

**National Anti Doping Agency
of the Republic of Belarus
Annual report 2019**

General performance indicators

- * Samples collected - **1350** (1200 Samples were planned)
- * Educational events - **170**
- * Participants of educational events - **3529**
- * Anti-doping rules violations - **15**
- * Disqualifications - **7**

General performance indicators

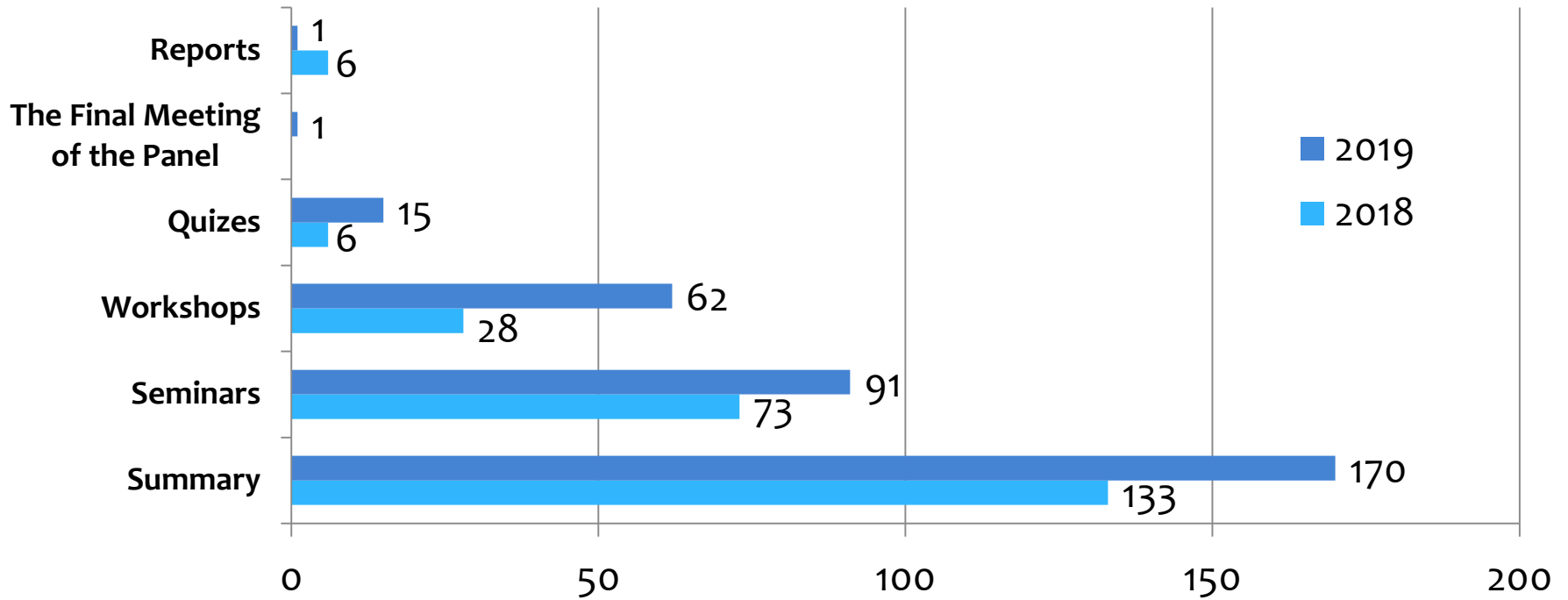
BNADA has signed the Agreement on cooperation with:
The Ministry of Health of the Republic of Belarus
The Ministry of Internal Affairs of the Republic of Belarus
The State Security Committee of the Republic of Belarus

BNADA has established cooperation with the **Ministry of Foreign Affairs** on collaboration with the **Council of Europe** and other international organizations on accreditation of the Belarussian Anti-Doping Laboratory

Maintenance of the quality management system CTB ISO 9001-2015

BNADA has been audited by an accredited certification body for the level
of maintenance of the quality system operation
STB ISO 9001-2015 on October 21, 2019

2018/2019 Educational events



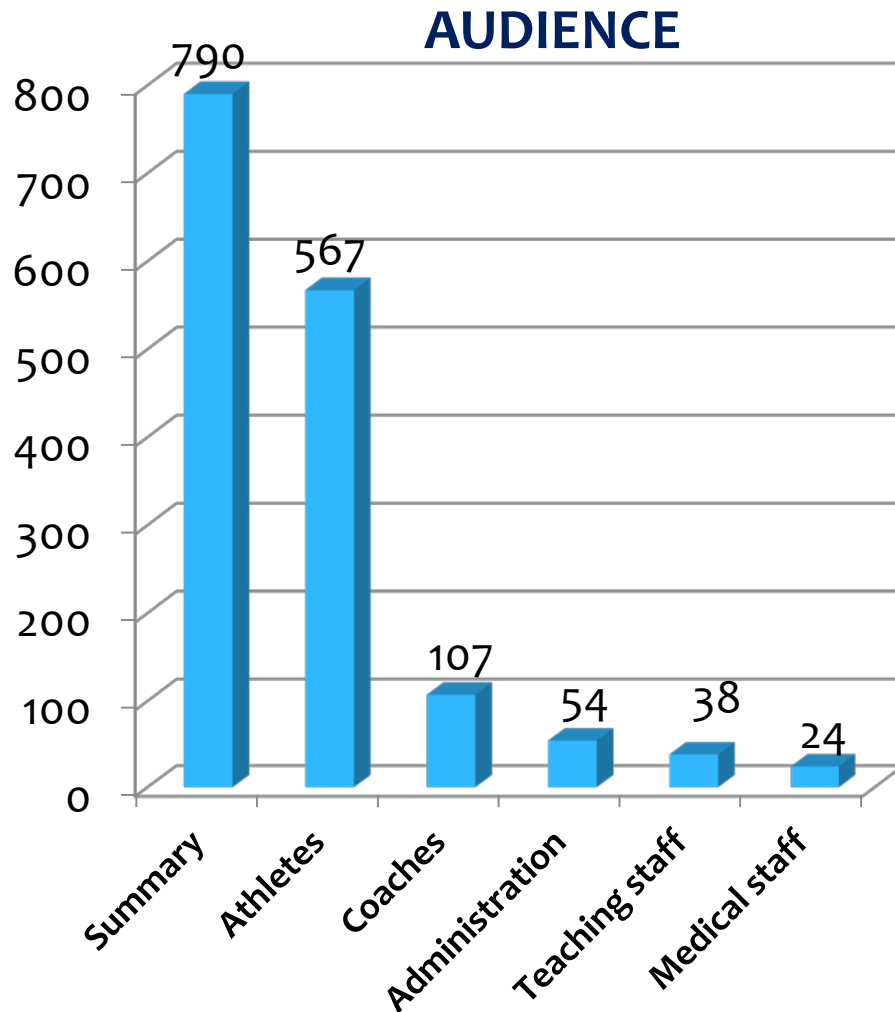
Number of participants in 2019	Athletes	Coaches	Medical staff	Sport management staff	Olympic Reserve Schools faculty	Other participants	Summary
	1472	339	309	70	56	64	3529

