National Anti Doping Agency of the Republic of Belarus Annual report 2019

General performance indicators

- * Samples collected 1350 (1200 Samples were planned)
- * Educational events 170
- * Participants of educational events 3529
- * Anti-doping rules violations 15
- * Disqualifications 7

General performance indicators

BNADA has signed the Agreement on cooperation with:

The Ministry of Health of the Republic of Belarus

The Ministry of Internal Affairs of the Republic of Belarus

The State Security Committee of the Republic of Belarus

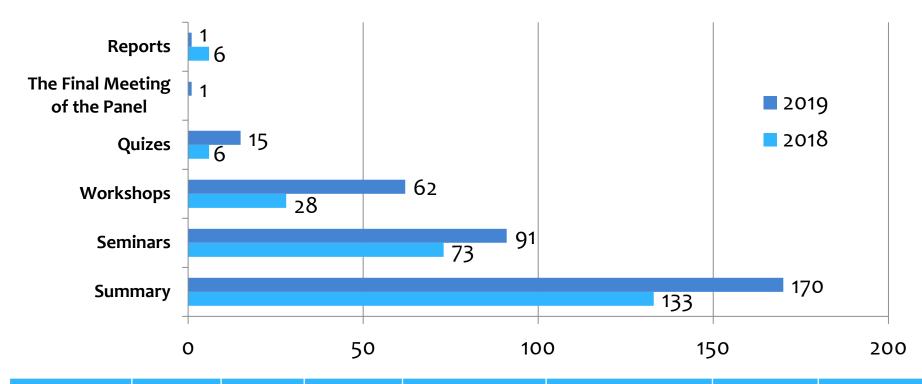
BNADA has established cooperation with the **Ministry of Foreign Affairs** on collaboration with the **Council of Europe** and other international organizations on accreditation of the Belarussian Anti-Doping Laboratory

Maintenance of the quality management system CTE ISO 9001-2015

BNADA has been audited by an accredited certification body for the level of maintenance of the quality system operation

STB ISO 9001-2015 on October 21, 2019

2018/2019 Educational events



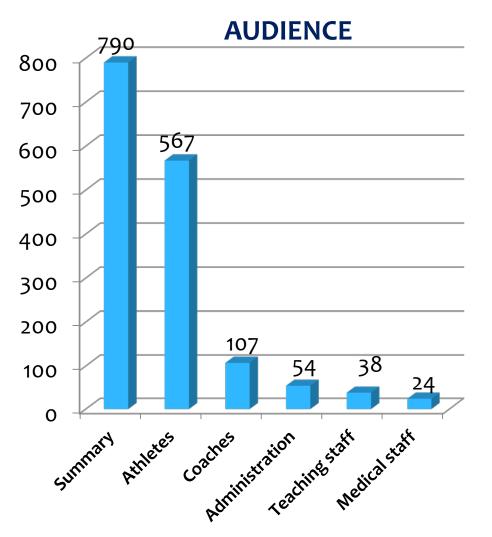
Number of participants	Athletes	Coaches	Medical staff	Sport management staff	Olympic Reserve Schools faculty		Summary
in 2019	1472	339	309	70	56	64	3529

Educational Programme for the II European Games 2019 in Minsk

17 anti-doping seminars have been held to prepare Belarussian athletes for the II European Games 2019 in Minsk

Sport	Athletes	Coaches	Medical staff
Acrobatic	20	4	-
Aerobic	6	1	-
Badminton	11	1	1
Basketball 3x3	10	1	2
Boxing	12	2	1
Freestyle wrestling	7	-	-
Greco-Roman wrestling	7	1	-
Women wrestling	7	-	1
Cycling	12	1	1
Artistic gymnastics	6	2	2
Rhythmic gymnastics	9	-	1
Canoe sprint	18	29	2
Judo	17	1	1
Karate	19	4	-
Athletics	21	-	-
Sambo	23	2	1
Archery	7	2	-
Shooting	6	-	-
Table tennis	7	-	-
Trampoline	7	-	-
Beach soccer	10	2	1
Summary:	242	53	14

