промойте и протрите до суха.
8. ОДК проводит анализ: тест, чтобы понять, достаточно ли чистота мочи для анализа.

ПРАВА И ОБЯЗАННОСТИ СПОРТСМЕНА ПРИ ПРОХОЖДЕНИИ ПРОЦЕДУРЫ ДОПИНГ-КОНТРОЛЯ

ВЫ ИМЕЕТЕ ПРАВО:

- иметь представителя, переводчика;
- запрашивать отсрочку прибытия на станцию допинг-контроля по уважительным причинам;
- запрашивать дополнительную информацию о процедуре сбора проб;
- запрашивать проведение процедуры согласно медицинским показаниям для спортсменов с ограниченными возможностями.

ВЫ ДОЛЖНЫ:

- всегда оставаться в поле зрения ОДК/наблюдателя;
- предоставлять документ, удостоверяющий личность;
- немедленно явиться для прохождения процедуры, если нет уважительных причин для отсрочки;
- выполнять требования по проведению процедуры сбора проб.

ПОМНИТЕ!

За незнание антидопинговых правил спортсмен и персонал спортсмена несут личную ответственность!

Допингом в спорте признается нарушение одного или нескольких из 11 Правил:

- НАЛИЧИЕ запрещенной субстанции, или ее метаболитов, или маркера в пробе;
- ИСПОЛЬЗОВАНИЕ или попытка использования запрещенной субстанции или метаболита;
- ОБЛАДАНИЕ запрещенной субстанцией или метаболита;
- РАСПРОСТРАНЕНИЕ или попытка распространения любой запрещенной субстанции или метода;
- НАИЗМЕНЕНИЕ или попытка наизменения любого спортивного запрещенной субстанции или метода;
- ФАЛЬСИФИКАЦИЯ или попытка фальсификации в любой составляющей допинг-контроля;
- УДОЛЖЕНИЕ, отказ или нежелание на процедуру сдачи проб;
- НАРУШЕНИЕ предоставления информации о местонахождении/пропускной тест;
- СОУЧАСТИЕ или попытка соучастия.

«Незнание закона не освобождает от ответственности» - перевод с латинского

Принцип строгой ответственности



СОБЛЮДАЙ ПРАВИЛО

ПРИНЦИП СТРОГОЙ ОТВЕТСТВЕННОСТИ

персональной обязанностью каждого спортсмена является недопущение попадания запрещенной субстанции в его организм

НАДА БЕЛАРУСЬ

ВНИМАНИЕ!

- МЕЛЬДОНИЙ ЗАПРЕЩЕН В СПОРТЕ
- ДИСКВАЛИФИКАЦИЯ 4 ГОДА
- СУЩЕСТВУЕТ АЛЬТЕРНАТИВА

НАДА БЕЛАРУСЬ

Перед применением проконсультируйтесь с медицинским работником

International Standard "List of Prohibited Substances and Methods 2024", Poster "Attention! Meldonium", booklet "Guidelines for Parents", poster "Principle of Strict Responsibility" were prepared and published in Russian language

International cooperation



The quality management system **STB ISO** **9001-2015**

In order to confirm the compliance of the Agency's quality management system with the requirements of STB ISO 9001-2015 in 2023, a periodic audit was carried out, during which there were no significant non-compliance and aspects for improvement.



Checked units, objects, sites and officials	Dates		
	10.2021	09.2022	09.2023
Director	+	+	+
Lead Counsel	+	-	+
Deputy Director	-	+	+
Testing and operational analysis department	+	-	+
Prevention, education and international cooperation department	-	+	+
Investigation and results management department	-	+	+
Accounting	-	+	+
Driver	+	-	+
Representative of the management system for quality management.	+	+	+
Quality Manager - QMS working body			
«Planning, analysis and improvement of activities» process	+	+	+
«Testing» process	+	-	+
«Management of the result and hearings» process	-	+	+
Objects of work, temporary platforms	+	+	+