Educational Programme for the II European Games 2019 in Minsk

17 anti-doping seminars have been held to prepare Belarussian athletes for the II European Games 2019 in Minsk

Sport	Athletes	Coaches	Medical staff
Acrobatic	20	4	-
Aerobic	6	1	-
Badminton	11	1	1
Basketball 3x3	10	1	2
Boxing	12	2	1
Freestyle wrestling	7	-	-
Greco-Roman wrestling	7	1	-
Women wrestling	7	-	1
Cycling	12	1	1
Artistic gymnastics	6	2	2
Rhythmic gymnastics	9	-	1
Canoe sprint	18	29	2
Judo	17	1	1
Karate	19	4	-
Athletics	21	-	-
Sambo	23	2	1
Archery	7	2	-
Shooting	6	-	-
Table tennis	7	-	-
Trampoline	7	-	-
Beach soccer	10	2	1
Summary:	242	53	14

Educational Events 2019 for Olympic reserve schools' athletes and staff



16 seminars and **5** workshops have been held for Olympic reserve schools' athletes and staff

On October 2, 2019 BNADA held a seminar «Organization of anti-doping education in Olympic reserve schools» for the specialists responsible for anti-doping education of Olympic reserve schools' athletes



Interactive work effectively increases the level of anti-doping education of athletes and athletes' personnel , promoting a positive image of BNADA and conscious rejection of doping. In 2019, BNADA held OUTREACH events in cooperation with the NOC of the Republic of Belarus, International Skating Union, International Biathlon Union, International Sambo Federation and the International team of WADA at the largest competitions. The overall number of participants - 1478.



BNADA implemented anti-doping training to control knowledge of athletes, coaches and medical staff

Content:

- Anti-Doping Education Programme
- Training guide for athletes, coaches, medical staff (course materials)
- Remote teaching
- Online testing



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АГЕНТСТВО

ЗАДАТЬ ВОПРОС

ОБУЧЕНИЕ И
ТЕСТИРОВАНИЕ

- Описание курса
- Часть 1. Всемирный антидопинговый кодекс
- Часть 2. Роли и ответственность спортсмена
- Часть 3. Что такое допинг?
- Часть 4. Опасность допинга для здоровья спортсменов
- Часть 5. Запрещенный список
- Часть 6. Правило местонахождения
- Часть 7. Разрешение на терапевтическое использование (ТИ)
- Часть 8. Тестирование, сбор проб и анализ проб
- Часть 9. Последствия нарушений антидопинговых правил
- Тесты (1)

- Описание курса
- Тесты (1)

Название теста: Тест по контролю антидопинговых знаний тренеров-врачей национальных команд Республики Беларусь по виду (видам) спорта
В каждом задании с 1 по 40 укажите только один правильный ответ
Количество попыток: неограниченное количество
Ограничение времени: 50 мин.
Тип прохождения теста: разрешен переход к следующему вопросу без ответа на текущий вопрос, **нельзя** изменять свои ответы.

Начать

- Описание курса
- ГЛАВА 1 СИСТЕМА БОРЬБЫ С ДОПИНГОМ В СПОРТЕ
- ГЛАВА 2 ОПАСНОСТЬ ПРИМЕНЕНИЯ ДОПИНГА

ДУНАРОДНЫЕ

ТРЕНЕРА В
ГОВОЙ ПОДГОТОВКЕ

Вопрос 1 2 3 4 5 6 7 8 9 10

Укажите факторы риска применения допинга?

Выберите ответ:

- Убеждение, что все остальные используют допинг.
- Готовность использовать запрещенные методы или субстанции, если они обеспечат успех
- Раздражительность от полученных результатов.
- Все вышеперечисленное.

Назад

Далее

Закончить

Количество правильных ответов - 0%.