Educational Events 2019 for Olympic reserve schools' athletes and staff



16 seminars and 5 workshops have been held for Olympic reserve schools' athletes and staff

On October 2, 2019 BNADA held a seminar «Organization of antidoping education in Olympic reserve schools» for the specialists responsible for anti-doping education of Olympic reserve schools' athletes



OUTREACH

Interactive work effectively increases the level of anti-doping education of athletes and athletes' personnel, promoting a positive image of BNADA and conscious rejection of doping. In 2019, BNADA held OUTREACH events in cooperation with the NOC of the Republic of Belarus, International Skating Union, International Biathlon Union, International Sambo Federation and the International team of WADA at the largest competitions. The overall number of participants - 1478.



Educational programmes

BNADA implemented anti-doping training to control knowledge of athletes, coaches and medical staff

Content:

Anti-Doping Education Programme

Тесты (1)

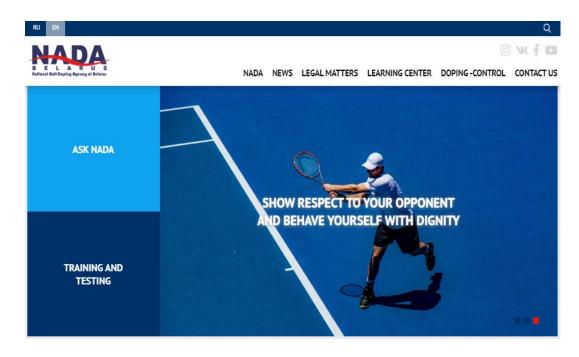
- Training guide for athletes, coaches, medical staff (course materials)
- Remote teaching
- Online testing Описание курса Название теста: Тест по контролю антидопинговых знаний тренеров-врачей национальных команд Республики Беларусь по виду (видам) спорта Тесты (1) В каждом задании с 1 по 40 укажите только один правильный ответ Количество попыток: неограниченное количество +375(17) 227-11-63 - тел/факс Ограничение времени: 50 мин. +375(17) 238-03-31 Тип прохождения теста: разрешен переход к следующему вопросу без ответа на текущий вопрос, нельзя +375(29) 589-44-93 (9) ΑΓΕΗΤΟΤΒΟ изменять свои ответы. **АГЕНТСТВО РЕСПУБЛИКИ БЕЛЯРУСЬ** Начать Описание курса Bonpoc 4 1 2 3 4 5 6 7 8 9 10 > допингом в спорте Укажите факторы риска применения допинга? ЗАДАТЬ ВОПРОС ГЛАВА 2 ОПАСНОСТЬ ПРИМЕНЕНИЯ ДОПИНГА ДУНАРОДНЫЕ Выберите ответ: Описание курса **ЧАСТЬ 1. ВСЕМИРНЫЙ АНТИДОПИНГОВЫЙ КОДЕКС И ЕГО ПРИМЕНЕНИЕ** ЧАСТЬ 2, РОЛИ И ОБЯЗАННОСТИ СПОРТСМЕНА Часть 1. Всемирный ○ Убеждение, что все остальные используют допинг. TPEHEPA B ЧАСТЬ 3, ЧТО ТАКОЕ ЛОПИНГ? антидопинговый колекс ЧАСТЬ 4. ОПАСНОСТЬ ДОПИНГА ДЛЯ ЗДОРОВЬЯ СПОРТСМЕНОВ говой подготовке Готовность использовать запрещенные методы или субстанции, если они обеспечат усп Часть 2. Роли и ответственность ЧАСТЬ 5. ЗАПРЕЩЕННЫЙ СПИСОК Раздражительность от полученных результатов. НАСТЬ 6. РАЗРЕШЕНИЕ НА ТЕРАПЕВТИЧЕСКОЕ ИСПОЛЬЗОВАНИЕ ЧАСТЬ 7. ТЕСТИРОВАНИЕ, СБОР И АНАЛИЗ ПРОБ Часть 3. Что такое допинг? Все вышеперечисленное Часть 4. Опасность допинга для ЧАСТЬ 8. ПОСЛЕДСТВИЯ НАРУШЕНИЯ АНТИЛОПИНГОВЫХ ПРАВИЛ здоровья спортсменов Часть 5. Запрешенный список Часть 6. Правило местонахождения Начать курс обучения Иасть 7 Разпешение на тепапевтическое использование ОБУЧЕНИЕ И Количество правильных ответов - 0% **ТЕСТИРОВАНИЕ** Часть 8. Тестирование, сбор проб и Часть 9. Последствия нарушений антидопинговых правил

Educational programmes Online testing

754 users were tested from November 2018 to December 2019.

