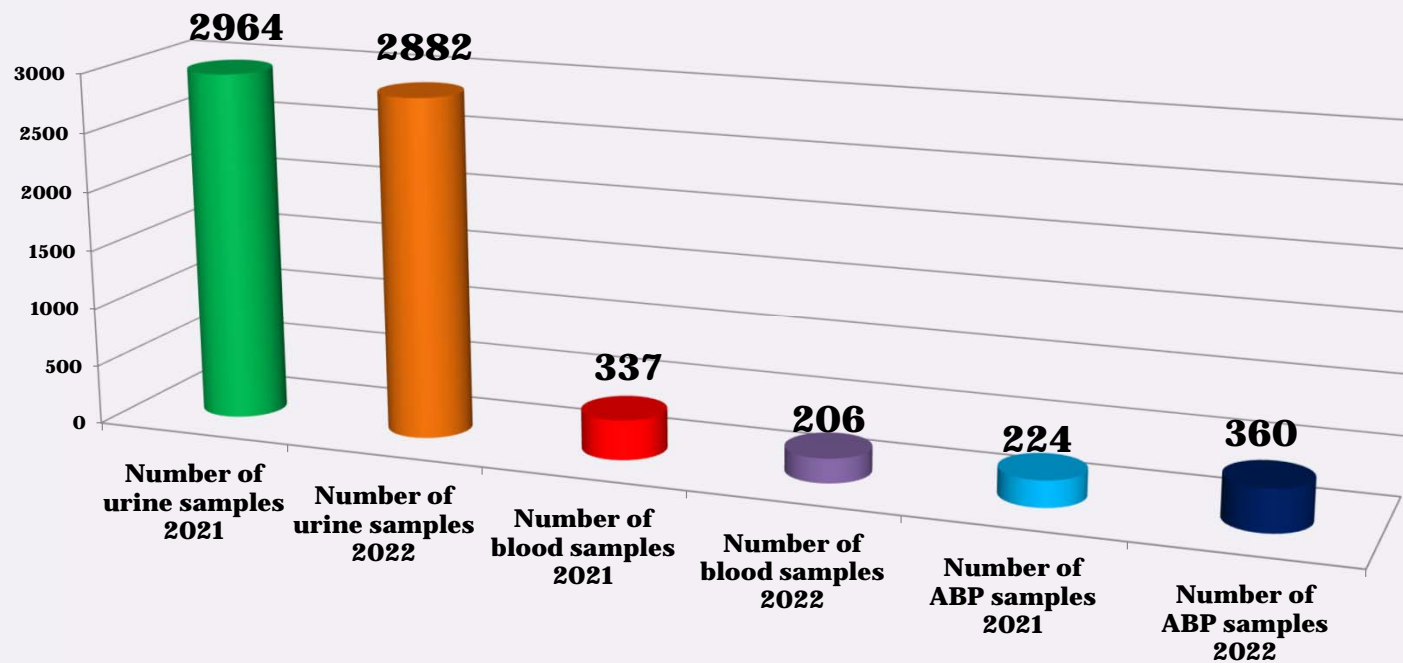




**National Anti Doping Agency of the
Republic of Belarus
Annual report 2022**

Total number of urine and blood samples collected

National testing program



Analysis of statistical data

	2016	2017	2018	2019	2020	2021	2022
Total number of samples	679	792	1160	1350	1523	3301	3088
In-competition	183	231	394	533	534	857	1312
Out-of-competition	496	561	766	817	989	2444	1776
% In-competition /general plan	27,0%	29,17%	33,97%	39,49%	35%	26%	42,5%
Number of missions	140	188	223	357	389	1937	1001
Number of competitions	26	35	57	90	63	84	147
Number of samples taken extrabudgetary	161	210	246	326	120	103	101

Extrabudgetary activities at the request of International organizations

2021 – 28 missions

2022 – 16 missions

68 samples + 28 ABP samples 38 samples + 24 ABP samples


Sponsorship

5 International competitions

35 urine samples 2022

1 positive doping test

Boxing
Greco-Roman wrestling
Cycling
Speed Skating
Gymnastics Rhythmic



II Games of the CIS countries

- Plan is 462 In-competition urine samples and 66 blood samples
- 93 volunteers needed
- 39 people to conduct doping control at the facilities
- 3 persons to supervise staff at headquarters
- 6 couriers to deliver blood and urine doping samples to a WADA-accredited laboratory

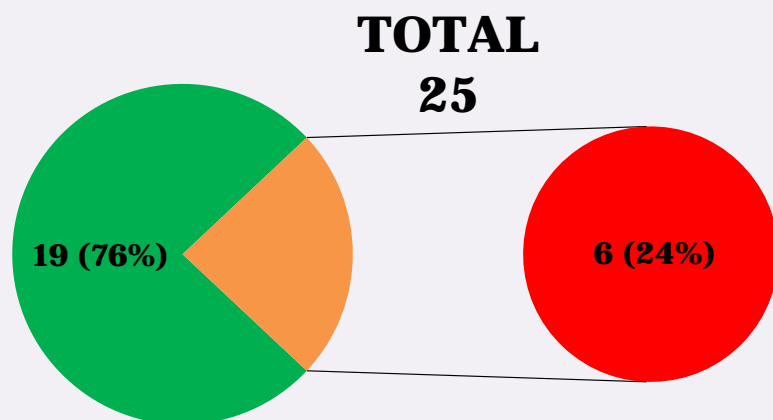
Testing pools 2023

NRTP 167 athletes, 18 sports
(the most promising athletes with a high risk of using prohibited substances)

TP 401 athletes, 31 sports
(athletes from the main National Teams, excluding team sports)

TSP 169 athletes, 7 sports
(team sports athletes)

Number of open cases of anti-doping rule violations by Belarusian Athletes in **2022**