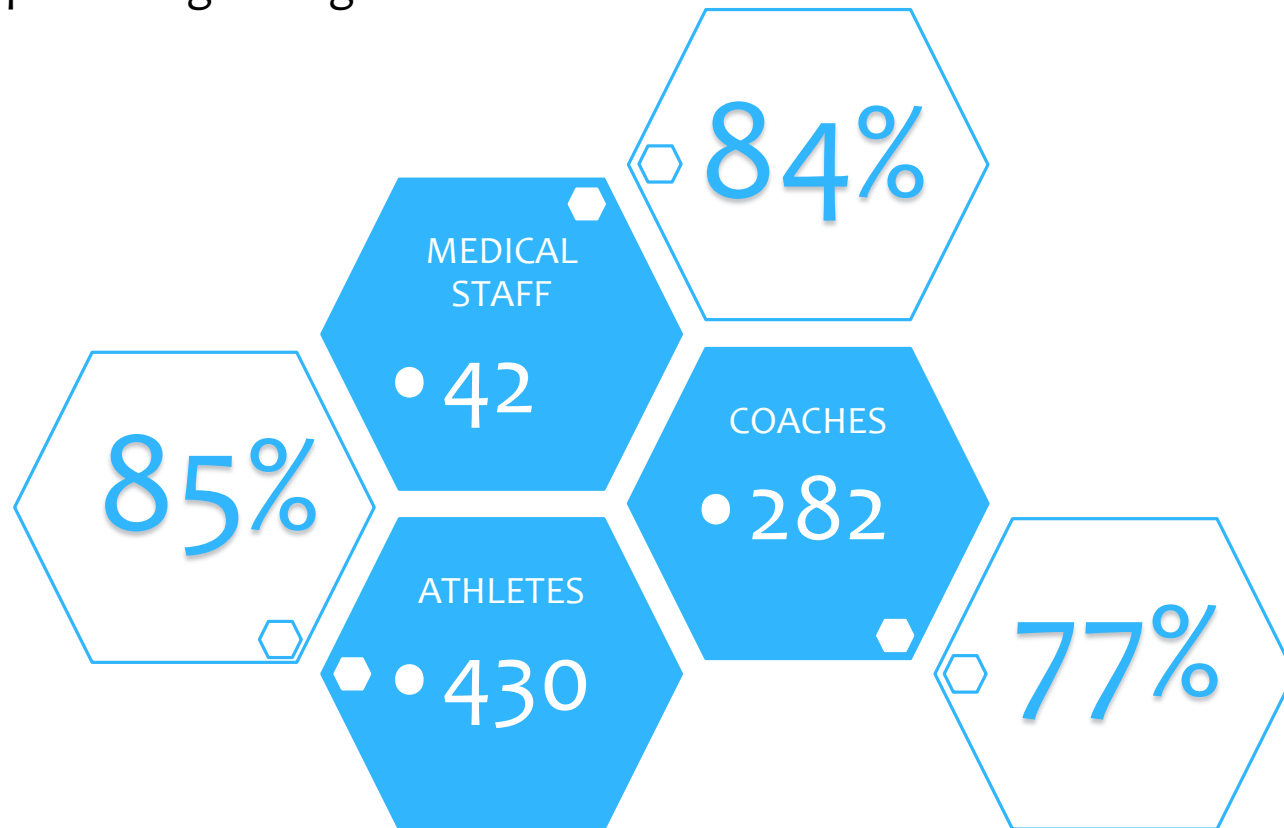
Начать курс обучения

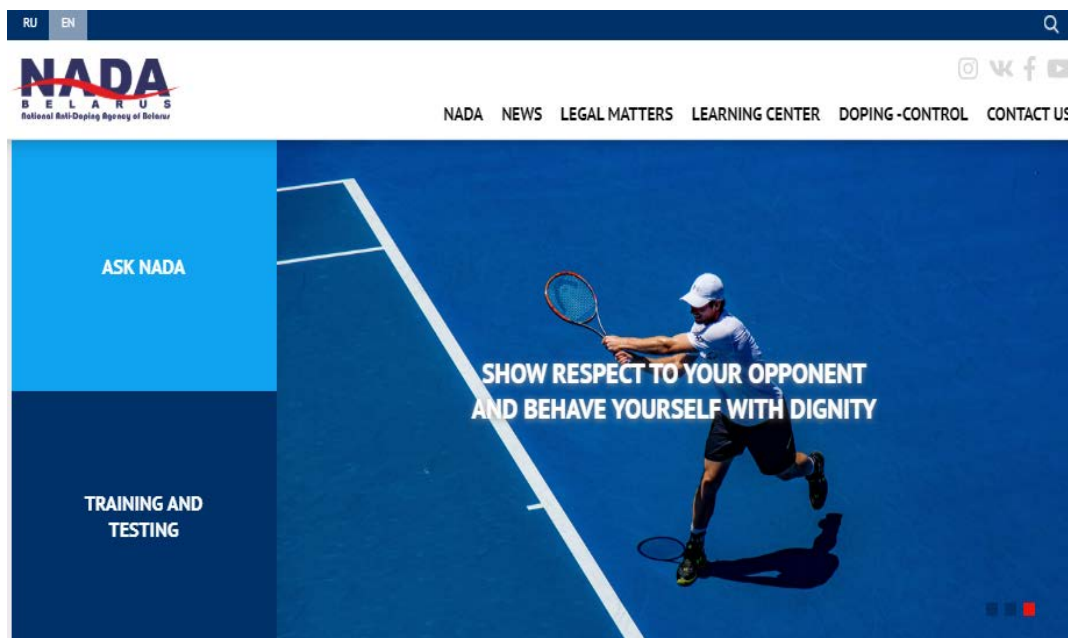
Educational programmes

Online testing

754 users were tested from November 2018 to December 2019.

The average percentage of right answers - 82%.





BNADA website provides all the information that athletes and their personnel need.

Timely updates of news, educational materials, information about disqualifications and etc.

BNADA website has the feedback form and specialists quickly answer all the possible questions: 35 requests were processed in 2019.

The site has English version.

In 2019, the site has been visited by 23046 users.

57.7% of users used search engines; 24.3% visited the site directly; 2.15% switched from social networks.

Most visitors use smartphones - 53.5% ; PC - 44.6%; tablets - 1.88%.

The most active site visitors aged 18-24 years - 30.4%; 25-34 years - 30.2%; 35-44 years - 16.2%.



Information on the activities of the Agency is available on social networks Vkontakte, Facebook, Instagram. Photo reports and information on ongoing events are constantly updated. Viber (messenger app) is always available to consult athletes and their personnel.

REPORT DOPING

CHECK
MEDICATIONS
AND
SUPPLEMENTS



«DopingCheck - проверка наличия субстанций запрещенного списка ВАДА»

[Руководство пользователя](#) [Условия использования](#) [Обратная связь](#)

Категория пользователя

Тренер

Вид спорта

Гимнастика художественная

Период

Любой

Пол

Мужской ♂

Женский ♀

Препарат или субстанция

фуросемид-виал

Внимание допинг !



Виды Спорта:

Период

Пол

Гимнастика художественная

Соревновательный

Мужской

Внесоревновательный

Женский

Препарат "фуросемид-виал" содержит субстанцию "Фуросемид".