The average percentage of right answers - 82%. **MEDICAL STAFF** COACHES • 282 **ATHLETES**

Informing



BNADA website provides all the information that athletes and their personnel need.

Timely updates of news, educational materials, information about disqualifications and etc.

BNADA website has the feedback form and specialists quickly answer all the possible questions: 35 requests were processed in 2019.

The site has English version.

In 2019, the site has been visited by 23046 users.

57.7% of users used search engines; 24.3% visited the site directly; 2.15% switched from social networks.

Most visitors use smartphones - 53.5%; PC - 44.6%; tablets - 1.88%.

The most active site visitors aged 18-24 years - 30.4%; 25-34 years - 30.2%; 35-44 years - 16.2%.









Information on the activities of the Agency is available on social networks Vkontakte, Facebook, Instagram. Photo reports and information on ongoing events are constantly updated. Viber (messanger app) is always available to consult athletes and their personnel.

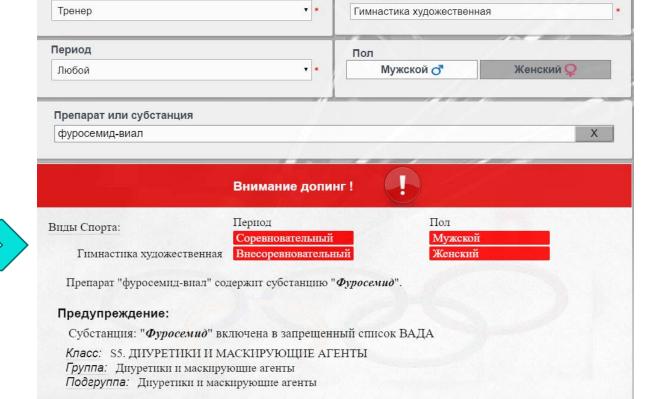
DopingCheck

Руководство пользователя Условия использования Обратная связь

REPORT DOPING

CHECK
MEDICATIONS
AND
SUPPLEMENTS





«DopingCheck - проверка наличия субстанций запрещенного списка ВАДА»