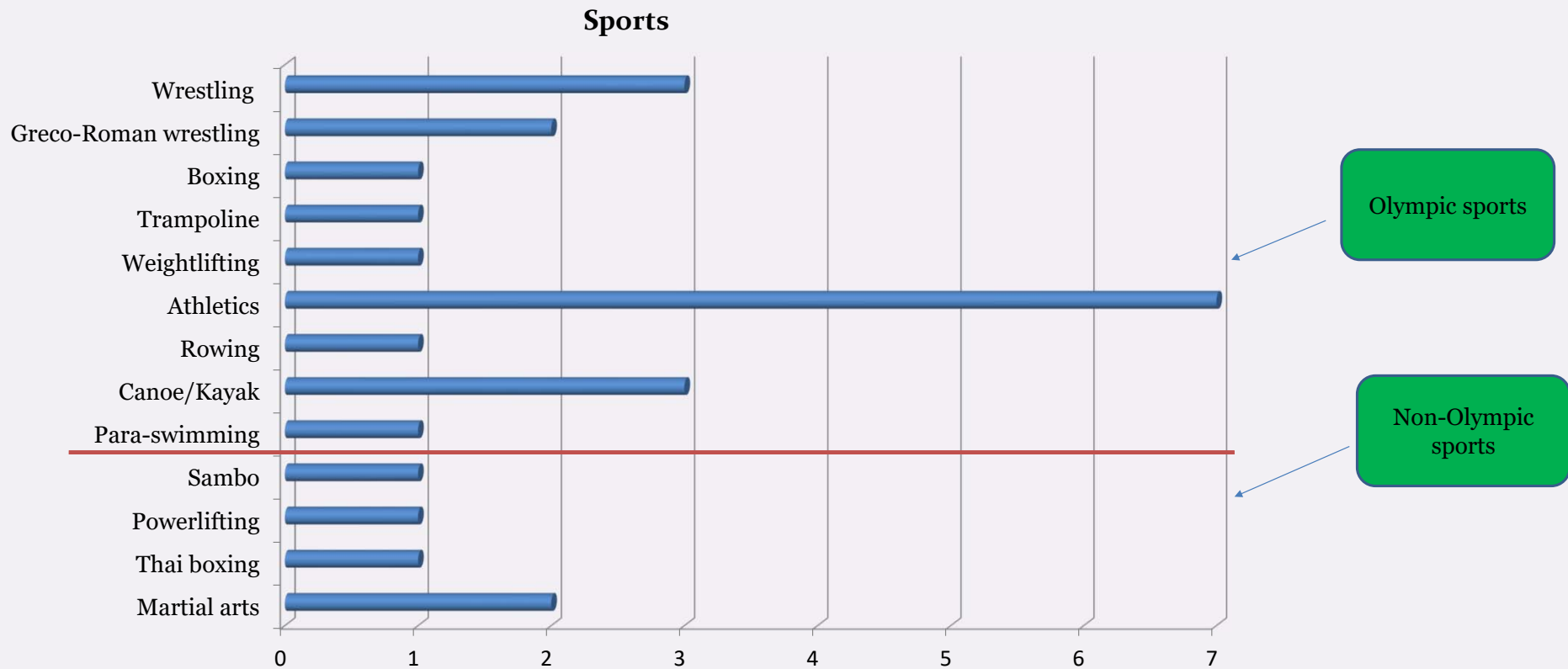


■ Cases, opened by NADA

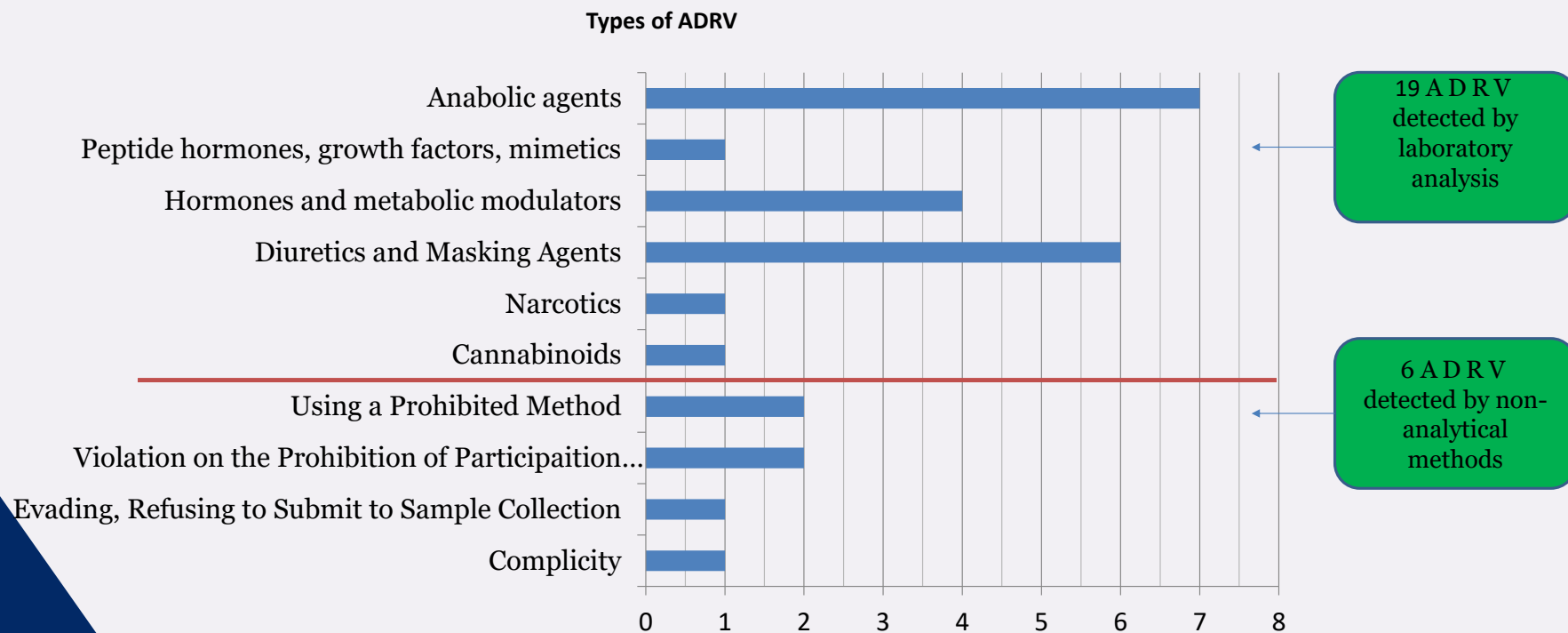
■ Cases, opened by International anti-doping organisations