Предупреждение:

Субстанция: "Фуросемид" включена в запрещенный список ВАДА

Класс: S5. ДИУРЕТИКИ И МАСКИРУЮЩИЕ АГЕНТЫ

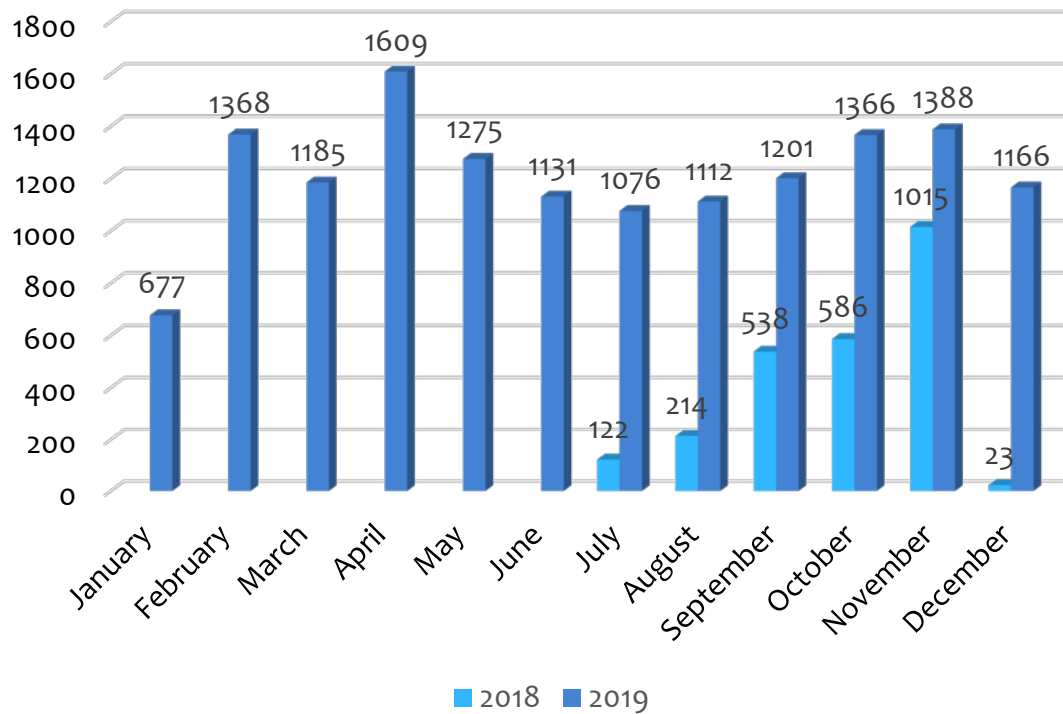
Группа: Диуретики и маскирующие агенты

Подгруппа: Диуретики и маскирующие агенты

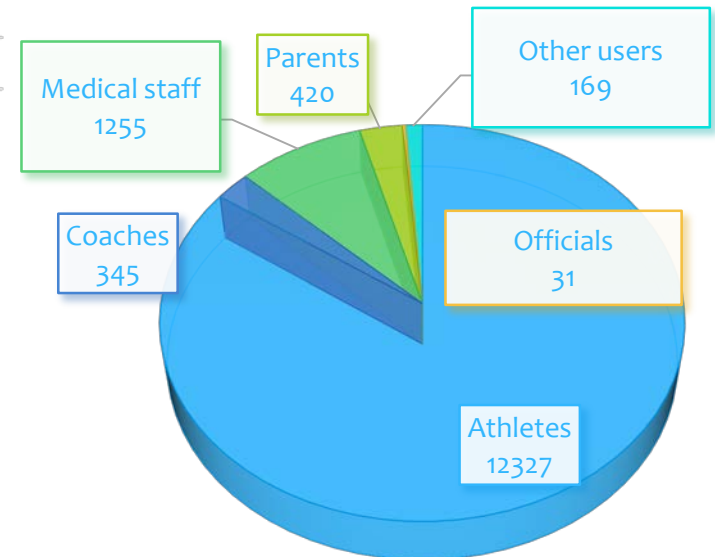
Внимание допинг !



Doping Check requests



In 2019, visitors used **Doping Check** for **14554** times

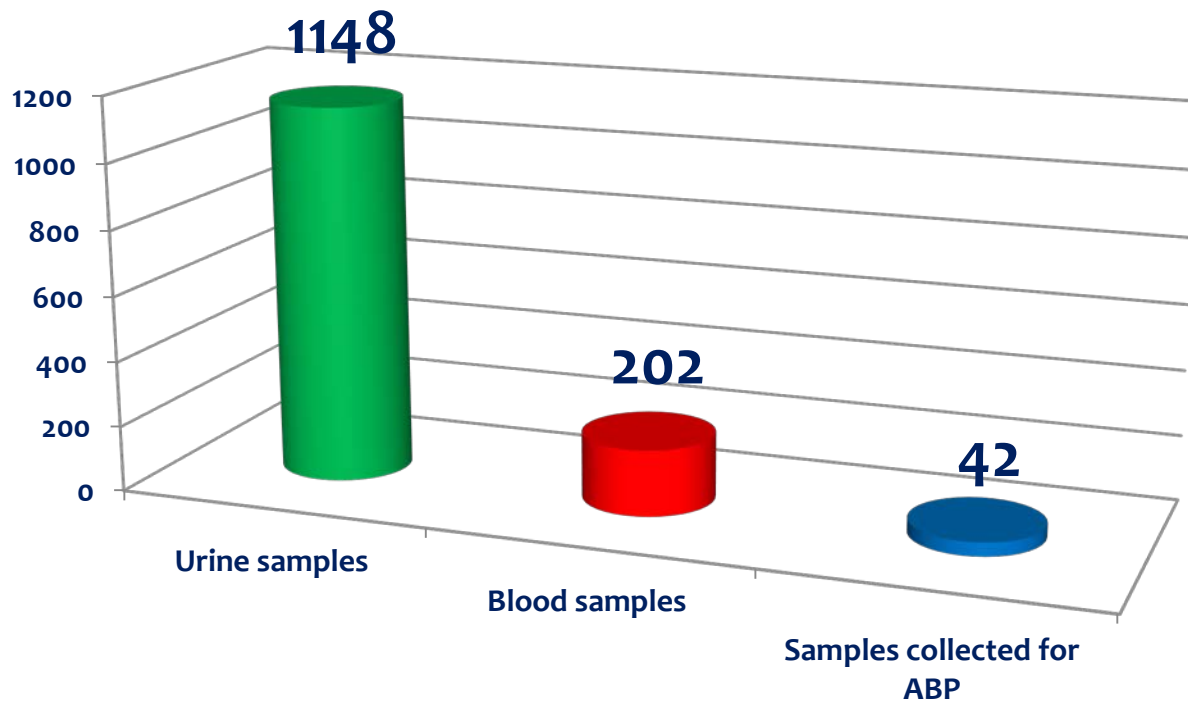


Countering doping

In order to increase the effectiveness of the fight against doping in Belarus, BNADA has launched ad campaign with famous athletes and coaches in biathlon, rowing, athletics, tennis, rhythmic gymnastics, judo, football, handball, fencing, cycling, etc. named **“WIN HONESTLY”**