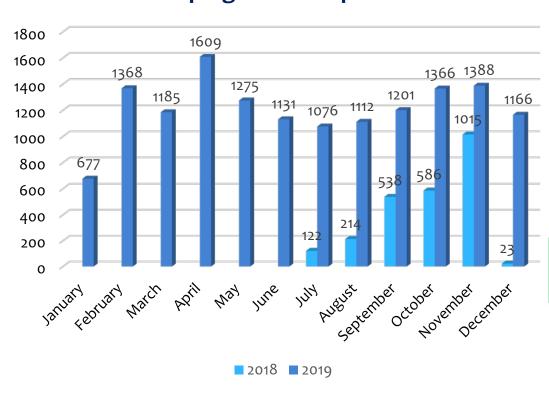
Вид спорта

Категория пользователя

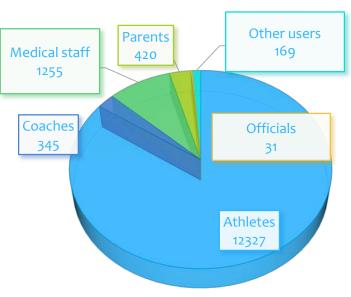


DopingCheck

Doping Check requests



In 2019, visitors used **Doping Check** for **14554times**



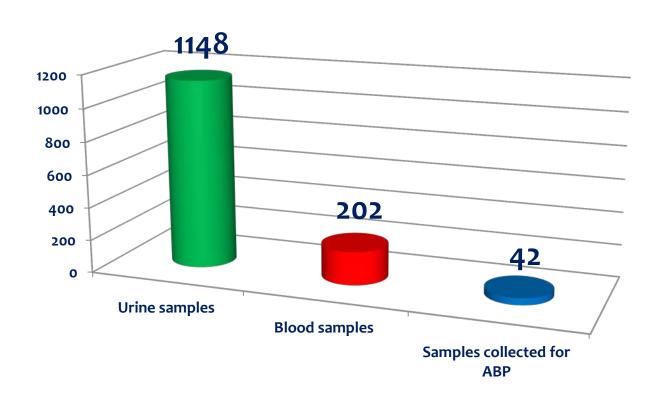
Countering doping

In order to increase the effectiveness of the fight against doping in Belarus, BNADA has launched ad campaign with famous athletes and coaches in biathlon, rowing, athletics, tennis, rhythmic gymnastics, judo, football, handball, fencing, cycling, etc. named "WIN HONESTLY"





Total number of urine and blood samples collected in 2019 National Programme



The share of additional types of analyzes as a percentage of the total number of samples in 2019

\mathbf{W}	ntar	ch	orts
$\mathbf{v}\mathbf{v}$		319	ULG

Sport	Discipline	ESA's % /GHRF's/GH % (TDSSA)	Total number of samples	ESA's %/ number	GHRF's %/ number	GH %/ number	ABP	In- Competition	Out-of- Competition
Biathlon	Biathlon	60/10/10	43	65/28	11,6/5	11,6/5	4	18	25
Skiing	Cross-country skiing	60/10/10	6	66,6/4	16,6/1	16,6/1		4	2
	Aerial skiing	10/5/5	13	15,4/2	15,4/2	7,7/1			13
	1500 and more	30/10/10	7	42,85/3	14,3/1	14,3/1			6
Speed skating	1500 and less	15/10/10	10	20/2	20/2	10/1		8	2
	Short track	15/10/10	8	25/2	12,5/1	12,5/1		6	2
Hockey	Ice hockey	5/10/10	20	10/2	10/2	10/2		10	10

Summer sports

Sport	Discipline	ESA's % /GHRF's/GH % (TDSSA)	Total number of samples	ESA's %/ number	GHRF's %/ number	GH %/ number	АВР	In- Competition	Out-of- Competition
	Swimming– sprint	10/10/10	26	115,4/4	15,4/4	19,2/5	8	13	13
Water sports	Swimming– middle distance	15/5/5	10	20/2	10/1	10/1		9	1
	Swimming – long distance	30/5/5	8	37,5/3	12,5/1	12,5/1		7	1
	Sprint	10/10/10	18	11/2	11/2	11/2	1	13	5
Canoeing	Middle distance	15/10/10	12	33,3/4	16,6/2	16,6/2	3	1	11
	Long distance	30/5/5	30	33/10	6,6/2	6,6/2	2	17	13
Rowing	Rowing	30/10/10	28	32/9	10,7/3	10,7/3		18	10
	ВМХ	5/10/10	3	33/1	33/1	33/1		2	1
Cycling	Road	60/10/10	26	61,5/16	11,5/3	11,5/3		9	17
Cycling	Track –long distance	60/10/10	27	63/17	11,1/3	11,1/3	1	17	10
	Track–sprint	10/10/10	7	14/1	14/1	14/1		3	4