4 athletes of the National teams of Belarus;
6 athletes of the Sports teams of Belarus;
13 athletes out of the lists;
2 athlete personnel;
3 minors;
5 athletes of PRC.

Number of open cases of ADRV (sport) 2022



Anti-Doping Rule Violations by Athletes and Athlete Support Personnel in 2022



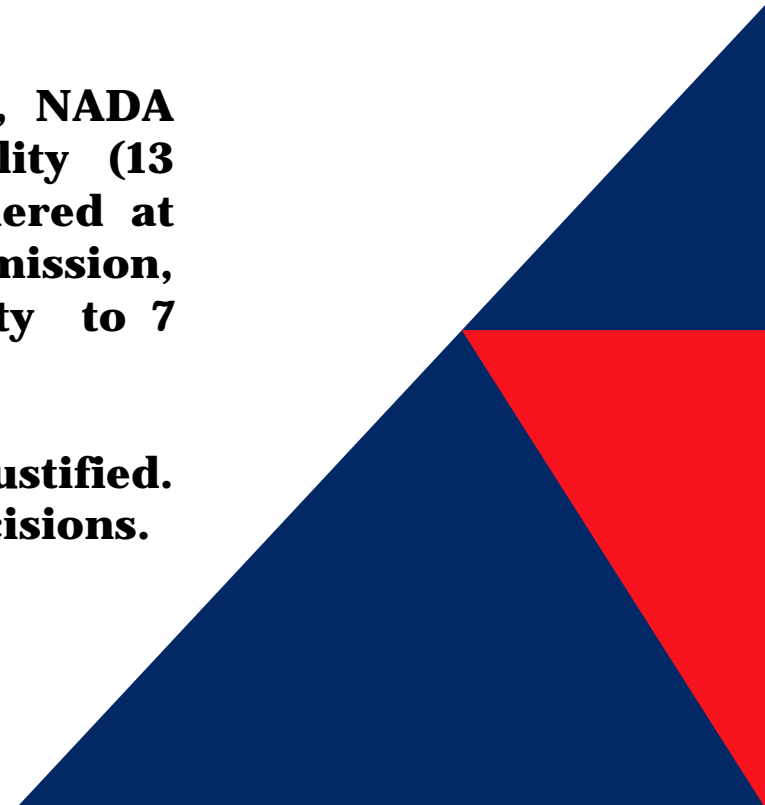
Anti-Doping Rule Violations (ADRV)

Year	Worldwide Testing	NADA Testing	Worldwide positive samples		NADA positive samples		ADRV of Belarus , detected by TOAD, without laboratory analysis	Total number of cases of ADRV of Belarus
			Number	%	Number	%		
2020	149,758	1523	1,009	0,67	5	0,32	2	7
2021	241,430	3301	1,560	0,64	27	0,82	6	32
2022	-	3088	-	-	15	0,48	4	19
				0,65		0,54		

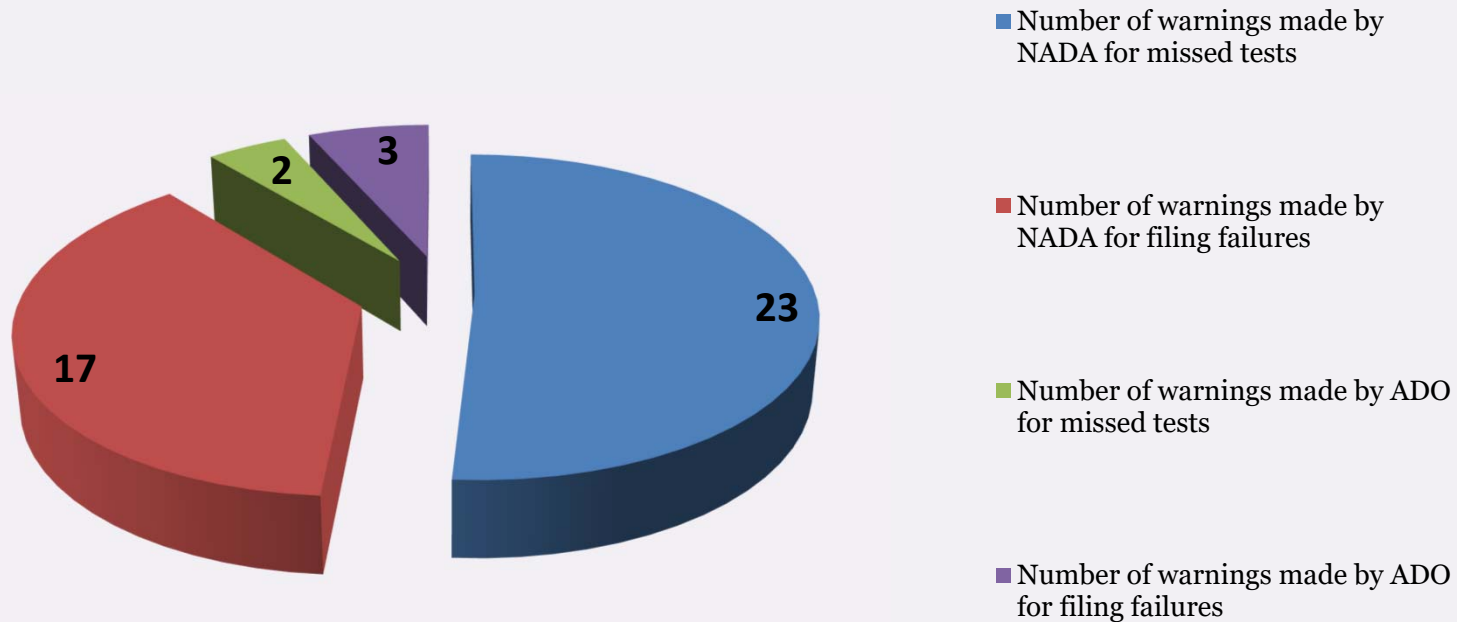
The work of the NADA Disciplinary Anti-Doping Commission, as well as the decisions on ineligibility made by NADA on 2022