Total number of urine and blood samples collected in 2019 National Programme



The share of additional types of analyzes as a percentage of the total number of samples in 2019

Winter sports

Sport	Discipline	ESA's % /GHRF's/GH % (TDSSA)	Total number of samples	ESA's %/ number	GHRF's %/ number	GH %/ number	ABP	In- Competition	Out-of- Competition
Biathlon	Biathlon	60/10/10	43	65/28	11,6/5	11,6/5	4	18	25
Skiing	Cross-country skiing	60/10/10	6	66,6/4	16,6/1	16,6/1		4	2
	Aerial skiing	10/5/5	13	15,4/2	15,4/2	7,7/1			13
Speed skating	1500 and more	30/10/10	7	42,85/3	14,3/1	14,3/1			6
	1500 and less	15/10/10	10	20/2	20/2	10/1		8	2
	Short track	15/10/10	8	25/2	12,5/1	12,5/1		6	2
Hockey	Ice hockey	5/10/10	20	10/2	10/2	10/2		10	10

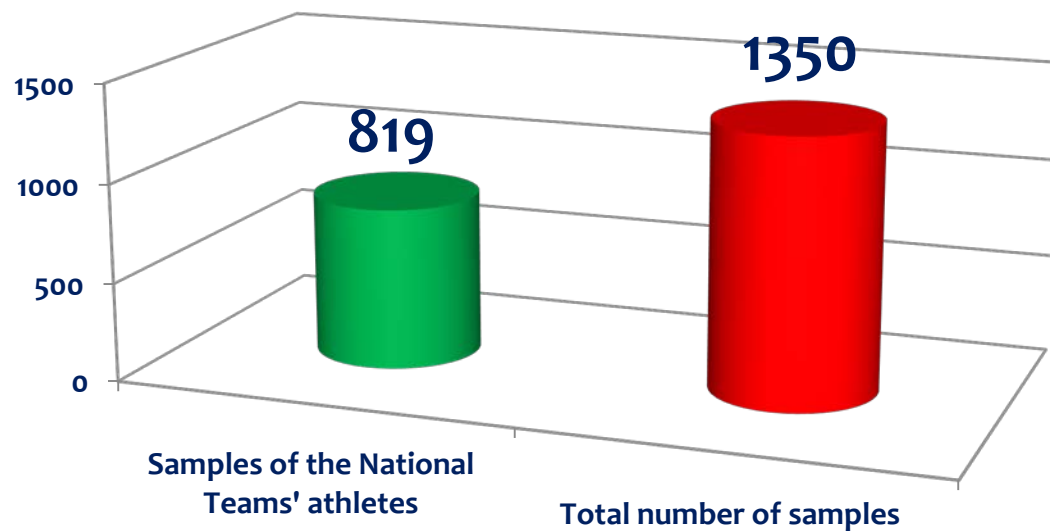
Summer sports

Sport	Discipline	ESA's % /GHRF's/GH % (TDSSA)	Total number of samples	ESA's %/ number	GHRF's %/ number	GH %/ number	ABP	In- Competition	Out-of- Competition
Water sports	Swimming– sprint	10/10/10	26	115,4/4	15,4/4	19,2/5	8	13	13
	Swimming– middle distance	15/5/5	10	20/2	10/1	10/1		9	1
	Swimming – long distance	30/5/5	8	37,5/3	12,5/1	12,5/1		7	1
Canoeing	Sprint	10/10/10	18	11/2	11/2	11/2	1	13	5
	Middle distance	15/10/10	12	33,3/4	16,6/2	16,6/2	3	1	11
	Long distance	30/5/5	30	33/10	6,6/2	6,6/2	2	17	13
Rowing	Rowing	30/10/10	28	32/9	10,7/3	10,7/3		18	10
Cycling	BMX	5/10/10	3	33/1	33/1	33/1		2	1
	Road	60/10/10	26	61,5/16	11,5/3	11,5/3		9	17
	Track –long distance	60/10/10	27	63/17	11,1/3	11,1/3	1	17	10
	Track–sprint	10/10/10	7	14/1	14/1	14/1		3	4
Gymnastics	Rhythmic gymnastics	5/5/5	15	6,7/1	6,7/1	6,7/1		7	8

Sport	Discipline	ESA's % /GHRF's/GH % (TDSSA)	Total number of samples	ESA's %/ number	GHRF's %/ number	GH %/ number	ABP	In- Competition	Out-of- Competition
Gymnastics	Aerobics	10/5/5	13	15,4/2	15,4/2	7,7/1		9	4
	Acrobatics	5/10/10	12	16,6/2	16,6/2	16,6/2		6	6
	Trampoline	5/5/5	8	12,5/1	12,5/1	12,5/1			8
	Artistic gymnastics	10/10/10	14	14/2	14/2	14/2		13	1
Basketball	3x3	10/10/10	20	10/2	10/2	15/3		4	16
Boxing	Boxing	15/10/10	29	17,2/5	13,8/4	13,8/4		8	21
Judo	Judo	10/10/10	60	10/6	10/6	11,7/7			60
Sambo	Sambo	10/10/10	59	10,2/6	10,2/6	10,2/6			59
Fighting	All	15/10/10	132	15,2/20	10,6/14	12/16		30	102
Powerlifting	Powerlifting	5/30/30	6	16,67/1	33/2	33/2		6	
Weightlifting	Weightlifting	5/30/30	117	6/7	31,6/37	30/35	2	71	46
Athletics	All-round	15/15/15	36	16,67/6	16,67/6	16,67/6	2	19	17
	Jumping	10/15/15	47	10,6/5	17/8	29,8/14		16	31
	Throwing	5/15/15	148	5,4/8	15,5/23	18,2/27		68	80
	Running–long distance	60/5/5	58	60,3/35	5,2/3	6,7/4	16	16	42