6,7/1

15

6,7/1

6,7/1

8

7

Gymnastics

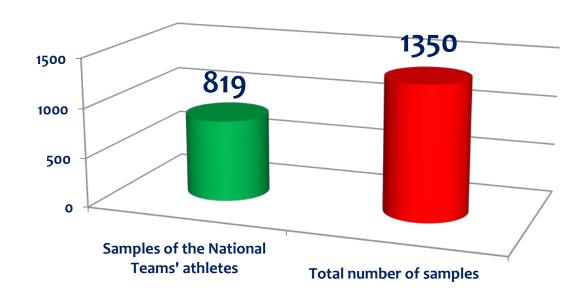
Rhythmic gymnastics

5/5/5

Sport	Discipline	ESA's % /GHRF's/GH % (TDSSA)	Total number of samples	ESA's %/ number	GHRF's %/ number	GH %/ number	АВР	In- Competition	Out-of- Competition
	Aerobics	10/5/5	13	15,4/2	15,4/2	7,7/1		9	4
	Acrobatics	5/10/10	12	16,6/2	16,6/2	16,6/2		6	6
Gymnastics	Trampoline	5/5/5	8	12,5/1	12,5/1	12,5/1			8
	Artistic gymnastics	10/10/10	14	14/2	14/2	14/2		13	1
Basketball	3x3	10/10/10	20	10/2	10/2	15/3		4	16
Boxing	Boxing	15/10/10	29	17,2/5	13,8/4	13,8/4		8	21
Judo	Judo	10/10/10	60	10/6	10/6	11,7/7			60
Sambo	Sambo	10/10/10	59	10,2/6	10,2/6	10,2/6			59
Fighting	All	15/10/10	132	15,2/20	10,6/14	12/16		30	102
Powerlifting	Powerlifting	5/30/30	6	16,67/1	33/2	33/2		6	
Weightlifting	Weightlifting	5/30/30	117	6/7	31,6/37	30/35	2	71	46
	All-round	15/15/15	36	16,67/6	16,67/6	16,67/6	2	19	17
Athletics	Jumping	10/15/15	47	10,6/5	17/8	29,8/14		16	31
Auneucs	Throwing	5/15/15	148	5,4/8	15,5/23	18,2/27		68	80
	Running-long distance	60/5/5	58	60,3/35	5,2/3	6,7/4	16	16	42

Sport	Discipline	ESA's % /GHRF's/GH % (TDSSA)	Total number of samples	ESA's %/ number	GHRF's %/ number	GH %/ number	АВР	In- Competition	Out-of- Competition
Athletics	Running– middle distance	30/10/10	29	31/9	10,3/3	13,8/4	3	17	12
	Running– sprint	10/15/15	71	11,3/8	15,5/11	19,7/14		42	29
Archery	Archery	0/0/0	9	-	-	-		4	5
Tennis	Tennis	10/5/5	5	20/1	20/1	20/1		4	1
Modern pentathlon	Modern pentathlon	5/5/5	12	8,3/1	8,3/1	8,3/1		8	4
Taekwondo	Sparring	10/10/10	6	16,6/1	16,6/1	16,6/1		2	4
Volleyball	Volleyball	10/10/10	10	10/1	10/1	10/1			10
Handball	Handball (indoor)	10/10/10	20	10/2	10/2	15/3		6	14
Table tennis	Table tennis	5/5/5	10	10/1	10/1	10/1		4	6
	Bullseye shooting	0/0/0	20	-	-	-		11	9
Shooting	Skeet shooting	0/0/0	1	-	-	-			1
Badminton	Badminton	10/10/10	5	20/1	20/1	20/1			5
Karate	Karate	10/10/10	18	11/2	11/2	11/2		2	16
	Beach soccer	5/5/5	18	5,5/1	5,5/1	5,5/1			18
Soccer	Soccer	10/10/10	23	13/3	13/3	13/3			23
Triathlon	All	60/10/10	9	66,67/6	22/2	11/1		5	4
	Swimming-Sprint	5/10/10	4	25/1	25/1	25/1			4
Invasport	Athletics– Throwing	5/10/10	4	25/1	25/1	25/1			4
Sum	mary:	135	0				42	533	817

Samples of the National Teams' athletes in 2019 National Programme



Testing Programme at the II European Games 2019 in Minsk

510 samples of candidates for participation in the Games in a pre-Games time:

- ➤ 100 blood samples (including for ABP)
- ➤ 410 urine samples (including samples collected by IF)