As a result of the investigation of cases in 2022, NADA issued 19 decisions regarding athletes' ineligibility (13 decisions on cases of 2021), 7 cases were considered at meetings of the Disciplinary Anti-Doping Commission, where it was decided to apply a period ineligibility to 7 athletes (3 decisions on cases of 2021).

In all cases, the decisions were made legally and justified. There were no facts of cancellation and change of decisions.



Statistics on missed tests and filing failures in **2022**



Atypical Finding of Belarusian Athletes

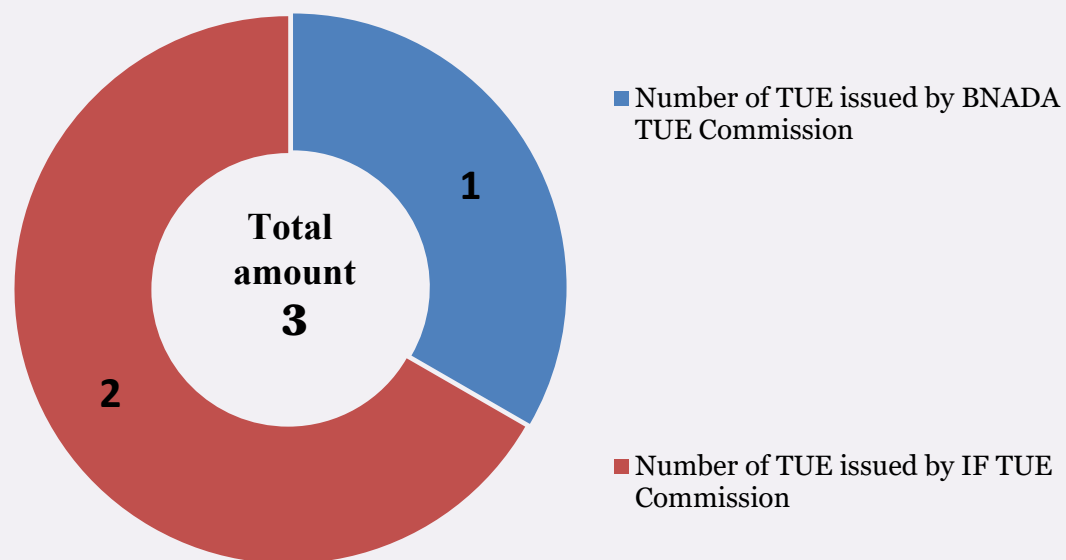
There were 74 cases of abnormal biological markers detected in the analysis of athletes' samples. Further research was therefore carried out to clarify the nature of the abnormal biological markers.

According to the results of additional research, it was found 4 Atypical Findings reviewed by NADA.

For 3 samples the verification has been completed and no ADRV of the Republic of Belarus have been found.

1 samples are being checked.

Statistics on requests for TUE by Belarusian Athletes and the work of the BNADA TUE Commission for **2022**



Substances for which TUE were issued:

Beta-2 Agonists (S3)

Hormones and metabolic modulators(S4)

Diuretics and masking agents(S5)

Organizations responsible for the implementation of educational programs

NADA
develops and conducts educational programs, develops and distributes informational and educational materials, educates persons responsible for anti-doping support

National Education Pool
(~789)
(National teams main team (NRTP, GTP, team sports pool)
(+~ 411 athlete personnel)

NADA, NOC, NF, ROTC

NADA
develops information, educational and methodological materials, educates persons responsible for anti-doping support, assists in the development and implementation of educational programs

Sports reserve educational pool (~6000)
(ILA, NLA, National teams squad, reserve, trainees, ORS)

NOC, NF, ROTC, OTC, ORS

Youth Educational Pool
(~60000)
(Youth)

NF, OTC, ORS, Sports School

NADA develops, promotes and assists in the implementation of value-based education programs for secondary school students

Primary education pool (92000) (beginners, recreational athletes, спортивные клубы)