Sport	Discipline	ESA's % /GHRF's/GH % (TDSSA)	Total number of samples	ESA's %/ number	GHRF's %/ number	GH %/ number	ABP	In-Competition	Out-of-Competition
Athletics	Running– middle distance	30/10/10	29	31/9	10,3/3	13,8/4	3	17	12
	Running– sprint	10/15/15	71	11,3/8	15,5/11	19,7/14		42	29
Archery	Archery	0/0/0	9	-	-	-		4	5
Tennis	Tennis	10/5/5	5	20/1	20/1	20/1		4	1
Modern pentathlon	Modern pentathlon	5/5/5	12	8,3/1	8,3/1	8,3/1		8	4
Taekwondo	Sparring	10/10/10	6	16,6/1	16,6/1	16,6/1		2	4
Volleyball	Volleyball	10/10/10	10	10/1	10/1	10/1			10
Handball	Handball (indoor)	10/10/10	20	10/2	10/2	15/3		6	14
Table tennis	Table tennis	5/5/5	10	10/1	10/1	10/1		4	6
Shooting	Bullseye shooting	0/0/0	20	-	-	-		11	9
	Skeet shooting	0/0/0	1	-	-	-			1
Badminton	Badminton	10/10/10	5	20/1	20/1	20/1			5
Karate	Karate	10/10/10	18	11/2	11/2	11/2		2	16
Soccer	Beach soccer	5/5/5	18	5,5/1	5,5/1	5,5/1			18
	Soccer	10/10/10	23	13/3	13/3	13/3			23
Triathlon	All	60/10/10	9	66,67/6	22/2	11/1		5	4
Invasport	Swimming–Sprint	5/10/10	4	25/1	25/1	25/1			4
	Athletics– Throwing	5/10/10	4	25/1	25/1	25/1			4
Summary:		1350					42	533	817

Samples of the National Teams' athletes in 2019 National Programme



Testing Programme at the II European Games 2019 in Minsk

510 samples of candidates for participation in the Games in a pre-Games time:

- **100** blood samples (including for ABP)
- **410** urine samples (including samples collected by IF)

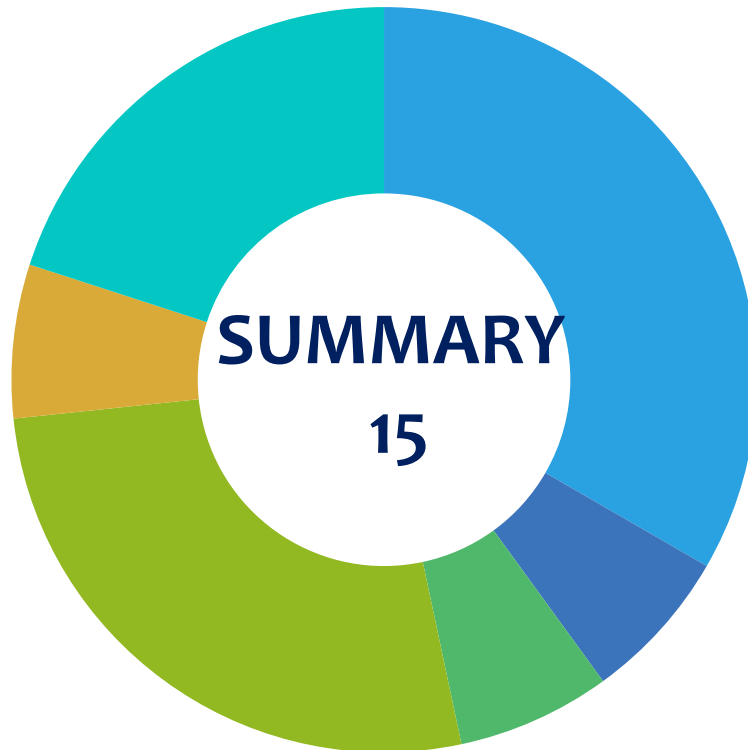
BNADA collected **369** samples of 269 athletes in 23 sports:

- **321** urine samples
- **48** blood samples

National registered testing pool 2019

Sport	Number of athletes in 2019
Freestyle wrestling	3
Greco-Roman wrestling	1
Boxing	2
Biathlon	3
Cycling	2
Canoe sprint	9
Rowing	1
Athletics	43
Speed skating	3
Swimming	6
Weightlifting	6
Freestyle skiing	4
Summary: 83 athletes in 12 sports	

Anti-doping rules violations by Belarussian athletes in 2019



■ ADRVs detected by BNADA

■ ADRVs detected by IFs

■ ADRVs under investigation of BNADA (judgement expected in 2020)