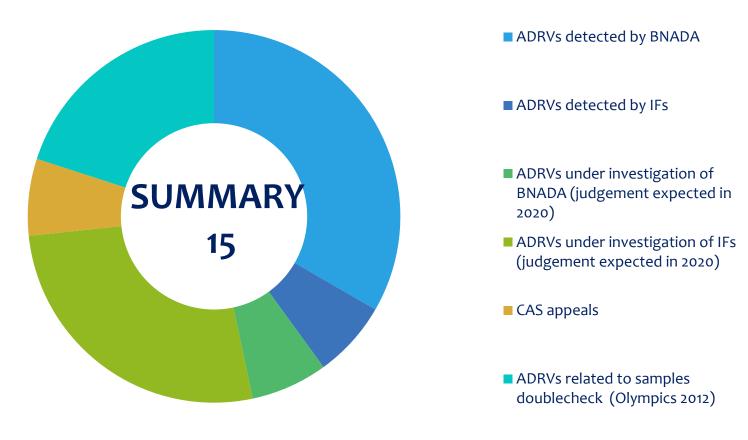
BNADA collected **369** samples of 269 athletes in 23 sports:

- > 321 urine samples
- ➤ 48 blood samples

National registered testing pool 2019

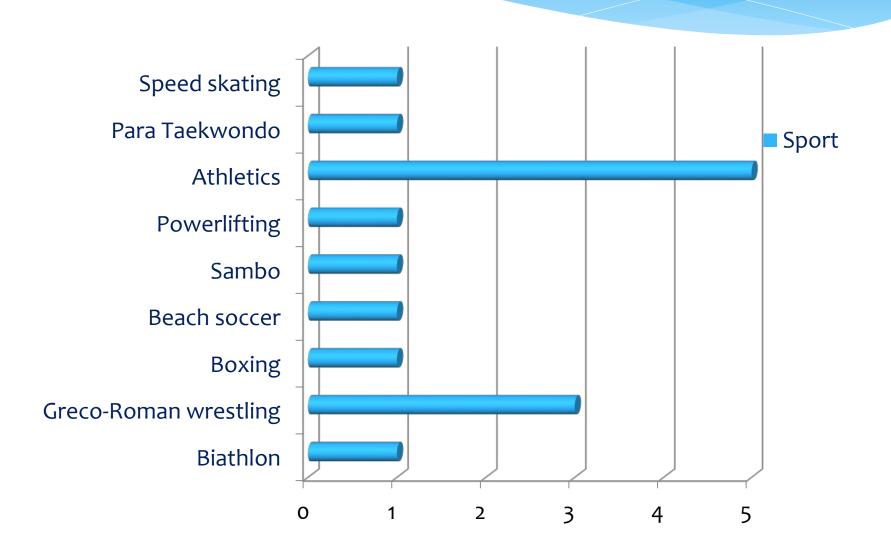
Sport	Number of athletes in 2019
Freestyle wrestling	3
Greco-Roman wrestling	1
Boxing	2
Biathlon	3
Cycling	2
Canoe sprint	9
Rowing	1
Athletics	43
Speed skating	3
Swimming	6
Weightlifting	6
Freestyle skiing	4
Summary: 8	33 athletes in 12 sports