Sports School, secondary school

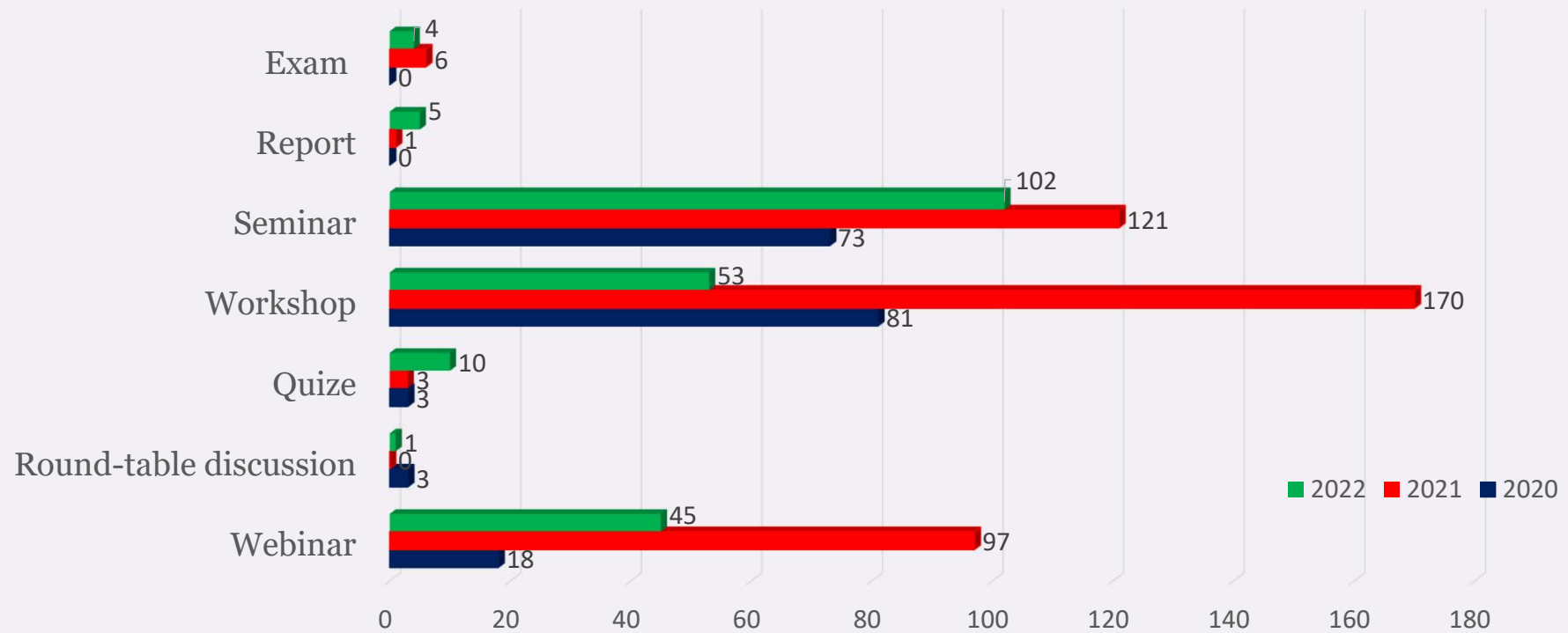
NADA develops preventive information materials (posters, booklets, leaflets, social videos, social media accounts)

Recreational athletes Educational Pool (~2377000) (involved in physical activity)