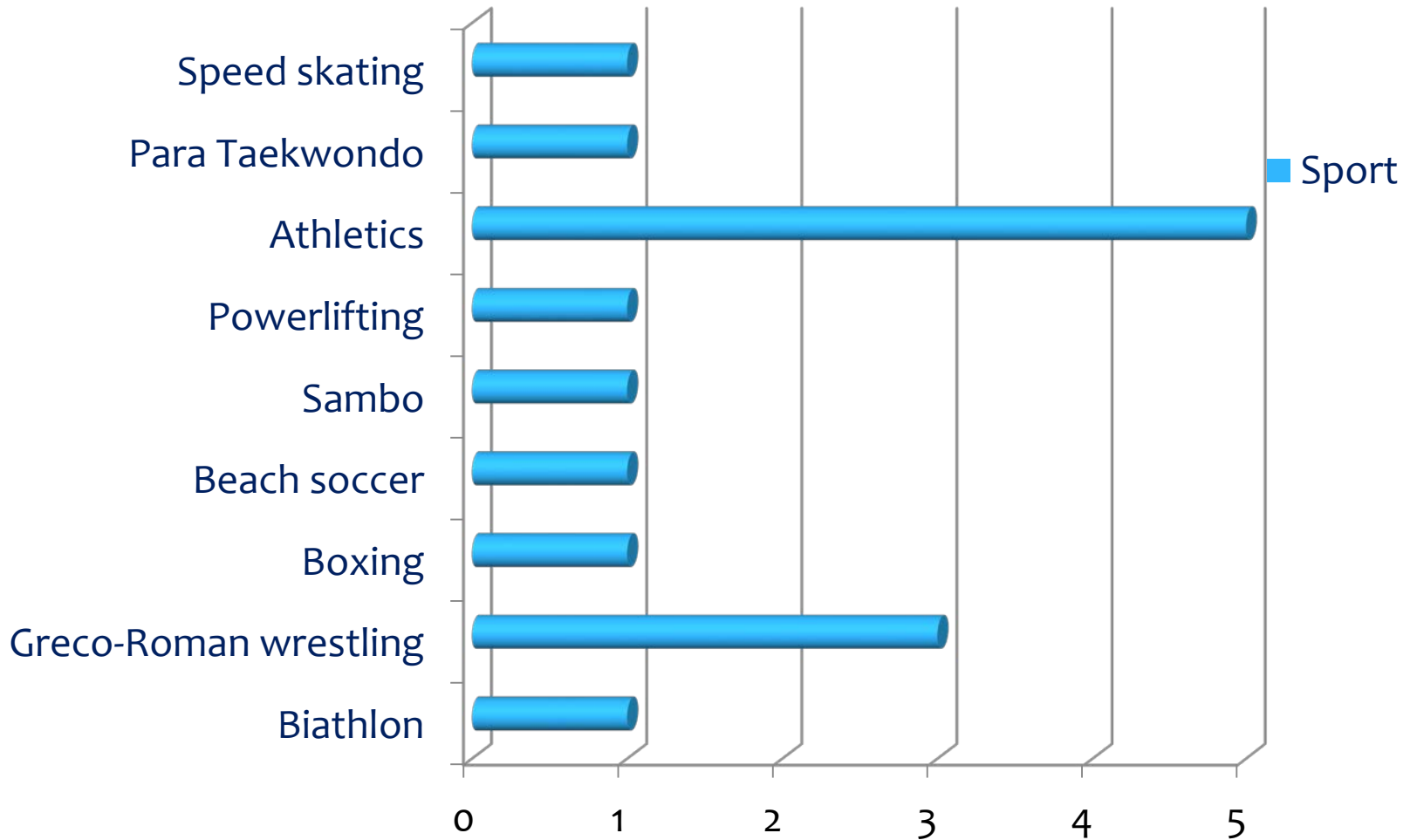
■ ADRVs under investigation of IFs (judgement expected in 2020)

■ CAS appeals

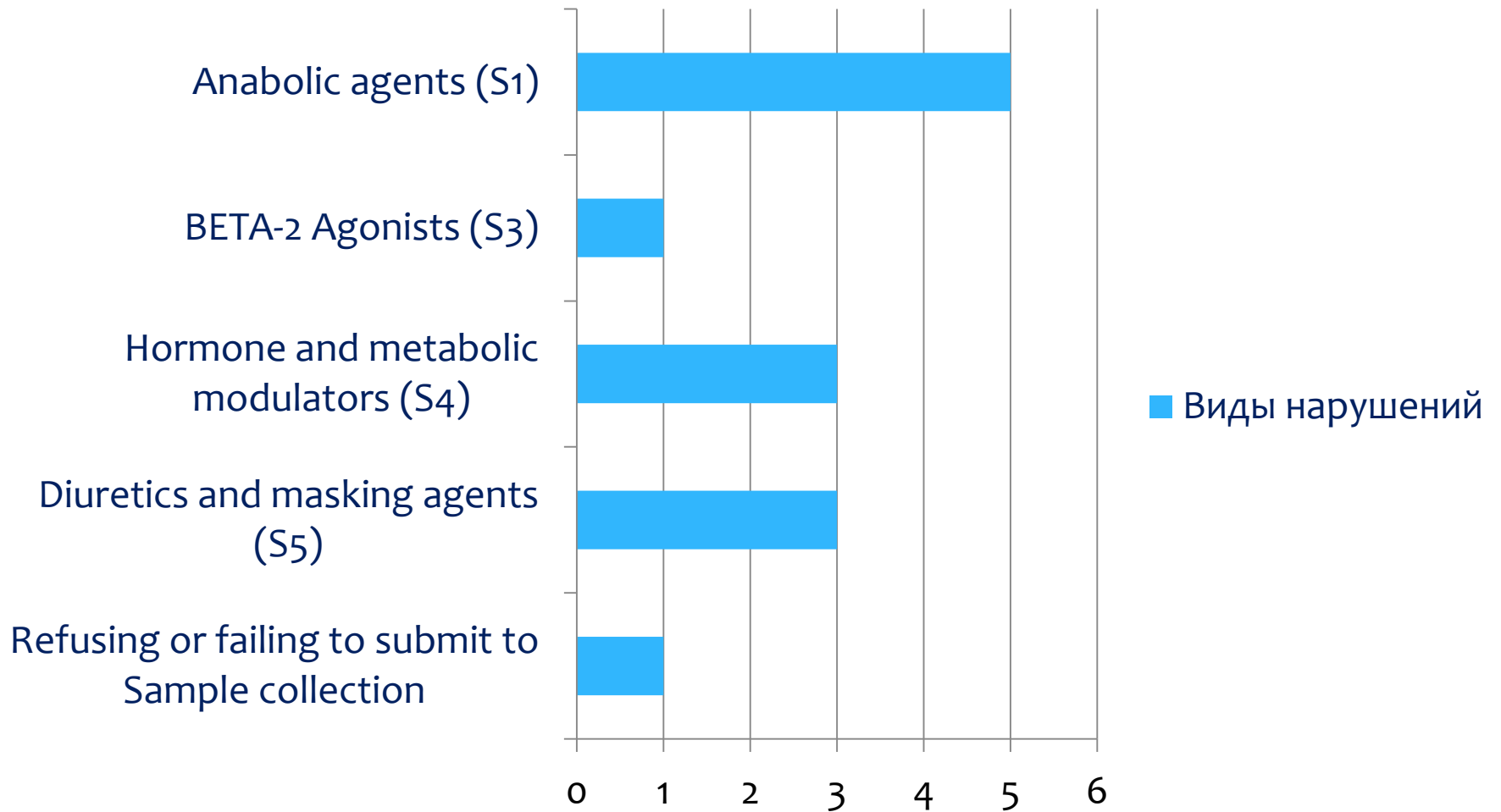
■ ADRVs related to samples doublecheck (Olympics 2012)