Anti-doping rules violations by Belarussian athletes in 2019

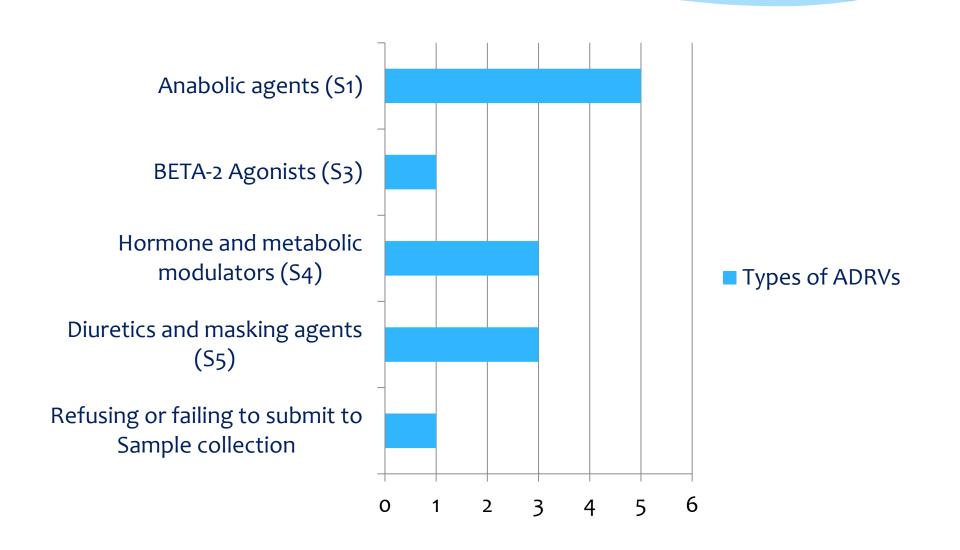


10 athletes of the National teams of Belarus 5 athletes out of the lists

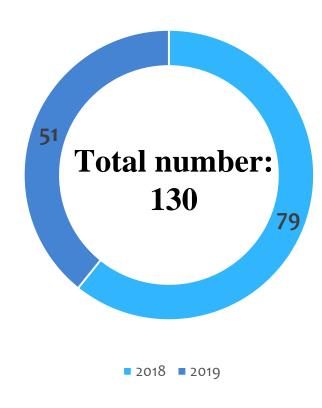
ADRVs in different sports in 2019



Types of ADRVs in 2019



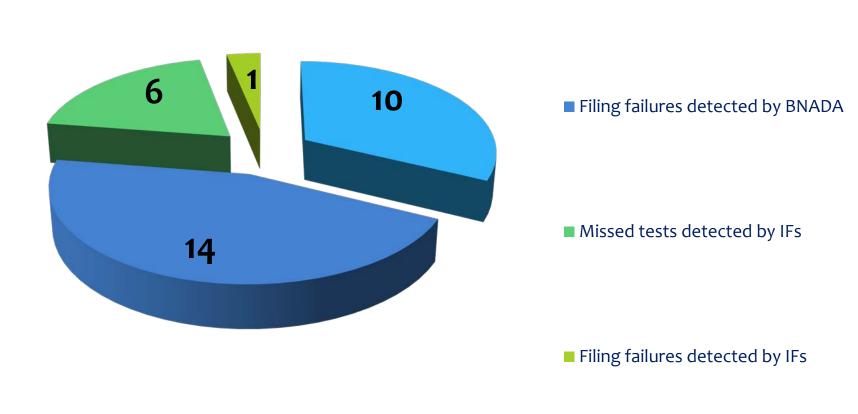
Atypical findings of Belarussian athletes



- * 79 athletes with Atypical findings were detected in 2018
- * 51 athletes with Atypical findings were detected in 2019
- * 114 athletes got ABP Monitoring group recommendations

Statistics on missed tests and filing failures in 2019

■ Missed tests detected by BNADA

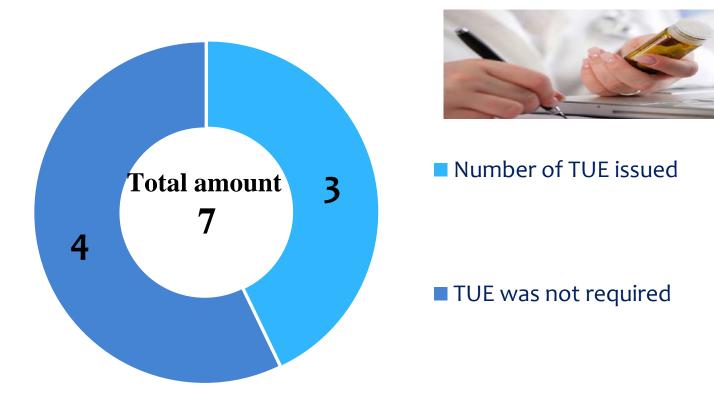


Work of the Disciplinary Anti-Doping Commission and BNADA decisions on disqualifications in 2019

In 2019, 10 meetings of the Disciplinary Anti-Doping
Commission were held, including organizational meetings
and hearings
regarding anti-doping rules violations.
7 athletes were disqualified
(including 3 athletes disqualified as part of the investigation initiated in 2018).

BNADA took 1 decision on disqualification without hearings of the Disciplinary Anti-Doping Commission due to the fact that an athlete took the consequences proposed by BNADA and decided to bypass the hearings.

Number of TUE received in 2019



Substances:

Diuretics and masking agents (S₅) BETA-2 Agonists (S₃)

Number of anonymous tips regarding possible ADRVs in 2019