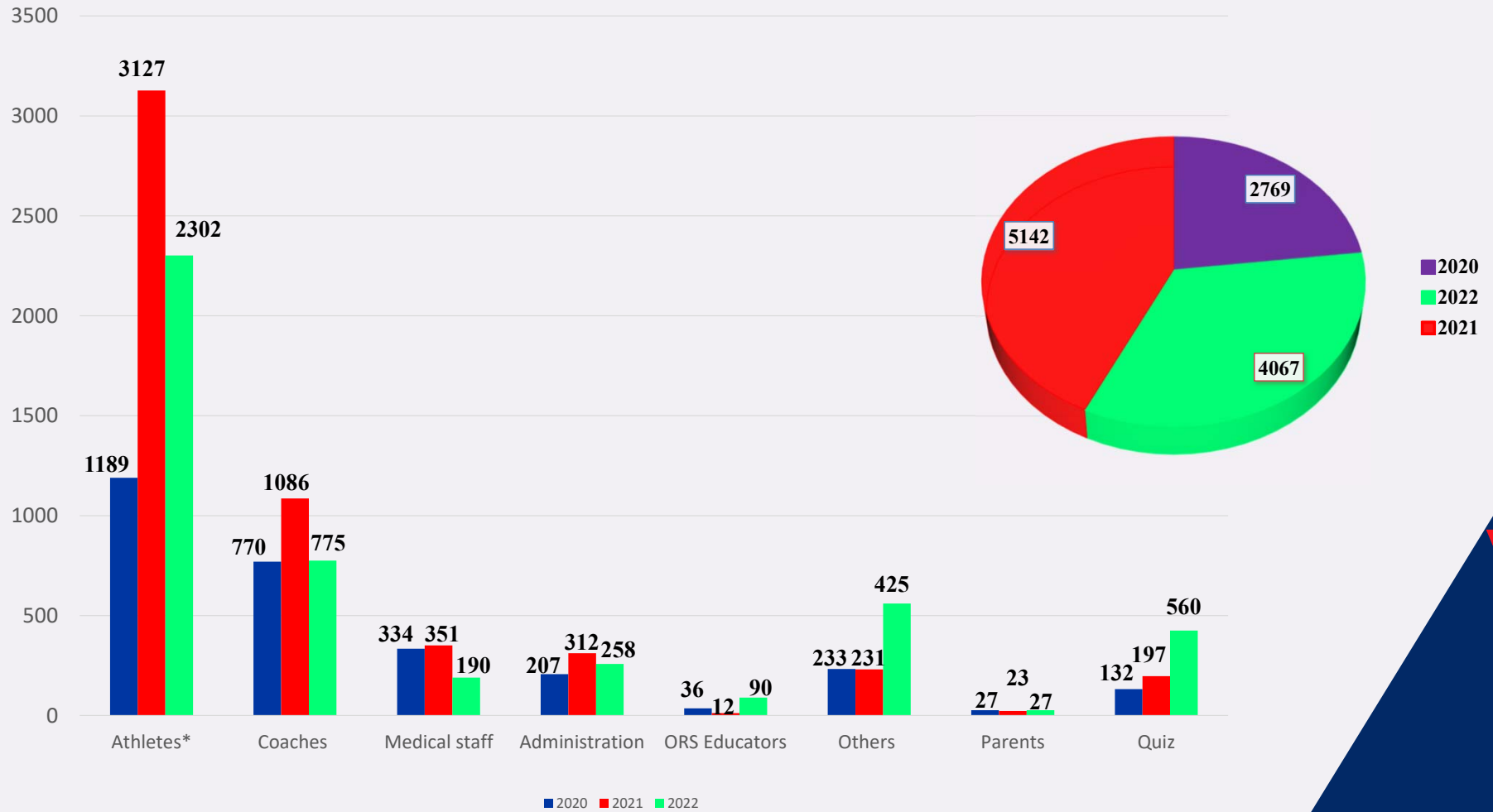
Sports clubs, organizations

+ Athlete Personnel at every level

Educational activities 2020/2021/2022



Number of participants of educational events

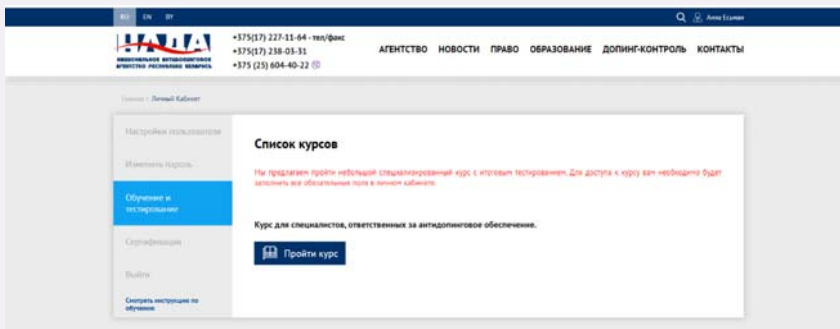


* Including 374 NT athletes for 2022

Educating persons responsible for anti-doping support

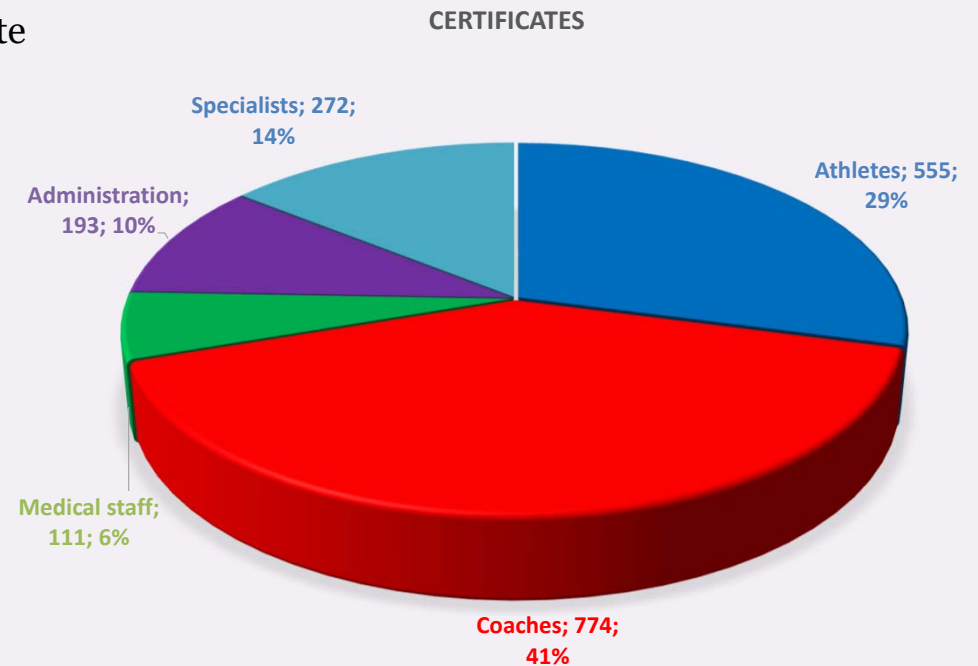
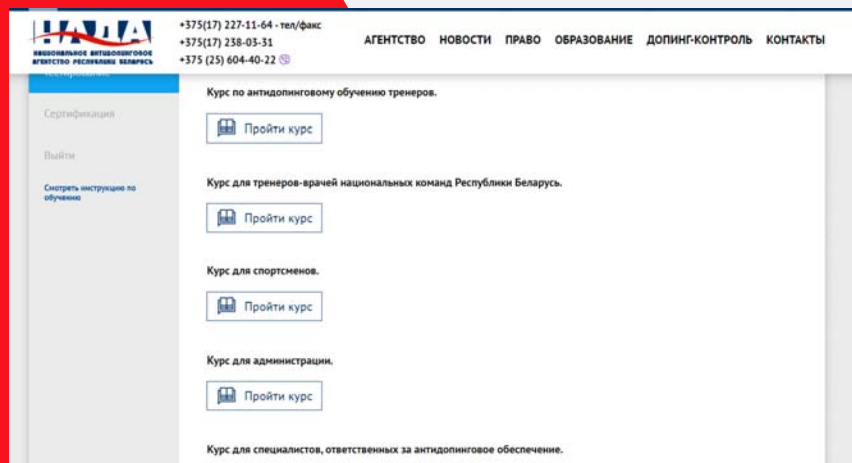
In order to improve the anti-doping awareness of the ORS specialists responsible for anti-doping support and in accordance with the request of the The Ministry of Sports and Tourism, the requirements of the World Anti-Doping Code and the International Standard for Education, an educational programme has been prepared and implemented in 2022.

Of the **49** declared specialists, **37** specialists completed Education, **35** specialists received a certificate based on the results of successful examination.