10 athletes of the National teams of Belarus
5 athletes out of the lists

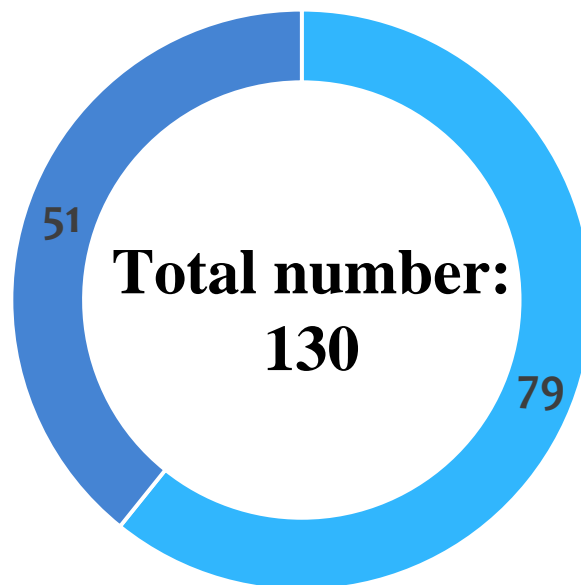
ADRVs in different sports in 2019



Types of ADRVs in 2019



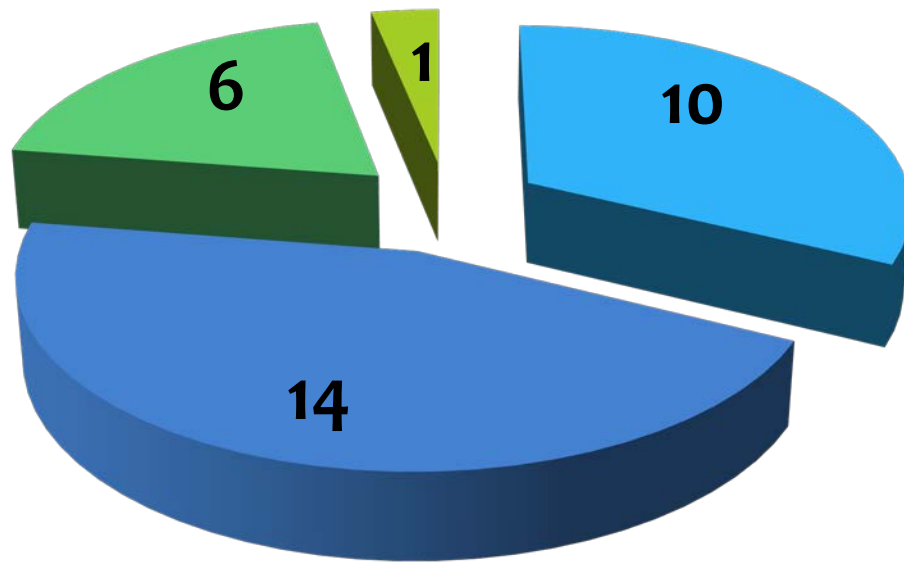
Atypical findings of Belarussian athletes



■ 2018 ■ 2019

- * 79 athletes with Atypical findings were detected in 2018
- * 51 athletes with Atypical findings were detected in 2019
- * 114 athletes got ABP Monitoring group recommendations

Statistics on missed tests and filing failures in 2019



■ Missed tests detected by BNADA

■ Filing failures detected by BNADA

■ Missed tests detected by IFs

■ Filing failures detected by IFs

Work of the Disciplinary Anti-Doping Commission and BNADA decisions on disqualifications in 2019

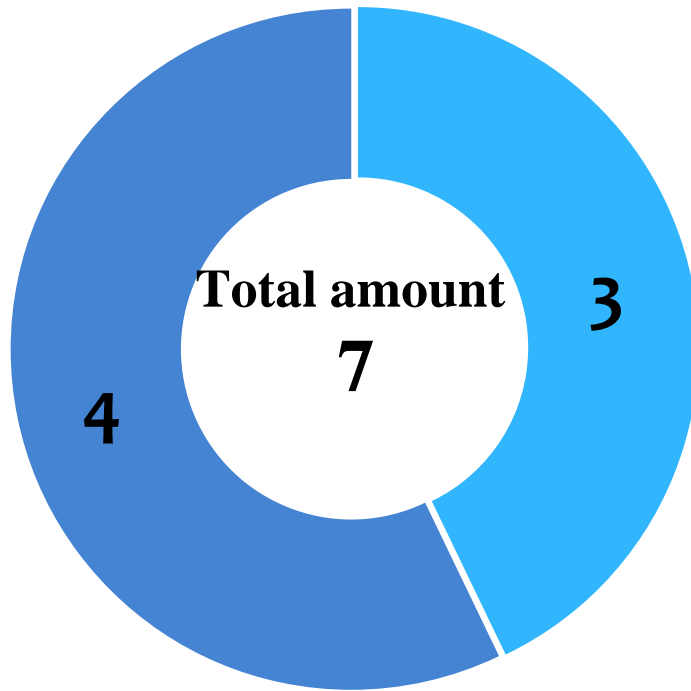
In 2019, 10 meetings of the Disciplinary Anti-Doping Commission were held, including organizational meetings and hearings regarding anti-doping rules violations.

7 athletes were disqualified (including 3 athletes disqualified as part of the investigation initiated in 2018).

BNADA took 1 decision on disqualification without hearings of the Disciplinary Anti-Doping Commission due to the fact that an athlete took the consequences proposed by BNADA and decided to bypass the hearings.



Statistics on BNADA TUE Commission decisions in 2019



- Number of TUE issued
- TUE processing is not required

Substances:

Diuretics and masking agents (S₅)

BETA-2 Agonists (S₃)

Number of anonymous tips regarding possible ADRVs in 2019



Total number
6

- Veracity of the Information wasn't confirmed