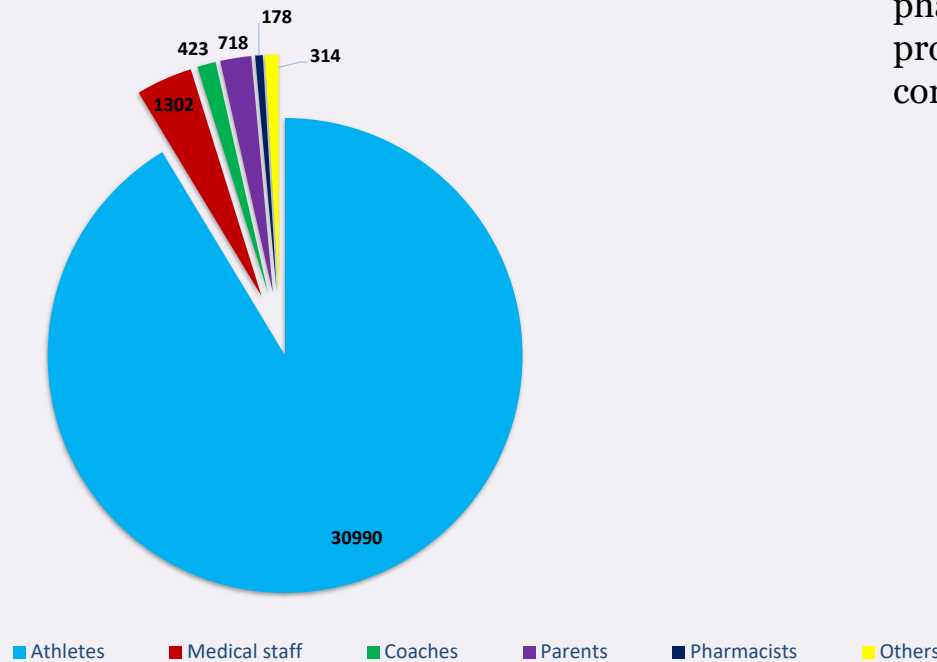
Online training and testing

An online course for persons responsible for anti-doping support was posted on the NADA's website in the "Training and Testing" section in 2022.



In 2022 the service was used for **3395** times

(1,78 times more often than in 2021)



The system contains **9305** names of medicines, pharmaceutical substances, international non-proprietary names of medicines, of which **1125** contain substances prohibited in sports.

Top-5
Paracetamol
Phenibut
Complivit
Ibuprofen
Riboxin

G r s l q j # F k h f n #

R q o l q h # v h u y l f h # i r u # f k h f n l q j # l i # w k h # p h g l f d w l r q v # f r q w d l q #

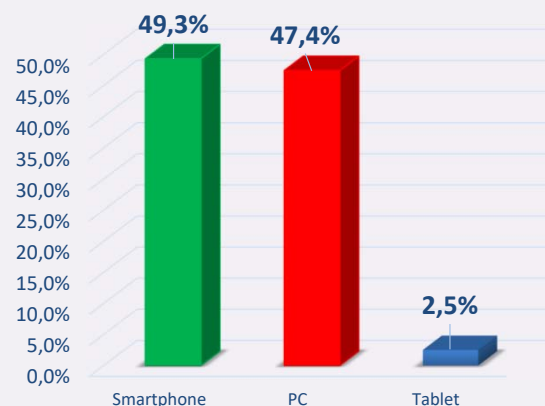
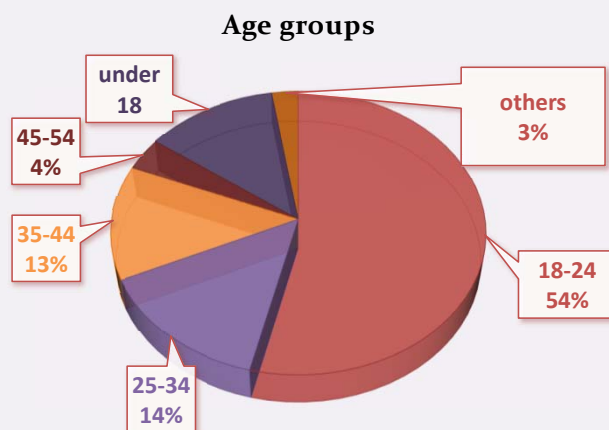
s u r k l e l w h g # v x e v d q f h v # d q g # p h w k r g v # i u r p # Z D G D #

S u r k l e l w h g # O l v w #

Awareness

The information on the agency's website and social networks is kept up to date.

In 2022, the site was visited **127 000** times (for the same period in 2021 - **115 780** times).



The most frequently visited sections on the site are: Doping Control, Checking Medications or Dietary Supplements, Beware of Doping, Request for TUE, Prohibited List.



OUTREACH



Anti-doping quiz “**Outreach**” was carried out as part of the cultural and sports festival “**VYTOKI**” in Minsk, “**Olympic day**”, as well as during competitions in fire and rescue sports, athletics, wrestling, and Commonwealth Biathlon Cup.

560 people took part in “Outreach” quizzes in 2022.



Anti-doping advocacy

ПАМЯТКА ДЛЯ СПОРТСМЕНОВ ПО ПРЕДОСТАВЛЕНИЮ ИНФОРМАЦИИ О МЕСТОАХОЖДЕНИИ

Спорсмены, включенные в Национальный регистрируемый пул тестирования (НРПТ) или Общий пул тестирования (ОПТ) должны предоставлять информацию о местонахождении в Национальное антидопинговое агентство (НАДА) 365 дней в году.

ПО ТЕЛЕФОНУ
 Отдел образования НАДА +375256044022

СВЯЗУЮЩИЕСЯ СРОКИ ПОСЛАНИЙ

Послать напоминание в телефон о сроках подачи

Квартал 1: 15 декабря
 Квартал 2: 15 марта
 Квартал 3: 15 июня
 Квартал 4: 15 сентября

ОСНОВНЫЕ СОВЕТЫ

- Спорсмен должен обновлять информацию как только он узнает об изменении обстоятельств
- Убедиться, что дополнительная информация добавлена в адрес, чтобы спортсмен был доступен по каждому адресу
- Если ADAMS недоступен, спортсмен может отправить сообщение об экстренном обновлении по тел. +375256044034

УЧРЕЖДЕНИЕ
"НАЦИОНАЛЬНОЕ ANТИДОПИНГОВОЕ АГЕНТСТВО"

РАБОЧАЯ ТЕТРАДЬ

по антидопингу

ЖИТЬ ЧЕСТНЫМ СПОРТОМ

УЧРЕЖДЕНИЕ
"НАЦИОНАЛЬНОЕ ANТИДОПИНГОВОЕ АГЕНТСТВО"

РУКОВОДСТВО

для специалистов, ответственных за антидопинговое обучение

ЖИТЬ ЧЕСТНЫМ СПОРТОМ

ПРОЦЕДУРА ДОПИНГ-КОНТРОЛЯ

1. Выберите время для сбора пробы, убедитесь ее достоверность и честность.
2. Вам необходимо сдать минимум 90 мл мочи в первую же попытку сбора пробы.
3. Выберите комплект контейнеров флаконы А и В, проверьте его целостность.
4. Раскройте пробу на флаконе под руководством офицера допинг-контроля (ОДК).
5. Заверьте оба флакона, вращая их крышки до щелчка.
6. ОДК проверит интерес: тест чтобы понять, достоверна ли целостность флаконов для анализа.

ПРАВА И ОБЯЗАННОСТИ СПОРТСМЕНА ПРИ ПРОХОЖДЕНИИ ПРОЦЕДУРЫ ДОПИНГ-КОНТРОЛЯ

ВЫ ИМЕТЕ ПРАВО:

- иметь присутствие спортсмена
- запрашивать дополнительную информацию о процедуре сбора пробы,
- запрашивать подробные процедуры от допинг-офицера для спортсменов с ограниченными возможностями.

ВЫ ДОЛЖНЫ:

- воздерживаться от приема любых препаратов,
- предоставлять документ, удостоверяющий личность,
- немедленно выйти для прохождения процедуры, если нет возможности прийти для сдачи пробы,
- выполнять требования по прохождению процедуры сбора пробы.

Типичные фразы (когда закон выходит на нас, а проба на допинг - положительная):

- Я не знал, что это допинг!
- Но мне это дал тренер!
- Я думал это витамин!
- Но на нем не было написано, что в его составе запрещенное вещество!
- Я не подумал!
- Мне это подарили!
- Я нечаянно! Я больше так не буду!
- и многое другое...

ПОМНИТЕ!

За название антидопинговых правил спортсмен и персонал спортсменов несут личную ответственность!

Допинг в спорте является нарушением одного или нескольких из 11 Правил:

- НАРУШЕНИЕ запрещенной субстанции, или ее метаболита, или маркера в пробе;
- ИСПОЛЬЗОВАНИЕ или попытка использования запрещенной субстанции или метаболита;
- ОБЛАДАНИЕ запрещенной субстанцией или метаболитом;
- РАСПРОСТРАНЕНИЕ или попытка распространения любой запрещенной субстанции или метаболита;
- НАРУШЕНИЕ или попытка нарушения любой запретной субстанции или метаболита;
- ФАЛЬСИФИКАЦИЯ или попытка фальсификации и любой составляющей допинг-контроля;
- УТОМЛЕНИЕ, отказ или невыход на процедуру сдачи пробы;
- НАРУШЕНИЕ ПРЕДОСТАВЛЕНИЯ ИНФОРМАЦИИ О МЕСТОАХОЖДЕНИИ;
- СОУЩЕСТВИЕ или попытка соучастия спортсмена или иного лица;
- ЗАПРЕЩЕНОЕ СОУЩЕСТВИЕ с дисквалифицированным спортсменом;
- ДОКАЗАТЕЛЬСТВОВАНИЕ ИЛИ ПРЕДОСТАВЛЕНИЕ за сокрытие информации о нарушении установленных правил.

ЭЙ, ТЫ! СОБЛЮДАЙ ПРАВИЛА!

«Никогда допинг не использовался ни профессионалами, ни любителями - никогда!» Александр Шляхтинский.

Материалы подготовлены Лидией Александровной Шляхтинской, инспектором высшего звена УО «Белорусский государственный институт физической культуры».

2 anti-doping public service announcements produced for broadcasting on television and internet. International Standard "List of Prohibited Substances and Methods", the International Standard of Therapeutic Use Exemptions, International Standard for Testing and Investigations, TDSSA 8.0, Guidelines for Specialists Responsible for Anti-Doping Education, Anti-Doping Workbook, ADAMS Memo, booklets "Role of the Coach", "Doping Control", "The principle of Strict Liability ", posters "Role of the Coach", "Doping Control " were prepared and published in Russian language.

International cooperation



The quality management system **STB ISO 9001-2015**

In order to confirm the compliance of the Agency's quality management system with the requirements of STB ISO 9001-2015 in 2022, a periodic audit was carried out, during which there were no significant non-compliance and aspects for improvement.



Checked units, objects, sites and officials	Dates		
	10.2021	09.2022	09.2023
Director	+	+	+
Lead Counsel	+	-	+
Deputy Director	-	+	+
Testing and operational analysis department	+	-	+
Prevention, education and international cooperation department	-	+	+
Investigation and results management department	-	+	+
Accounting	-	+	+
Driver	+	-	+
Representative of the management system for quality management.	+	+	+
Quality Manager - QMS working body	+	+	+
«Planning, analysis and improvement of activities» process	+	+	+
«Testing» process	+	-	+
«Management of the result and hearings» process	-	+	+
Objects of work, temporary platforms	+	+	+